

WOMEN'S DEVELOPMENT CELL (WDC)

An Outreach Program on International Women's Day Celebration 2021 in collaboration with "Youth For Seva" NGO in Khyala, Subhash Nagar for the local community on March 09, 2021.

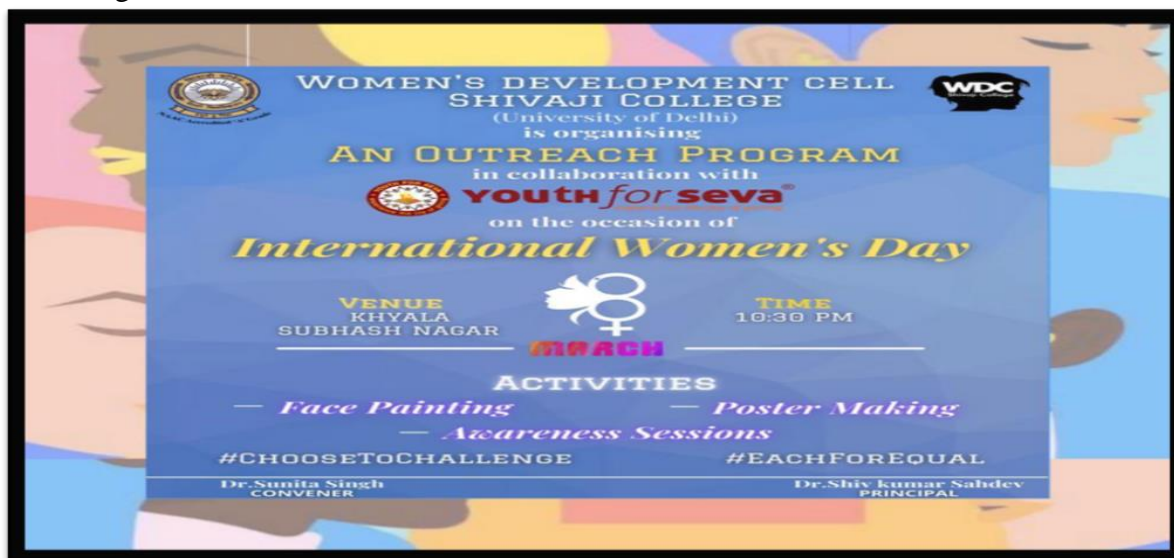
1. Webinar on 'Be your own Lakshmi' on Financial wellness in collaboration with Be artsy on February 27, 2021.
2. Webinar on Women Health and Awareness in collaboration with *Youth for Seva* on February 04-05, 2021.
3. Webinar on Issues of Mental Health & Strengthening the Mind and Empowering the Woman sponsored by National Commission for Women (NCW) on January 15, 2021.
4. WDC Orientation Programme: #BECOME A CHANGEMAKER for the Freshers (Academic Session 2020-21 on January 04, 2021.

Details of the events organised in 2020-21 (arranged from latest to oldest).

1. An Outreach Program on International Women's Day Celebration 2021 March 9, 2021

On the occasion of **INTERNATIONAL WOMEN'S DAY**, WDC Shivaji College in collaboration with "Youth For Seva" NGO organised an outreach program in Khyala, Subhash Nagar for the local community.

The volunteers interacted with the children, women and engaged them in fun activities like Face painting & Poster making. The session on menstrual hygiene was also organised for the awareness.







2.

Webinar on 'Be your own Lakshmi: Financial wellness' in collaboration with Be artsy.

