

A scenic photograph of a sunset over a mountain range. The sun is low on the horizon, casting a warm orange and yellow glow across the sky. Long, dark shadows of the mountains are cast across the valley, and the sun's rays are visible breaking through the clouds.

# *Shivraj*

**2019-21**

**Annual Magazine  
Shivaji College**

तोडूनी शृंखला..मुक्त कर मानवाला ..  
जिजाऊ प्रेरणा देई शिववाला..



*Chhatrapati Shivaji*  
(1627-1680)





***Shivaji College***  
***(University of Delhi)***  
***Accredited by NAAC With 'A' Grade***  
***DBT Star College Scheme***



# From the Principal's Desk



**Dear Students,**

I am delighted to present the digital edition of our college magazine **Shivraj** for the academic session 2019-2021.

We all have been struggling with the Covid-19 pandemic and it has exerted a profound impact on every aspect of human life. Humanity is battling this deadly virus for more than a year. Numerous lives have been lost; we witnessed people around us falling down before it. Still, hope is the only strength which drives us. The second wave of COVID-19 was deadly and it unleashed a catastrophe of unimaginable scale. Many of our colleagues struggled. It is with a profound sense of pain that I inform that we lost some of our retired faculty to this wave. This loss cannot be repaired. I extend my heartfelt condolences to their families.



Shivaji College, as an institution, has succeeded in maintaining its standard in academics irrespective of the challenges posited by the trying times. The transition from Google Meet to Google Classroom, and from Zoom to Microsoft Teams was handled perfectly by all. Our faculty ensured that students are given the best in terms of teaching and learning and left no stone unturned while guiding them online. As Principal, I ensured that the bond between students and teachers remains intact even in a world that pushed us towards social alienation. During these trying times, the psychological well being of students and teachers was an important concern. We ensured that different stakeholders are provided ample interactive platform to discuss their tribulations through the medium of positive activities contributing to their intellectual growth.

The new academia is a world of digitalisation. Keeping pace with this spirit, we introduced a new software, SPACE, to empower and connect teachers and students technologically. Shivaji College is celebrating 60 years of its establishment, its Diamond Jubilee. To commemorate this, various webinars and events were held and eminent dignitaries were invited as speakers. I am glad that nearly 127 deserving faculty members got their long due promotions under my tenure. In fact, speeding up the process of promotions was one of my priorities. Keeping in mind the need for rapid vaccination, Shivaji College also took the initiative of starting a dedicated COVID-19 vaccination centre for Delhi University faculty and employees.

The current edition of Shivraj has been themed as Manthan- it aims to showcase the impact of turbulent Corona times and the efforts made by the college to make a transition from offline to online mode. Creative expressions open the gateway to alternative realities. Even during these unprecedented pandemic times, the creativity of the students has grown manifold.

As evident from the overwhelming response of the students received in the form of articles across various disciplines, it is evident that the faculty members and students of Shivaji have managed to overcome stress and pessimism and cope with the pandemic in a positive manner.

I congratulate the entire team for their effort in bringing out the present one-of-its-kind edition.

My best wishes! Keep reading!

**Prof. Shiv Kumar Sahdev**  
**Principal**



# Editorial



**The world, that understandable and lawful world,  
was slipping away”.**

***William Golding, Lord of the Flies.***

In the beginning of 2020, Shivaji College went through a significant leadership transition. The outgoing Principal placed her faith in the able leadership of Professor Shiv Kumar Sahdev. His academic vision and institutional ideas were fundamental in redefining the functioning of our college in times of COVID-19.

As 2020 ushered in quietly, and remained hidden, our aspirations, goals, and dreams were forgotten and crushed by the nefarious COVID-19. However, our resilience and will to survive, to live, to feel, to breathe and nurture, pierced the silence. We started living- again. The world which was slipping away like a grain of sand was suddenly within reach. It was quiet but alive, and regained its senses. Shivaji College, under the supervision of Prof. Shiv Kumar Sahadev, has successfully adapted to the challenges posited by Covid-19. While our College smoothly transitioned from offline to online mode of teaching, the extra-curricular activities and creative fields remained unaffected.

The current edition of Shivraj has been themed as Manthan- the flux within. It encapsulates the journey of survival undertaken collectively by mankind. A journey which crossed all the barriers in terms of class, creed or colour. This year's magazine is a testimonial of our struggles. I hope it meets the expectations of our esteemed readers.

It was not easy to collect and compile the material. I am grateful to everyone who assisted me in carrying out this herculean task. I am grateful to Prof. Shiv Kumar for extending support for this entire endeavour. Thanks Shilpa, Avneet, and Tarun for invaluable help with pictures and content. Cheers to Parul, Vinceta, Priyanka and Dinesh for following up on numerous incomprehensible instructions that I gave. Thanks to Kanchan, Kalpana, Rekha and Ritu for typing the content in Hindi and Sanskrit. Finally, thanks to Preeti and Meghraj Sir for organising the articles and extending ideas.

**Viva la Vida!**

**Best Wishes,**

**Dr. Divya Madaan (Convener, Magazine Committee)**



# **In Memoriam**

Humanity never felt so cornered and defeated. The second wave of COVID-19 caught us unawares, broke our slumber and forced us to kneel before it.

As it raged, human life became fragile, powerless, and uncertain. The intensity of pain, suffering, and helplessness forced us to rethink about the sovereignty of being human. For more than a month, the virus continued its chaotic journey like a slasher. We shuddered in horror as people around us, our friends, lost their loved ones.

Hope was, and continues to remain our only strength. While we cannot compensate for the losses endured by our beloved friends, we assure them of our presence and assistance during this difficult journey. Our thoughts and prayer are with them. We believe that the universe will conspire again to fill their life with happiness and peace.

Remembering those who are not with us. Praying for the well being and healing of all.

**Members**

**Magazine Committee**

**2019-21**





संस्कृत



# सम्पादकीयम्

वार्षिक्यां शिवराजनाम्नि लेखानुबन्धिन्यां वैश्विकापदायां कोरोनाविषाणुं विषयानधिकृत्य महाविद्यालयस्य प्रबुद्धैः छात्रैः विभिन्नाः स्तोत्कृष्टपूर्णमौलिकविचाराः प्रस्तूयन्ते। आशास्महे अनुबन्धानामध्ययनेन वैश्विकार्थिक-व्यवस्थायाः पातोत्पातः, चिकित्साक्षेत्रे च वैज्ञानिकैः कृतमभूतपूर्व कार्यम्, भारतीयसमाजसुधारकैः नागरिकैश्चापदायाः उन्मूलनार्थं कृतमार्थिकमतुलनीयं योगदानं तथा स्व-स्वास्थ्य-रक्षायैः तात्कालिक-विभिन्नोपायानाम् ज्ञानवर्धनं भविष्यति। वर्तमानदशात्यन्ता दुःखपूर्णा। चिकित्सकाः करोरोनायोद्धारश्चापि म्रियन्ते। कोरोनाकारणाद्वयमनेकेषां सरस्वतीतनयानामात्यन्तिकवियोगेन पीडिताः जाताः। अस्यां स्थितौ लेखकाः अपि निजकल्पनया किमपि जनान् दिशन्त्येव। तेषामाधारेणैव ज्ञायते यत् भारतीयसंस्कृतिं संस्कारं विना कोरोनाया सह युद्धं न समर्थं मन्यते। अतः भारतीयसंस्कृतेः संस्कारस्य चानुपालनं करणीयम्। विरामे पत्रिकायाः सफलतां कामयन्तौ राजेश्वरी प्रदुम्नश्च प्रधानाचार्याणां विभागीय-अध्यापकानां सहायकानामखिलशिवाजी महाविद्यालयीय



विद्वच्चरणचंचरीकः  
प्रदुम्नः  
स्नातक संस्कृतविशेष(तृ.व)



विद्वच्चरणावलम्बिका  
राजेश्वरी  
स्नातक संस्कृतविशेष(तृ.व)