February 27, 2021

**The Speaker for the session- Ms. Shikha Mittal, Founder and Director of Be artsy
(Official Financial Awareness Partners, NSE).**

Be.artsy
AWARENESS
EXPERTS

WOMEN DEVELOPMENT CELL
SHIVAJI COLLEGE
UNIVERSITY OF DELHI

PRESENTS

FINANCIAL WELLNESS
A FINANCIAL LITERACY
SESSION FOR TEACHERS AND STUDENTS

IN COLLABORATION WITH
BE.ARTSY

27
FEBRUARY
12:00 PM

SHIKHA MITTAL
FOUNDER AND
DIRECTOR OF BEARTSY
(OFFICIAL FINANCIAL
AWARENESS
PARTNERS :NSE)

FEATURED
IN THE FORBES
INDIA W-POWER
TRAILBLAZERS
LIST 2019

DR SUNITA SINGH
COVENER

DR SHIV KUMAR SAHDEV
PRINCIPAL

**FOR MORE DETAILS, CONTACT - DIVYA : 97115 87057
SADIYA (BEARTSY) : 74289 71555**

A woman centric financial wellness Webinar 'Be your own Lakshmi' in collaboration with Be artsy was organised. Be Your Own Lakshmi (BYOL), shared insight with the participants about the basics of financial concepts and how to manage their personal finances. The session helped to demystify concepts like inflation, compounding, investments and savings.

3. **Webinar on Women Health and Awareness in collaboration with *Youth for Seva***

Date- February 04-05, 2021

Speaker for the session- Dr. Shehla Jamal, Founder and President of Society of Menstrual Hygiene Management.

In our society women still neglect their health and consider self-care in last. The cell always make an effort in spreading awareness amongst women regarding the importance of their health. Women suffer from various disorders due to a change in their hormones. This webinar mainly focused on issues like:

- Nutrition and menstruation
- PCOD and POS
- Lifestyle disorders in women

This webinar was a platform where women were cautioned about the illness which most of them suffer.



**Women's Development Cell
Shivaji College**
(University of Delhi)
in collaboration with

WDC
Shivaji College

YOUTH for seva®
experience the joy of giving

organises a Webinar on

WOMEN HEALTH AWARENESS

February 4 & 5, 2021 4 PM - 5:30 PM

ZOOM PLATFORM

Speaker - Dr. Shehla Jamal
MBBS, DRCOG, Spl. Obstetrics and Gynaecology
Associate Professor
RMRI, Bareilly Founder & President of Society of Menstrual Hygiene Management
India Book of Records Holder

SESSION 1	SESSION 2
<ul style="list-style-type: none"> • Polycystic Ovarian Syndrome or PCOD • Menstruation and sustainable menstrual practises • Nutrition 	<ul style="list-style-type: none"> • Lifestyle disorders in women

***Only Female Participants Allowed**

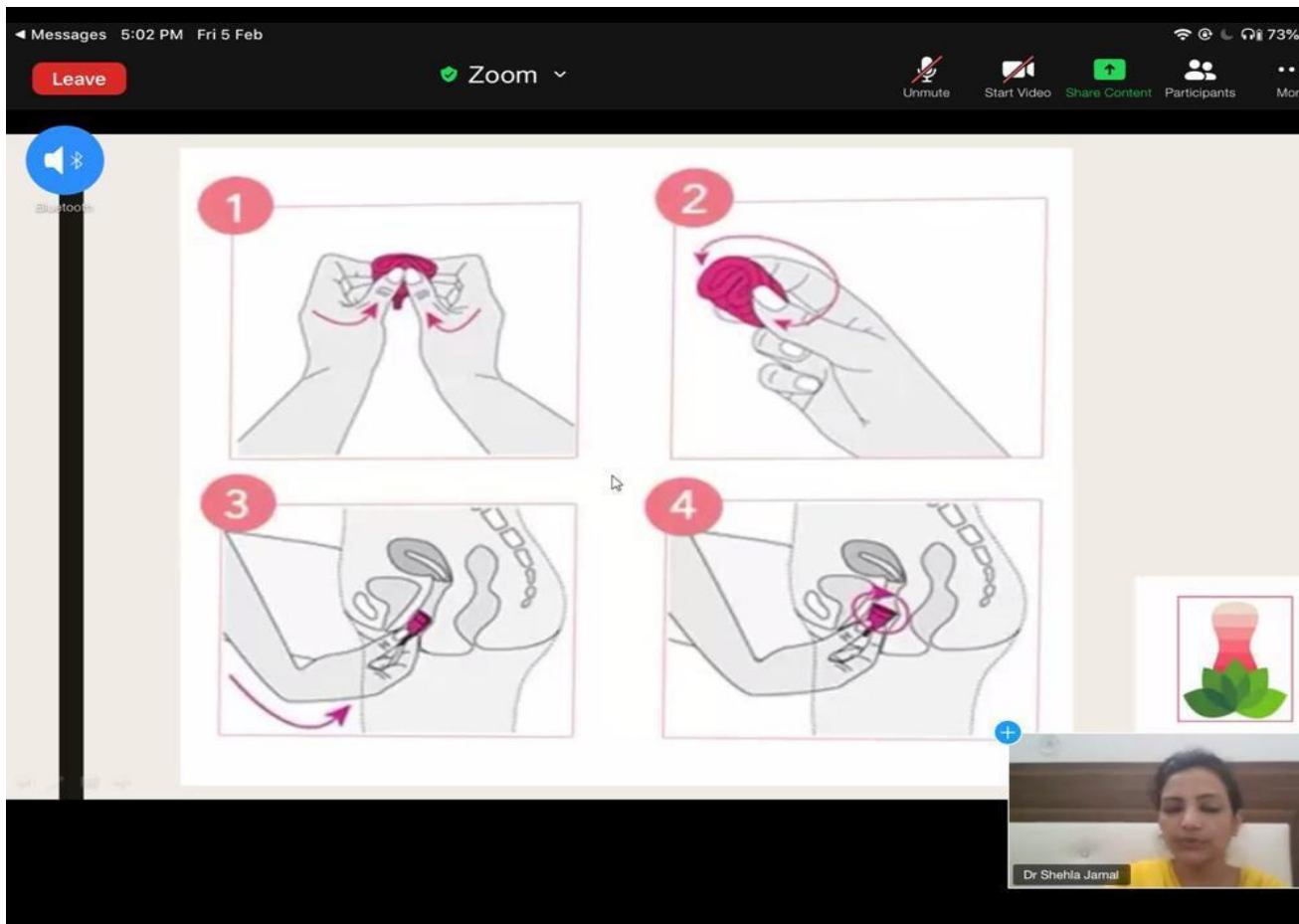
Scan to register-

For further details Contact :
Divya Popli (9818043913)
Dolly Nagpal (9654762009)