# अनुक्रमणिका

क्र.सं.	विषय	लेखक	कक्षा स्नातक
1	ऑनलाइन शिक्षण संदर्भ छात्राणा समस्या	प्रद्युम्नः	बी.ए.संस्कृत(विशेष) अंतिमवर्षः
2	अहो ! कोरोना	प्रद्युम्नः	बी.ए.संस्कृत(विशेष) अंतिमवर्षः
3	कोविड-19: छात्राणा संघर्षः	आदित्यः	बी.ए.संस्कृत(विशेष) द्वितीयवर्षः
4	लॉकडॉउनित्याख्यं,अवसादः,महामारी	सागरः	बी.ए.संस्कृत(विशेष) अंतिमवर्षः
त्तरजीविता च विंशत्याधिक द्विसहस्रम्कोविड-१९			
5	संस्कृतं गीतम्	नेहाकुमारी	बी.ए.संस्कृत(विशेष) द्वितीय वर्ष
6	ई आधिगमस्य अभिप्रायः विशेषता च	दीपककुमार	बी.ए.संस्कृतम्(विशेषः) तृतीय वर्ग
7	अनुशासनम्	अनिरुद्धः	बी.ए.संस्कृतम्(विशेषः) प्रथमं वर्ष
8	कोविड एकोविंशतिः- लॉकडॉउ	श्वेता	बी.ए.संस्कृतम्(विशेषः)अंतिम वर्षः



# अहो ! कोरोना

- 1.) कौरिनतेकृपादृष्ट्यापरिमृष्टोहिलोकोऽयम्।  
ध्वनिवायुप्रदोषाव्यैर्मुदा हानो विलोकोऽयम् ॥
- 2.) नवीनास्युर्दिशाः सर्वावस्थायोनकर्हिचित्।  
लोकडाऊनकाले किं नृणामुत दोषलोपोऽयम् ॥
- 3.) विजातीयाःसजातीयाःकृतासर्वविजातीयाः।  
सेनेटाइजरे मध्ये सजातीयाधिकारोऽयम् ॥
- 4.) कृष्णयमुनास्वरूपोऽयंश्चेतताराधनंकुरुते।  
दृष्टदेहलीप्रदेशोऽयंजनानामार्तरोधोऽयम्।
- 5.) स्वागतिकेसमारोहेकृतत्परफूमगन्धेहा।  
सेनेटाइजरारम्भे मुखान्तर्वस्त्रलाभोऽयम् ॥
- 6.) लक्षणाव्यञ्जनासर्वाकोरोनाव्याधिमादधते।  
गुणालङ्कारचर्चायां कालगणनाविचारोऽयम्॥
- 7.) अद्भुतावृद्धसेवायारतानबालसेवायाम्।  
कोरोना रोदयत्यासौकविबंक्रुद्धतानाशम्॥

प्रद्युम्नः

बी.ए.संस्कृत(विशेष) अंतिमवर्षः

1) उद्यमेन हि सिध्यन्ति कार्याणि नैव मनोरथैः ।

नहिसुप्तस्यसिंहस्यप्रविशन्तिमुखेमृगः ॥

उद्यम यानी (मेहनत) से ही कार्य पूरे होते है सिर्फ इच्छा करने से नहीं जैसे सोए हुए शेर के मुह में हिरण स्वयं प्रवेश नहीं करता बल्कि शेर को स्वयं ही प्रयास करना पडता है ।

2) वाणीसरस्वतीयस्य, सस्यप्रमवतीक्रिया ।

लक्ष्मीःदानवतीयस्य, सफलंतस्यजीवितं।

जिस मनुष्य के वाणी मीठी है जिसका कार्य परिश्रम से युक्त है जिसका धनदानकरनामेप्रयुक्तहोताहैउसकाजीवनसफलहै ।

3) देनोरुष्टेगुरुस्त्राता, गुरोरुष्टेनकरचनः

गुरुस्त्राता।गुरुस्त्राता, गुरुस्त्रातानसंशयः ।

भाग्य रूठ जाए तो गुरु रक्षा करता है और गुरु रूठ जाए तो कोई नहींगुरु ही रक्षक है गुरु ही रक्षक हैगुरुहीरक्षकहैइसमें कोई संदेह नहीं ।

4) अभिवादनशीलस्यनित्यंवृद्धोपसेविनः ।

चत्वारितस्यवर्धन्तेआयुर्विद्यायशोबलं॥

बड़ों का अभिवादन करने वाला मनुष्य और नित्य वृद्धों की सेवा करने वाले मनुष्य की आयु, विद्या, यश, और बल में चारों चीजें बढ़ती है ।

5)प्रियवाक्यप्रदानेनसर्वतुष्यन्तिजन्तवः।

तस्मात्तदैववक्तव्यं, वचनेकादरिद्रता ॥

प्रिया बात के बोलने से सभी जीव संतुष्ट हो जाते हैं अतः प्रिय वचन ही बोलना चाहिए! ऐसे वचन बोलने में हिचकीचाना नहीं चाहिए ।



# कोविड-19: छात्राणां संघर्षः

कोरोना महामारी 21 वीं शताब्दयाः भयावहः महामारी रूपेण विश्वस्य समीपे उपस्थितः अभवत्। कोरोना महामारी न केवलं भारतस्य अपितु समग्रविश्वस्य अस्ति। अस्मात् कारणात् समग्र देशे जन-जीवनेभ्यः संपूर्ण प्रतिबंधस्य नियम प्रचलत्। भारतस्य न केवलं अपितु अन्येषु देशेषु विद्यालयेः, महाविद्यालये च प्रतिबंधितः आसन्। द्वयं प्रक्रियायाः पालनं सर्वेषां कृते अनिवार्यं भवेत् इति सर्वकारस्य आदेशं आसीत्। अस्य पालनं सर्वेषां कृते अनिवार्यः अस्ति।

कोरोना महामारी कारणात् जन-जीवनेभ्यः अक्रांता अभवत्। अस्मात् कारणात् सर्वकारः पूर्ण प्रतिबंधः नियमम् अचालयत्। येन कारणेन छात्राणां जीवने पठन-पाठनं प्रभावितं अभवत्। विद्यालये, महाविद्यालयेषु, ऑनलाइन शिक्षायाः कार्यक्रमः अचालयत्। येन छात्राणां पाठनं अवरुद्धं न भवेत्।

पाठनं प्रक्रिया एतादृशी भवेत् यत् पाठनम् अवरुद्धः न अपितु सम्यक् रूपेण भवेत्। ऑनलाइन शिक्षायाः छात्रस्य जीवनं प्रभावितम् अभवत्। लघु बालकानाम् कृते द्वयं प्रक्रिया अतिकठिनम् आसीत्। इंटरनेट सेवायाः सर्वत्र समुपलब्धः न आसीत्। नगरेषु, महानगरेषु, शिक्षकाः स्त्रगृहे निवसतः। बालकानां, छात्राणां च पाठनम् अकार्यत। येन लघु बालकानाम् नेत्रं प्रभावितं अभवत्।

अस्य प्रक्रियाः केचन छात्राः एव सम्यक् रूपेण पाठनम् अकरोत्। विद्यालयस्य छात्राः अस्य समस्याः समाधानं कर्तुम् न शक्नुवन्ति। ऑनलाइन प्रक्रिया माध्यमेन पाठनं महानगरेषु सफलं अभवत् किन्तु दुर्गम् क्षेत्रे सुविधा न अस्ति। अस्मात् कारणात् अत्र निवसतः छात्राणां पाठनं अवरुद्धः अभवत्। अस्य समस्यायाः समाधानं कृते विद्यालयेषु छात्राणां कृते किञ्चित् सुविधा अमिलत्। लघु बालकान् पूर्ण एकस्य वर्गस्य अपरः वर्गं स्थानान्तरितः अकरोत्। द्वयं सुविधा निजी विद्यालये एतादृशी सुविधा आसीत्। प्रशासनं प्रदत्त विद्यालये एतादृशी सुविधायाः अभावः आसीत्। अस्य समस्यायाः समाधानं हेतु परीक्षा कालस्य समयः परिवर्तनम् अभवत्। पाठ्यक्रमः अपि अल्पम् अभवत्।

येन छात्राणां जीवने पठनस्य भारं न भवेत्। तथा दिनं अनुदिनं सर्वकारः विद्यायाः अपितु अन्य क्षेत्रेषु अपि समाधानं कर्तुम्। अस्य समस्याः निवारणं हेतु केचन विद्यालयः उद्घाटितम् अभवत्। छात्राणां शिक्षकाणां हस्त शुद्धिकरणं औषधिः इति आवश्यकं अस्ति। कक्षायाम् वार्तालापं, हस्तमेलनं कृते दूरी आवश्यकं अस्ति। 2021 ई० चुनौती पूर्णः अस्ति। अस्मिन् काले भारतीयणां कृते द्वयं कर्तव्यं भवेत् यत् सर्वकारस्य माध्यमेन या सुविधा औषधिः उपलब्धं अस्ति तस्य उपयोगः कर्तुः। सर्वेषां कृते नियमानुपालनं आवश्यकं भवेत्। कोविड-19 महामारी कारणात् या हानिः अभवत् तस्य क्षतिं पूर्तिं श्रमैः श्रमैः भविष्यति किन्तु सर्वे जनाः अस्य कृते जागरूकः भवेत्। सकारात्मक विचारधारायाः समस्यायाः समाधानं भविष्यति।

आदित्यः

बी.ए. संस्कृत(विशेष) द्वितीयवर्षः

लॉकडॉउनित्याख्यं, अवसादः महामारी

संस्कृतं गीतम्

, अत्तरजीविता च विंशत्याधिक

द्विसहस्रम्कोविड-१९.

कोरोनावायरसः एकः विश्वव्यापी संक्रमणमस्ति। अयश्चानेक  
प्रकाराणां विषाणुनामेकः समूहोस्ति। विश्वस्वास्थ्यसङ्घटनेन  
महामारीबेन उद्घोषितः। अस्याः परिहृतुं सर्वकारेण तालाबंदी  
इत्यस्य व्यवस्था कृताः यत् अस्याः गतिः निरुद्धा स्यात्।  
तालाबंदिना अस्याः गतिः मंदा जाताः।  
पुनरपि नैके जनाः अस्याः संक्रमिताः नैके च  
कालाग्रासिभूताः (मृत्युमुखंगताः) यत्र तालाबंदिना नैकाः लाभाः  
जाताः तत्रैव अनेन अस्माकमर्थव्यवस्थां आर्थिकक्रियाकलापं  
उद्योगश्च महती महाहानिः बहुहानिः जाताः। भारतस्यैव नहि अपितु  
कोरोनामहामारी काले अखिलविश्वस्यार्थव्यवस्थायाः गतिः निरुद्धाः  
। सर्वकारेण अस्याः परिहाराय अनेकाः व्यवस्थाः कृताः। यथा-  
मुखत्रावणक-धारणम्, हस्तप्रक्षालनं प्रतिसर्तकता, स्वच्छवसनं  
परस्परं दूरेवसनं स्नग्गृहाणि स्वच्छतास्थापनं निजगृहेव  
अधिकसमयापनं बहिः न्यूनं निस्सरणमित्यादयः अनेकाः  
सर्तकतायाः नियमाः चालिताः। अतः भारते कोरोनाविषाणुना  
संक्रमिततानां गतिः मंदाऽभवत्।

सागरः

बी.ए.संस्कृत(विशेष) अतिमवर्षः

जयति जगति भारतीयोन्मा सभ्यता शाश्वती  
विलसति भुवि भारताभामयी संस्कृतेर्भास्वति ।  
प्रभवति हि विचक्षणा, अबिकी भारतीसन्तति  
जयतु जयतु संस्कृतं शाश्वतं वर्धतां भारती ॥  
दिशति सततमृग्यजुस्सामवेदान्नथर्वश्रुती  
प्रथयति सुपथः श्रुतेः विश्रुतान् संमृतो संस्कृतान् ।  
प्रसरति भुवि वैदकी ज्ञानविज्ञानसरस्वती  
जयतु जयतु भारतं शाश्वतं वर्धतां भारती ॥  
अवगमयति ताबिकं ब्रह्माशास्त्राधृतं वाङ्मयं  
उपदिशति हि तब्रमाख्यकानां भुवो पावनम् ।  
सततमुपनिषत्स्वरं घोषयत्यत्र वै व्याहृति  
जयतु जयतु संस्कृतं शाश्वतं भारती ॥  
अवतरित विभिन्नशास्त्रेषु विद्यास्वरूपे सदा  
नियमति हि मानवाचारनीति तथा सहितम् ।  
वहति जगति सूत्रवेदाङ्गसाहित्यभागीरथी  
जयतु जयतु संस्कृतं शाश्वतं वर्धतां भारती ॥

नेहा कुमारी

बी.ए.संस्कृत(विशेष) द्वितीय वर्ष



# ई आधिगमस्य अभिप्रायः विशेषता च

किं नाम खलु ई आधिगमः ई आधिगमेन तात्पर्यमिदं स्वस्थाने हिअन्तर्जालमाध्यमेन तथा च संचारोपकरणानां माध्यमेन प्रातशिक्षा वर्तते । ई-आधिगमस्य विविधानि स्वरूपाणि वर्तन्ते , यस्मिन्वेवाश्रितं शिक्षणम् , जड़मवाप्याधारितं शिक्षणम्, अधवा संगणकाधारितं शिक्षणम् , वर्चुअल-क्लासरूम इत्यादीनिच सम्बद्धानि सन्ति । अद्यप्रभृतिः यदा केषाञ्चित् वर्षाणां पूर्व ई-आधिगमस्यअवधारणा अस्माभिः प्राप्ता, तर्हि संसारः तत्प्रति जागरूकोनआसीत् ।परश्च यथाकालमेव ई-आधिगमः अचिरमेव शैक्षिकव्यवस्थायां

स्वस्थानं चकार।

ई-आधिगमस्य प्रभेदाः -

ई आधिगमस्य श्रेणीद्वये विभक्तुं शक्यते ,

\*सिंक्रोनस (Sychrnous)

\*असिंक्रोनस (Asychrnous)

सिंक्रोनसशैक्षिकव्यवस्था -

अस्याःशैक्षिकव्यवस्थायाः तात्पर्यमिदं यदेकस्मिन् समये विद्यार्थिशिक्षकयोर्मध्ये विधिवस्थानेभ्यःपरस्परं युगपत्शैक्षिकपरिचर्चा भवति । एवं कस्यचिदपि विषयस्य

शिक्षणार्थं विद्यार्थिनः स्वप्रश्नानां तत्कालोचितानि उत्तराणि प्राप्नुवन्ति ।यस्मात् तेषां तद्विषयगतानां शंकाणां निवारणं भवति । अतः एवेयं शिक्षा वास्तविक समय शिक्षणं नाम्ना प्रसिद्धाः । एवंविधेई आधिगमने नानाविध सक्रिय Online उपकरणानां सहाय्येनछात्राणां कृते पाठ्यसामग्रीः सरलतया उपलभ्यते । सिंक्रोनस नामक ई-शैक्षिक-व्यवस्थायां केषुचिदुदाहरणेषु श्रव्य-दृश्य साक्षात्कार :

(Audio ,Video Confrence ( LIVE CHAT )

वर्चुअल क्लासरूम इत्यादयश्च संबद्धाः सन्ति ।वर्तमान समये अधिकांशतः विश्वविद्यालयस्य विद्यार्थिः शिक्षकाश्चसिंक्रोनस शैक्षिकव्यवस्थायाः उपयोगं कुर्वन्ति ।तत्र अस्यां गुलमीट जूम माइक्रोसॉफ्टटीमइत्यादयश्च एववर्तन्ते ।ई-शिक्षा

अन्तर्जालसंगणकश्चमाध्यमेनसंभवतिअतश्चएतेनकौशलज्ञानयोश्च विकासंसम्भवति।यद् विद्यार्थिनां स्वजीवने प्रोन्नतिं सहायकंभवति ।ई-शिक्षा