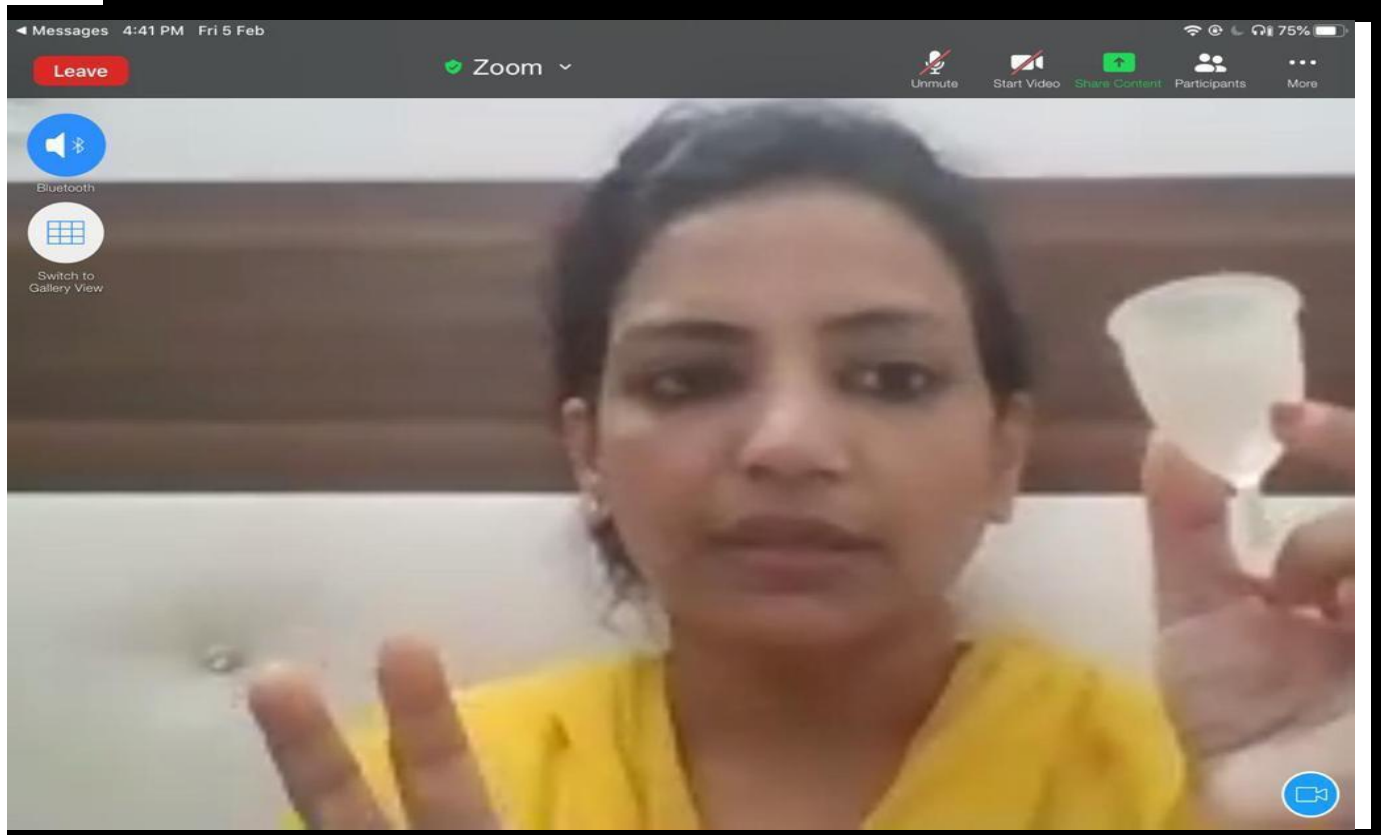
Dr. Sunita Singh
Convener

Dr. Shiv Kumar Sahdev
Principal

[/wcdshivaji](https://www.instagram.com/wdcshivaji) [/WDCshivaji](https://www.facebook.com/WDCshivaji) [/ https://wcdshivajicollege.wordpress.com](https://www.wordpress.com)



4.



4. Webinar on Issues of Mental Health & Strengthening the mind and Empowering the Woman

Date: January 15, 2021

The speakers for the session were:

Dr Shashi Nijhawan – Former Principal of Shivaji College

Dr Archana Thakur – Joint Secretary, UGC

Ms Nalini Kaushal – Founder & Director, Setu works Pvt Limited

Ms Shalini Chetal – CEO Zilla Parishad

Miss Heather Morse – Legal Marketing Executive, Stafford University, California

The aim of the webinar was to bring together dialogue and discussion on current mental health issues faced by women at workplace and their well-being. Women in society face many different kinds of violence and harassment, both mental and physical.