माध्यमेन छात्राः नवकौशल शिक्षणार्थध्यान केन्द्रितं कर्तुं शक्नुवन्तिपपपे।

दीपक कुमार

बी.ए.संस्कृतम्(विशेषः) तृतीय वर्ग

# अनुशासनस्य

अनुशासनस्य अस्माकं जीवने अतिमहत्त्वं अस्ति । अनुशासनम् शब्द 'अनु' उपसर्गपूर्वक 'शासनम्' शब्देन निर्मितं अस्ति । अस्य अर्थमस्ति शासनस्य अनुसरणम् । अतः नियमानां पालनं नियन्त्रणं स्वीकरणं वा अनुशासनम् कथ्यते । जीवनस्य प्रत्येकस्मिन् क्षेत्रे कतिपयानां नियमानां पालनं आवश्यकं वर्तते । प्रातः शीघ्रं जागरणं, नियमितं व्यायमं, नियमेन स्वकार्यं करणं, कार्यं प्रति पूर्णं समर्पणं अनुशासितं जीवनस्य अंगनानि सन्ति । प्रकृत्याः श्रष्टयाः वा मूलेऽपि अनुशासनं दृश्यते । प्रकृत्याः नियमाः शाश्वताः ध्रुवाः च सन्ति । पृथ्वी, ग्रहाः, नक्षत्राः, सूर्यः, चन्द्रः आदयः च सर्वे अनुशासनं वद्धाः सन्ति । शरीरस्य आरोग्याय यथा संतलितं भोजनं अपेक्षते तथैव राष्ट्रस्य समाजस्य च उत्थानाय अनुशासनं अपेक्षते ।

अनिरुद्धः

बी.ए.संस्कृतम्(विशेषः) प्रथमं वर्षं





# कोविड एकोविंशति:- लॉकडॉउन, अवसादः

महामारी, उत्तरजीविता च विंशत्याधिक द्विसहस्रम्

विश्वस्मिन् भिन्नराष्ट्रेषु कोविडामयबाधिताः ।

लक्षशो अपि मृतिं यान्ति दृश्यमत्यन्तशोकदम् ॥

भयमेवाभयं नैव औषधं नैव किञ्चन ।

भोज्यं पेयं विना मर्त्याः भूतले निपतन्ति वै ॥

मुखावरणसंयुक्ताः हस्तयोः क्षालनं भृशम् ।

पोनः पुन्येन कुर्वन्ति कोरोणा भीतितोः जनाः ॥

धनसेन्यसुसम्पन्नाः सर्वराष्ट्रप्रशासकाः ।

अर्थयन्तेतिदैन्येन औषधं दीयतामिति ॥

एतस्याः विषयोगात्तु मुक्तिं कामयते नरः ।

कथमस्य निरोधस्यादित्येव खलु भाषते ॥

उद्योगः कृषिकार्यश्च वाणिज्यं जनसेवनम् ।

सर्वमेतत् विनष्टं हा! कदा सम्यक् भविष्यति ॥

त्यजन्ति स्वार्थभावं च अहंकारमसूयाम् ।

अमित्रब्रह्महो दर्पं मननात् मनुजोत्तमाः ॥

अर्थकामौ समौ कृत्वा धर्मवत्समन्विताः ।

'इदन्न मम' भावेन वसन्ति महदद्भुतम् ॥

चीनजेन कोरोनारोगेण इदं ताण्डवं दर्शितम् ।

शताधिकेभ्यः वर्षेभ्यः प्राक् प्रकटितम् आसीत् एतत्

भयावहं कलेवरम् ॥

न अकारणेन अटन्तु ।

गृहेषु भूत्वा सुरक्षिताः भवन्तु ॥

आरोग्यसेतुः स्वचलदूरवाण्यां संस्थाप्य सर्वपरिक्षणं ।

कृत्वा नवदृढसंकल्पं कूर्मं गतिं ममाशा ॥

कोरोणा स्मारयत्यस्मान् पूर्वजोक्तं सुभाषितम् ।

सर्वे अपि सुखिनः सन्तु सर्वे संतु निरामयाः ॥

श्वेता

बी.ए.संस्कृतम्(विशेषः) अंतिम वर्षः



# *Pre Lockdown Era @ Shivaji*

## *Annual Day 2019*





## Entrepreneurship Development Cell



## Equal Opportunity Cell







# Yoga Day





# National Cadet Corps





# **Orientation Day 2019**



# **Spic Macay 2019**





# *Sports Day 2019*





# **Women Development Cell**





# **Women Development Cell**





# *Vibrations 2019*





# Vibrations 2019





# Iijabai Academic Block

## Inauguration, Feburary. 2020





***Dr. Shashi Nijhawan (Former Principal & Associate Professor, Dept. of Biochemistry, Shivaji College) retired on 28 February 2020. As the Principal of Shivaji College for more than a decade, her vision, determination, and journey is inspiring for many.***





## *A Promising Beginning*

*Dr. Shiv Kumar Sahdev took charge as Principal on 2 March 2020. During the last two years, College has crossed various milestones owing to many teacher and student friendly initiatives being undertaken by the administration under his supervision.*







ENGLISH



# Student Editorial

Well, that season of the year is coming back. Days are getting longer and the nights shorter. With that comes the realization that we have survived a year of the pandemic!

Let's face it, never could we have imagined that we'd live to see this too. If asked what we have to say about living 365 days with this virus,

I think we'd all take a step back and sigh first. Yet, some word smiths from our college have put their feelings into the best words which makes us go "Yes! Exactly!"

It is quite the thrill to be a part of the college magazine. Who doesn't love the sound of that? I am so glad I was asked to be the student editor and go through all the beautiful work that my friends sent.



Srijita Bhattacharya

B.A. (Hons) English

Semester 4



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S. No.	Title	Writer	Class
1	Lockdown Thoughts	Akshit Mathur	B.A. (H.) BBE, Sem 6
2	Covid-19 Time	Deepanshu Kumar	B.A.(H.) English, Sem 6
3	Dear Kashmir	Shivani Kaul	B.A. (H) English, Sem 6
4	Nonsensical	Aniket Jha	B.A. (H) English, Sem 6
5	Five Classes from an Audio File	Mukti Sharma	B.A. (H) English, Sem 4
6	Winter: A Gone Friend	Aman Aryan	B.A. (H) English, Sem 1
7	Forced To Be Solitary	Tanisha Chauhan	B.A.(H.) English Sem 1
8	Am I audible?	Oshin Bhatia	B.A.(H) English, Sem 1
9	Lockdown, Stress Pandemic and Survival: 2020 as COVID-19	Riya Sharma	B.SC.(H.) Maths
10	The Lockdown Memoir	Kanak Sawlani	B.A.(H.) BBE Sem 6
11	Locked Up	Ritik Jars	B. A. Programme
12	Domestic Abuse - A Pandemic within a pandemic	Aditya Mishra	B. A. (H) BBE, Sem 4
13	Time Flies	Aryan Sinha	B.A. (H) BBE, Sem 6
14	This feeling flows both ways	Shivam Aggarwal	B.A. Prog, Sem 1
15	The world of webinars: Information Overload	Nikhil Singh	B.Sc. Life Science Sem 4
16	What Poem?	Aman Srivastava	B.A. Programme
17	Covid-19 and Women- Struggles multiplied	Tulika Rajput	B.Sc. Life Science Sem 4
18	College Online: A Nascent Outlook	Nipun Sareen	B.Sc. (Hons.) Zoology Sem
19	Impact of Coronavirus Pandemic on Indian Economy	Laksh Singh	2 B.Sc. (Hons.) Zoology Sem 6



# Lockdown Thoughts

Feeling like a caged bird  
Unable to roam around

Nature is blooming, the skies are clear,  
I can hear nature's sounds loud and clear.

I hear a distant sound.  
Maybe the sound of my freedom,

Other than that is a scary silence seldom.  
This will all be in the past soon,  
that much I know

But the minutes have become hours, the  
time is seeming slow.

I choose to stay strong, when I could be  
weak

The feeling churning between them is too  
meek.

Soon I will be free and roam around sans  
fear

I swear when all this ends, I'd definitely  
shed a tear.

**Akshit Mathur**  
**B.A. (H.) Business Economics**  
**Sem 6**

# COVID-19 Time

Eyes broke, breath rolled back,  
Swollen tears that heart hack.

Isolation, staying in room,  
But, where introverts did bloom.

We are at home,  
The smallest island or the place of Rome.

Cheering for the gods;  
Fighting the virus without the swords.

Those are giving us breaths,  
The chain of fear,  
People that don't hear.

Walking on the street  
Serving virus, a treat  
Opened eyes with mind drowse  
When one becomes the prey, only they  
grouse.

Some learn from others  
Some do experience it  
We live out further  
To mark the presence in shit.

Sizzling shine that used to flare  
Should be kept in room  
Appreciating the gods in white  
Wait for normalcy to blare.

Hats off to all the nurses, doctors, medical  
staff for their hard work in pandemic.

**Deepanshu Kumar**  
**B.A. (H.) English**  
**Sem 6**



# Dear Kashmir

*Dear Kashmir is a poem about remembrance. Remembrance of a past and of a sense of self that is long gone now. A self that has evolved because of the miseries it faced. A self that couldn't nurture further, a self that had to die in order to survive. this poem is dedicated to all kashmiri pandits and their successive generations from whom their native place as well as their culture has been seized away.*

Dear kashmir,  
my father often tells me  
your sweet tales,  
how his hometown is the  
only place,  
he wishes to live at  
but can't anymore,  
how you have made him  
the man he is today.  
and slowly and slowly,  
fading each day,  
you become a distant memory for him.

he talks about his exodus in 1990  
saying,

the boundaries of this  
faux paradise is  
painted with the blood  
and grief of its locals.

for they spilled our blood  
with the guns in their hands  
calling it their vermillion  
while screaming the 3 most dreaded words  
raliv. tsaliv. galive  
flee. convert. die.

the glacial and rugged  
mountains covered in snow,  
suppressed under which are  
our silent cries,  
the men with the saffron tilak,  
dare not show.

every thread sewn in our  
pehnan speaks of the  
torments we faced,  
forcefully woven into  
the fabric of silence.

the dal lake which is  
filled with our  
blood and tears,  
over which they row  
their shikara of ignorance,  
because my child they know, that,  
if they muddle with  
the still waters,  
they fear they will unleash  
the storms within.

in the history books,  
they erase the chapters  
that speaks of us  
because my child, they know  
that through our failed attempt  
at resistance,  
a new revolution  
will start to begin,  
threatening their existence.



the men with the saffron tilak  
spun their web of lies  
giving us a faithless hope,  
that one day they will  
take us back to our home.

like birds we flew  
leaving behind our nests,  
in the kangri with the burning coal  
burns our desires and our hopes,  
leaving in our chest  
a broken soul,  
and now with the leftover ashes  
remains our eyes  
tired with everything it saw,  
and now, it just wants to rest

well, my child, kashmir suffers  
and so do we,  
even now after 30 years  
i still yearn to go back to  
my grief stricken valley.

every night my dad keeps you  
in his dreams  
and wakes up with cold shivers  
and these silent screams,

and yet after decades in  
exile,  
he holds the keys,  
the keys that once belonged to his home,  
the keys that gives him back his

young days,  
the keys that unlocks all his  
bittersweet memories,  
now taken away from him,  
in a vain hope that one day  
he will return,  
the keys he brought back  
as a souvenir of pain and  
keys that he carried with him  
when he was forced to flee,  
and now in his own country  
he lives like a refugee.

how ironic it is, that,  
he still asserts "my"  
a possessive pronoun  
when he speaks about you, kashmir,  
"my" for something snatched from  
him long ago,  
and still he isn't ready to let it all go.  
he lives in a constant state of statis  
wantonly,  
and he cowers in terror  
when he remembers his exodus  
of 1990.

he ends his nostalgia with  
these despairing lines  
"i wish we go back  
so that i can hold my  
daughters hand as we walk the  
boulevard road."



well, his address might be  
new delhi now,  
but he still he seems  
like a bird who flew  
leaving behind its nest  
into a city  
burdened with its blues.

oh kashmir,  
he's buried under a dome  
he himself built,  
with the bricks of your  
memories,  
and now his sense of self  
is brokenly split.  
oh kashmir,  
Can he still call you home?

**Shivani Kaul**

**B.A. (H.) English**  
**Sem 6**

## Nonsensical

I tread the sand and leave no print,  
So take a guess without a hint,  
I kiss them hands a little too much,  
So break my frame with morbid clutch,

I stole some rags to hide my face,  
And rob this place of all its trace,  
And even though the rags are thin,  
I'll stitch them o'er my impish grin,

I'll take my pieces small and big  
And plant them in a cosmic gig  
To hear the funk all day and night  
Electric sun and chemical flight,

It fills my heart with joy and thrill,  
To hear her play the Devil's trill,  
I paint the marionettes with red,  
And help them sleep inside my head,

You say that there's no point to see,  
For I am but a fool to thee,  
So put my heart inside a cage,  
A rusty box that burns with rage,

Put all aside and let me moan,  
There are no flowers upon my stone,  
And even though it has a crack,  
I'll paint my grave with vantablack.

**Aniket Jha**

**B.A. (H.) English**  
**Sem 6**



# Five Classes from an Audio File

Made me feel too mellow  
Please end this misery O God!  
Though my reasons are too shallow.

Woke up in the morn next day  
Ready to start anew.  
Saw my college bag on the desk  
And my lunchbox too.

Where are we going father?  
Let me get my mask.  
Oh yes, let me find mine too my dear.  
The pollution is a blast.

It's time for your college child  
Didn't you ask for a lift last night  
College? Are they reopening  
We had online classes, right?

Confused and dazed, my father asks  
Are you opting for distance education  
Otherwise, get up and stride  
For college is our next station.

Swirling down New Delhi's lanes  
Everyone in a mask  
Do we have a vaccine yet  
For in glory the crowds bask

I looked up on the internet  
No mention of corona  
Either it was a dream  
Or I have slipped in a coma

Meeting with my friends is nice  
All complaining about pollution  
All the students hand your files  
Today is last day of submission

Sitting again on the wooden benches  
Laughing, giggling and frowning  
Feeling the teacher's glares on us  
When the class joker is clowning

No more fatigue for the eyes  
For the scenery is always lively,  
No more slacking in the class  
For attention is called timely.

Increased focus, in-person discussion  
Raising hands to answer,  
Going to library again  
To study, read and banter.

Oh! What a fulfilling day!  
Though marred by an hour long  
commute.  
Is this the normal world again  
Has history changed its route.

Tired after a long day  
I slept like a log.  
Who knows what will happen tomorrow  
Whether it will be sunshine or fog.

**Mukti Sharma**  
**B.A (H) English**  
**Sem 4**



## Winter A Gone Friend

Now the crunchy snow is no more  
Nothing is capping canopy these days  
Now that love for warmth is no more  
That icy breeze has been overpowered  
these days

Now the sight of sun feels like home  
And the presence of twilight too  
The Dews cover the blossoms no more  
The ambience is more clearer these days  
The broken stems, the cracked earth  
Chilly dusk and scary dawn...left us  
The days we shivered...the nights we  
quivered

The love for cuddle and tea we had daily  
double.....left us

Now those warm blankets seen no more  
Me and my slumber is intimate no more  
Those days of escaping water...when  
sleep, sleep

and nothing else matter....left us  
Because now we note the degrees no more

Because now the scary winter no more  
No more we find that friend these days  
No more it scares us these days

He has left us,  
Our gone friend winter  
Has left the lovely spring for us  
For he is no more.