The poster features a blue and white color scheme with a stylized female silhouette in the background. At the top left is the NAAC Accredited Grade 'A' logo. The main title is 'Women's Development Cell Shivaji College (University of Delhi) organises A Webinar on ISSUES OF MENTAL HEALTH STRENGTHENING THE MIND AND EMPOWERING THE WOMAN'. Below this, it says 'sponsored by National Commission for Women' with the NCFW logo. A 'SPEAKERS' section lists five individuals with their photos and titles: Dr. Archana Thakur (Joint Secretary, UGC), Dr. Shashi Nijhawan (Former Principal, Shivaji College), Ms. Nalini Kaushal (Founder & Director, SetuWorks Pvt. Ltd.), Ms. Shalini Chetal (CEO Zilla Parishad & CEO DRDA, Hisar), and Ms. Heather Morse (Legal Marketing Executive, Stafford University). At the bottom, it provides the date 'January 15, 2021', time '3:00 PM - 5:30 PM', and platform 'Zoom'. Contact information for Dr. Sunita Singh (Convener) and Dr. Shiv Kumar Sahdev (Principal) is listed. A QR code is provided for registration, and a note states 'E-Certificates will be given to all participants on the basis of their feedback form.' Social media handles for @wdcshivaji and wdcshivajicollege.wordpress.com are also present.

**Women's Development Cell
Shivaji College
(University of Delhi)**
organises
A Webinar on
**ISSUES OF MENTAL HEALTH
STRENGTHENING THE MIND AND EMPOWERING THE WOMAN**
sponsored by
National Commission for Women

—SPEAKERS—

Dr. Archana Thakur
Joint Secretary,
University Grants Commission (UGC)
EMPOWERING WOMEN THROUGH
PHYSICAL AND MENTAL WELL BEING

Dr. Shashi Nijhawan
Former Principal, Shivaji College,
University of Delhi
UNDERSTANDING MENTAL
HEALTH AND IT'S
GENDER IMPLICATIONS

Ms. Nalini Kaushal
Founder & Director,
SetuWorks Pvt. Ltd., Mumbai
WOMEN IN WHITE COLLAR JOBS:
EXPERIENCES FROM MY
JOURNEY

Ms. Shalini Chetal
CEO Zilla Parishad &
CEO DRDA, Hisar
INVISIBLE ASPECT OF WOMEN'S
HEALTH

Ms. Heather Morse
Legal Marketing Executive, Stafford
University of California, Anti trafficking
Advocate, Alabaster Outreach
VIOLENCE AGAINST WOMEN &
FORMS OF REDRESSAL

January 15, 2021 **3:00 PM - 5:30 PM** **Zoom**

For further details, Contact:
Divya Aggarwal (President)- 9711587057 ; Sonakshi Srivastava (Vice President)- 7060148521

Dr. Sunita Singh
Convener

Dr. Shiv Kumar Sahdev
Principal

E-Certificates will be given to all participants on the basis of their feedback form.

[For Registration, Click here](#)
Or
[Scan the qr code](#)

[@wdcshivaji](#) [wdcshivajicollege.wordpress.com](#) [wdcshivaji](#)



4:04 PM Fri 15 Jan

Leave

Zoom

Unmute

Start Video

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Participants

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Switch to Active Speaker



Divya Aggarwal



Dr. Archana Thakur



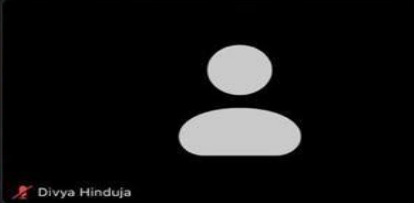
Dr. Ankita Dua



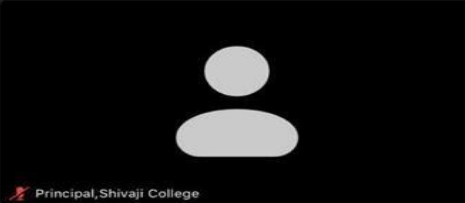
Dr. Aeshna Nigam



Shivaji College



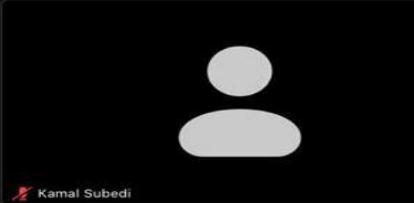
Divya Hinduja



Principal, Shivaji College



shashi nijhawan



Kamal Subedi