**Aman Aryan**  
**B.A (H) English**  
**Sem 1**

## Forced to be Solitary

Stuck in the concrete jungle are the  
coconut animals  
They wear skins of the world's colour  
over their true skins

For they are afraid  
Afraid, to be hurt  
Afraid, to be alone

They crave each other  
For they cannot live alone with themselves  
They sought love and attention  
But today what scares them is different

What scares them intends to divide them  
from each they love  
Along a divide so strong only death can  
cross it

They are stuck in the cells they call 'home'  
And the rooms they call their own  
With fear as their only companion

For what terrorises them  
Might have them if they are not alone  
Stuck in the concrete jungle are the  
coconut animals

With lead in their eyes  
And fear in their souls

**Tanisha Chauhan**  
**B.A (H) English**  
**Sem 1**



# Am I audible?

## The new normal in online teaching

"Good morning class! Am I audible?"  
"Yes ma'am."

This was no stage! But, an online classroom. A dramatic change has been seen in the methods of teaching. During this pandemic, the traditional method of teaching which involved the physical presence of both the teaching staff and students has been replaced by the new online method of teaching.

To ensure the health of students and teachers without compromising with education, institutions opted for the online teaching mode. With this, platforms like Zoom, Google Meet and MS Teams slowly became a part of every student's life. In the initial phases, it was willingly welcomed by the students as a safe and easier option that would be accessible at one's fingertips. Thus, it gained popularity rapidly! Undoubtedly, it was the best possible choice for the troubling times in pandemic, but, the core elements and the feeling of a traditional classroom were missing. There are a number of things that can sadly never be included in any of the updates of an online learning platform! The sound of a marker or a chalk writing on the board, the desks occupied by enthusiastic learners, the canteen rush, the happiness of meeting friends every day! Books, face to face interaction, asking the teacher to explain again, reading lessons aloud, and everything else included in traditional classrooms was missed by the students.

The shortcomings of online teaching mode such as network issues, breaking voice, absence of proper feedback and less accessibility to students that live in remote areas are creating difficulties in teaching and learning experience. Also, having to stare continuously for hours at a screen with mere initials and display pictures of students becomes very hectic. It is accompanied by very less to no response from hesitant students which adds up to the struggle. It is observed that students often miss important classes due to unstable internet connection and poor accessibility. Dishearteningly, they have accepted the monotonous routine of online learning, compromising with all the fun, enjoyment, experience, friends and human interaction in schools and colleges that they had high hopes for.

Therefore, we can say that the excitement of students has been temporarily muted by the global pandemic.

"Turn on your camera", "unmute yourself and speak", "Is my screen visible?", "Ma'am, your voice is breaking", "Sir, I am having some network issues", "Am I audible?" have become the new normal!

**Oshin Bhatia**  
**B.A (H) English**  
**Sem 1**



# Lockdown, Stress, Pandemic and Survival: 2020 as COVID-19

They say some catastrophic days  
in calendars match the darkness  
of a PVR cinema hall that is about  
to begin another horror film  
which will leave you wishing for a  
hand to grasp on--  
to feel less petrified,  
or to not feel anything at all.

There's always too much living for  
someone who doesn't really want to;  
too much love for someone who is  
not ready for it;  
too many catables in the plate of  
someone who doesn't have the  
stomach for it;  
one too many successive tragedies  
in a year than one signed up for.

What's more sad than an atheist  
in a holy temple staring into the  
eyes of an idol he doesn't believe in,  
counting on a miracle,

standing on the land  
that promises one,  
just to save his old lady,  
his companion,  
surviving on machines  
and wires in a hospital  
two blocks away.

What's more sad than false  
hope or even lack thereof?

What's sadder than not being  
able to catch a flight home?

What's sadder than not seeing  
your family for days because  
you've a responsibility to save  
someone else's.

What's sadder than watching a  
whole year fade away into the mist  
and for some of us,  
taking our loved ones with it.

**Riya Sharma**  
**B.ŚC.(H.) Maths**



# The Lockdown Memoir

## 7th March, 2020

It has been 2 months since I last saw my family. Excited that Holi is a day after tomorrow, I get out of my bed to pack my bags for the trip back home.

“It is going to be a small but fun trip and I will try my best to have the most amazing time with my family”, I thought to myself, as I waited for the train to arrive.

## 9th March, 2020

Holi comes along and I have the most amazing time with my family and friends, doing all kinds of things, whether it be telling them about my college life or learning new recipes from my mother, I did it all. Amidst it all, the news of a deadly virus spreading around the world is heard, India included, but like the optimistic people we are, we let it slide and focussed on the festivities, thinking that whatever it is, the advanced medical science will surely have a cure for it.

## 14th March, 2020

We are informed that our holidays have been extended till March 31st, 2020. For students like me who live far away from home, the news certainly brought some happiness but the fact that the reason behind such extension was a deadly disease, surely diminished some of the joy. Eerily, it felt like the calm before a storm, a storm bigger than all of our expectations.

## 20th March, 2020

News breaks out that a Bollywood celebrity who has just returned from London, has tested positive for the COVID-19.

Not only that, the news headlines also showcase how they attended several parties, coming in contact with around 150 people. The first few cases of the virus start showing up around India, mainly a result of tourists coming from abroad or people returning back from vacations. A sense of fear and dread starts coursing through the general public, knowing that the limited resources of India wouldn't suffice if faced with a pandemic.

## 24th March, 2020

The Government announces a nationwide lockdown of 21 days to prevent the spread of the virus and all kinds of education is shifted to online mode. We all hope that the lockdown will curb the growing cases upto some extent since all kinds of travel is suspended. Little did we know.

## Lockdown 2020

April comes around and the first 100 deaths related to COVID-19 are reported in India. The Government extends the lockdown to 3rd May, 2020. The end of April comes around and there are nearly 1000 confirmed deaths and around 30,000 confirmed cases related to the COVID-19. From then onwards, a series of lockdowns and night curfews have been enforced in order to curb the virus. But up till today, i.e. 26th February, 2021, more than 1 crore people in India have suffered from the Corona virus and around 1,50,000 people have died.



### Personal thoughts

The Covid-19 pandemic was a test of both our physical and our mental health, in other words, the survival of the fittest. Personally, for me, the shift of education to online modes was the biggest challenge, second to which was not being able to do normal things like going out of the house and even the smallest things like distancing from a family member who is an essential worker. The thoughts of a student during a pandemic cannot be described in a few words, but some of them include feeling unproductive in academics due to lack of focus but also simultaneously dealing with the fear of a virus and the morbid environment it creates. The pandemic has severely affected the things a student learns when they go to an educational institution, not only what she learns in the academic sense but also what she learns from interacting with the people around her.

The new normal is hard to adjust to, but we are all trying. The least we can do in order to move forward is be kind to one another and respect each others' struggles. Hoping for a better future!

**Kanak Sawlani**

**B.A.(H.) Business Economics**

**Sem VI**

## Locked Up

When I woke up, I remember I've been locked  
up.

Everything around me seems to be screwed up.

I feel consumed up by the place where I grew  
up.

I'm sick of being here, wanna breathe in the  
open air .

I am fed up with this place, wanna explore some  
new places and faces.

I Feel like I have been caught up in hell and  
every part of my body yells  
that I am not well.

**Ritik**  
**B.A.**



# Domestic Abuse- A Pandemic within a Pandemic

Although lockdowns and quarantines are crucial to suppressing the global spread of COVID-19, vulnerable women with violent partners are living a whole other nightmare. Citing a 'horrific increase in domestic violence' amid global coronavirus lockdowns, United Nations Secretary General António Guterres called on governments to resolve this issue as a crucial part of their concerted response to the pandemic. And indeed, countries most affected by the corona lockdown such as France, have seen an unprecedented spike in sexual assaults on women, with Paris seeing a 36 percent increase in cases of violent domestic abuse in just one week.

Guterres poignantly claimed that 'violence is not limited to the battlefield.' As a primary source of personal and community protection, staying at home is currently advocated. However, for many women and young girls who have been forced to stay within the confines of their homes, the possibility of sexual harassment runs counter to the promotion of contagion in these protection discourses. Guterres called for peace in homes around the world at a time of social isolation where women have little mobility outside their homes.

*In India, one woman is raped every twenty minutes, according to the National Crime Records Bureau, and the onset of the corona crisis has precipitated an unprecedented spike in both upper and lower class women in marital rape, domestic abuse and sexual harassment. The number of calls since the lockdown (which began after Prime Minister Narendra Modi's speech on 24 March 2020) has risen by 50 percent, according to support lines that respond to women in surveillance of police patrols and child domestic distress. Without the normal protection units, which have now been mobilized to implement social distancing, there has been an exceptional increase in domestic abuse. This has not only impacted women's physical and mental health; daily domestic violence has also forced significant numbers of children to leave their homes.*

Many women who have been through such harrowing encounters are reluctant to contact the police, who because of the corona crackdown are still under-resourced and stretched. Women do not approach the police because they feel that if they take their husband away, their in-laws will torment her, according to Rekha Sharma, who heads the National Commission for Women in India. And, in fact, when he gets out of the police station, he'll torment her more. Women might go to their parents before, but they can't meet them now.' Phumzile Mlambo-Ngcuka, Executive

Director of the United Nations Women, said



## Time Flies

that violence against women and girls is a "shadow pandemic" in which confinement encourages domestic conflicts triggered by anxieties, poor health and financial concerns. The corona crisis has generated a particular spectrum of 'lockdown violence' against women in India.

*As International pressure groups globally, a range of high-level women's organizations are coming forward and influencing governments to counter the pandemic with feminist policies and gendered human rights issues. However, it is a slow process to enforce these pro-women initiatives amid a global pandemic, let alone their reach to the women in the lowest rungs of the society.*

**Aditya Mishra**

**B. A (H) Business Economics**

**Sem 4**

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As International pressure groups globally, a range of high-level women's organizations are coming forward and influencing governments to counter the pandemic with feminist policies and gendered human rights issues. However, it is a slow process to enforce these pro-women initiatives amid a global pandemic, let alone their reach to the women in the lowest rungs of the society.

**Aryan Sinha**  
**B.A (H) Business Economics**  
**Sem 6**



## This Feeling Flows Both Ways

I'm suicidal, and no it's not what you think.

I'm safe.

I'm not harming myself.

But I'm suicidal.

And I can't remember a time when I wasn't.

Being suicidal falls into a grey area for me.

I'm having the best day of my life, but suicidal thoughts will linger.

I wake up most mornings thinking I'd be better off dead. I wake up thinking my family is better off without me. I try not to give power to it.

Being suicidal is different from suicidal thoughts. It's an actual feeling.

The feeling that you have an itch you can't scratch. That a dark cloud is

shrouding you.

It's anxiety and depression.

You're drowning, there's no air, and coming down from that feeling takes so long you think it's impossible.

These feelings aren't reality,

Though

I know I have things to live for.

I know things will get better, I know my family loves me, I know the fake friends who don't like me don't matter. I know I have a goal to achieve, I know this feeling will pass.

People with mental illness live in dark places and grey areas. It isn't always just one day someone decided to end it, It can be years of torment, even on good days.

It's a build-up that comes in waves.

These feelings are never gone, and I wish more than anything in this world, they would disappear.

Every day may be hard, but it makes me stronger every day.

**Shivam Aggarwal**

**B.A. Prog,**

**Sem 1**



# The World of Webinars

## Information Overload

This year is not what we are used to; all the things have changed. A pandemic hit the world and the interaction between people is so limited, resulting in limited exchange of information. Webinars are the novel way of interaction between people which is bridging the gaps between people.

A webinar is an online event organized by a group or anyone on a particular topic. In short, it's a web seminar that's held through online platforms like ZOOM, GOOGLE MEET, CISCO.

Nowadays one can see the rise in webinar being hosted during the pandemic and it can easily be observed that it's becoming a part of our lives. Since we were used to passing time without any productivity, webinars offer a way out of this mundane routine. It bridged the gap between teacher and student and even though the joy of classroom learning can be compared to nothing at all, webinars have been a decent way out of the mundane days.

Use of web services for the webinar was limited to business only and were used very little in other sectors but now it's getting used extensively in all sectors to meet their needs.

The extensive use of webinar is not just because of the limitations on the public gathering but it's also because of other benefits- like the time of travelling is now saved and you can present your content from anywhere easily by using PowerPoint or other services. It's also easy to handle and requires less manpower as compared to physical seminars.

You can interact personally and can solve people's queries regarding the content and can easily conduct a question and answer session. It's also far more affordable and requires no such huge space and can also hold a huge number of audience.

The best part is that in a webinar no one is dependent on a location and that's an advantage for all users. This results in a better distribution of information among the concerned people. This service is now expanding and now people are learning to use it which also helps to increase the reach.

I remember my first webinar that was held by the Indian medical council on COVID-19 and that was very useful. then I attended many more and all those webinars were very fruitful for me



There are many advantages but with some disadvantage also and that's creating difficulties for many in getting the benefits.

The internet is the basic requirement for the webinar and in some parts of the country the internet service is not that good which results in the unavailability of the webinars for them.

But overall webinars proved to be the best support in this difficult time for the purpose of information and knowledge sharing and gathering and this platform is truly overloaded with information from which you can easily select what best for you and can learn from it.

**Nikhil Singh**

**B.Sc. Life Science**

**Sem 4**

## What Poem!?

When I was young and desperate to be liked,  
I always stepped back in fear,  
then run instead of fight.

All I wanted was to be accepted,  
Dispute was not my style.  
So despite what they did to me,  
I took it with a smile.

So whenever they'd weaken me,  
I'd keep it inside,  
Forgiving but not forgetting,  
Just take it all in stride.

But anger is something that stays,  
To control it isn't layman's fate,  
Similar to a resting bomb with a trigger,  
One day it will detonate.

I went through many regrets,  
I've felt my share of shame.  
For releasing all my stayed anger,  
On the ones who weren't to blame.

So now I refrain from this,  
Now that I've grown older and wise.  
I learnt a lot in my time,  
And there are some things I realise.

The world demands one to be tolerant,  
But they also need to be strong.  
No one needs to be a wimp,  
When life goes wrong.

One must diligently choose their combats,  
Knowing when to let things go.  
Don't seek retribution,  
For what you reap you'll sow.

Not asking you to surrender but also don't  
strike,  
Try inhibiting your emotions while speaking  
your mind.  
You can defend yourself and the others,  
And still find yourself being kind.

First rule is to love yourself,  
This love must come forth,  
If you fail to see how magnificent you are,  
Then no one else will know your worth.

A good principle to follow -  
Show the world what you are by what you do,  
and that you will gladly give respect,  
But, will expect the same for you.

**Aman Srivastava**  
**B.A. Programme**



# COVID-19 and Women- Struggles Multiplied?

The issues of COVID-19 pandemic are not sex explicit but rather the concerns faced under such worldwide issue could be distinctive for different age groups or society.

One subject that's common during these times is everyone has suffered even the nations as a whole. COVID has truly affected people through every dimension of well-being-emotionally, economically, physically and socially. Regardless of what the circumstances are -public, worldwide or a personal welfare, the battles of women are consistently unique and intense from the remainder of society.

The challenges faced by women are varied. From being a victim of a violence to being a birth giver, women struggle in every respect. However, one issue that has always been crucial yet unresolved is - Should a woman consider postponing Pregnancy in COVID-19 times? The response to this would be different for different women since it's just not about the potential risks a woman is subjected to but also there are several ethical issues that remain between a definitive answer for this established issue. Pregnancy makes a woman suffer through every physiological aspect. An article quoted that during pregnancy " women experience immunologic and physiologic changes that could increase their risk for more severe illness from respiratory infections and hence it provides us with a certainty of dangerous risks a pregnant woman might carry and pass it on to her unborn child".This is the primary struggle that every woman experience during such difficult times and the result to this important issue is inconclusive.

The financial independence rate of women has lowered since this pandemic has influenced the world's economic stability. Everyone has gone through the pressure of job loss including women but the consequences of such monetary loss are contrasting for a woman. There were several women who were solely income sources, some were helping to provide the financial stability. Women have not only lost their privilege of working for themselves but also have taken the liberty of taking independent decisions.

Domestic burden has heightened ever since this global disease is ruling and now that taking care of household tasks is not a choice for a woman, it is challenging for one's mental health



Coronavirus outbreak has a major impact on the mental health of people. Depression, Anxiety is so common as this outbreak has created a break in a person's mental peace. Domestic violence, work related stress, childcare, increased household burden, these all factors have put woman reproductive and mental health on stake. Immunity of women is compromised. Menstruating girls and women face intimacy issues and inadequate access to public toilets, Sanitary napkins, disposal systems, water and soap during quarantine and lockdown times which has negatively influenced the hygiene safety of girls and women resulting in infections and teen deaths.

Worldwide, there are many female doctors, female nurses who are taking care of COVID patients by ignoring their own safety. The well-being of such front-line workers is insecure. There is a desperate search of medical care and health service providers for potential COVID-19 patients.

Worldwide, there are many female doctors, female nurses who are taking care of COVID patients by ignoring their own safety. The well-being of such front-line workers is insecure. There is a desperate search of medical care and health service providers for potential COVID-19 patients. Women are warriors and they provide stability to the equilibrium of society by putting their own lives in danger. These challenges are not same for everyone, women with different backgrounds suffer differently. Women of rural areas used to get affect mentally and physically from a long time but these times has made their situation worse. Women from cities has support of their education and thus find ways to deal with such circumstances, these ways are totally individualized.

The struggles can be many but the strong minds of women always have some or other way to deal with toughest of the times. Solution to these problems require proper policies and functioning of government. Till then, women from all over the world are fighting for themselves, of themselves and by themselves.

**Tulika Rajput**  
**B.Sc. Life Science**  
**Sem 4**



# College Online: A Nascent Outlook

A flash of memories marked my teenage years when I was at the verge of ending my school. My curiosity to experience "the College" which is 'the most' dynamic phase of life overwhelmed me. I was loaded with enthusiasm to explore the new opportunities and face different challenges in the coming days. But, the worst a fresher could be permeated in this mode was the declaration of Coronavirus Pandemic and subsequent "Lockdown". This historical evil in every student's story last year, dwindled the desire to attend the fresher's party. All my contemplations of having thrilling experiences appeared to become futile. The desire of new friends, visiting campus and similar nascent wills felt to be crushed at that very moment.

But Wait! As it is rightly said "God always opens up new doors of opportunities and contentment on closure of the previous ones", I felt the same in the first semester life of Shivaji college. My apprehensions seemed to be fading away when I interacted with my teachers during the virtual orientation programme. I can strongly remark on their support being provided to me even in online teaching. They have been the backbone of learning in this unexpected excursion of first year. The conversation over phone calls with them, in spite of being an unknown student, shows the tender-hearted nature of my professors. Our discussions over the minor complications to exchanging thoughts over the possible areas of scope, the programme truly depicted their commitment towards the students. I was touched with the modesty of two of my teachers whom I met in person. Their addressing of various academic issues facilitated me to learn, that too in a joyful and encouraging manner. A Japanese proverb states "Better than a thousand days of diligent study is one day with a great teacher". The professors clarifying queries and doubts in virtual theoretical and practical classes has been constant in such approach. Their devotion towards the subject has upgraded my knowledge and is the best a university can provide us. Disengagement from any sort of distraction during ongoing lectures and attention on learning further motivates to work more upon my concentration skills. I am eagerly waiting to meet all my teachers and beholden to feel obliged to be mentored under their guidance.

This account of my novel experience cannot be completed without the footnote of my classmates and seniors. Every student gets in the state of hankering to revisit school but my college has bestowed such a great mixture of classmates and seniors upon me that it might feel gluttonous to solicit for more. Nevertheless, if one would ask what more I expect further in college, then, surely I would like to connect with people of my discipline who can guide and support us in this remarkable journey in the coming years, to go an extra mile where it is never crowded.

**Nipun Sareen**

**B.Sc (Hons.) Zoology Sem 2**



# Impact of Coronavirus Pandemic on Indian Economy

The global economy has been expected to shrink by over 3% in 2020–21 due to the Severe Acute Respiratory Syndrome Coronavirus (SARS-CoV-2) pandemic. According to the report of the International Monetary Fund, it had been the steepest slowdown since the Great Depression of the 1930s. The first case of this coronavirus in humans was reported from Wuhan (China) in December, 2019. The infection caused by SARS-CoV-2 occurs in respiratory system which has not been distinguished in humans in the past. Major factors including interdependence of economies in terms of exchange of goods and services, travelling and tourism as well as lack of ample scientific enquiry led to the rapid spread of this Coronavirus. This has raised concerns about the present and future of world economics and changes that may occur in the public and private sector, financial institutions and industries during and after the pandemic. This can be understood by its impacts on Indian economy.

**Demand:** Aviation, Hospitality, and Tourism became the highly affected sectors that incurred huge losses. Because of the lockdown effect, the closing of markets and all ongoing private and public work has led to the reduced demand of many commodities and services. This severely affected income levels, especially of daily wage earners, among others. The slow economic activities in many sectors eventually led to decline in the consumption front. The consumers rescheduled their buying decisions due to widespread fear and panic. The transportation sector also showed high loss due to restrictions on traveling in schools, universities, private firms and public institutions.

**Financial Market:** Financial market remained exceptionally volatile leading to huge crashes due to uncertain conditions regarding future conditions and result of COVID-19. The wreck of the stock market accounted for declining utilization levels. Instability and capital erosion of investors impacted the equity markets during the pandemic.

**Supply:** Interruption in the supply chain of goods from China as a result of the shutdown of factories unfavorably affected many manufacturing sectors, which rely for their raw material and final products. The dilemma of a deficiency of raw material faced by sectors like electronics, automobiles, chemical industries and pharmaceuticals. Exports of India had been affected due to the hold back in manufacturing activity in China and other markets.

**International Trade:** Because of export limitations to China, petrochemical supplies showed a drop in prices. The impact on India's trades stated to be about US dollar 348 million as per the report of UNCTAD (United Nations Conference on Trade and Development). India comes among the top 15 economies that are severely affected as a result of a manufacturing hold back in China as well. In particular, Chemical sector (129 million dollars), Textiles and Apparel (64 million dollars), Automobiles (34 million dollars), Metals and Metal goods 27 million dollars), Wood Products and Furniture (15 million dollars), Electrical machinery (12 million dollars), and Leather goods (13 million dollars) have recorded huge losses.



**Growth Projections of India:** The Indian economy showed slow growth through the last quarter of the current fiscal (2019-2020). The occurrence of COVID-19 may lead to sluggish growth even in the first quarter of 2020-21. The economic growth of India has been reduced from 5.1 % earlier to 4.9 % for 2019-20. Standard and Poors lowered the economic growth of India from 5.7 % earlier to 5.2 % for 2020. OECD (Organisation for Economic Cooperation and Development) has revised down forecast of economic growth of India to 5.1 % for 2020-21 and 5.6 % for 2021-22. Various credit rating agencies (Standard & Poor's, Moody's and Fitch group) revised the growth trajectory of India that create travel restrictions, supply chain instability, the turn down in consumer demand, and investment rate. However, few sectors showed increasing projections like Digital and Internet economy owing to their crucial role ranging from online learning to online commercial activities. Pharmaceuticals companies recorded increased consumer demand for sanitizers, disinfectants and medicines.

**Suggested Measures for Government:** It is significant to know the specific issues that affect businesses and public, in general, before framing appropriate action, plans and policies. A combination of monetary, fiscal and financial markets measures can help to cope with the losses occurring on various stakeholders during the current pandemic. Moreover, necessary support can be provided to cottage / small and medium-size industries as well.

1. There should be increased spending on public health to sustain adequate supplies to manage the problem of COVID-19 that includes medicines, medical kits for the medical professionals, masks, gloves, hospitals with extra beds.
2. Government and RBI should direct all banks not to reduce and eliminate the offering of loans under project delays situation.
3. Ensure liquidity to surplus levels and give individual liquidity facilities to those banks, companies, NBFCs (Non Banking Financial Institutions) that are bearing financial strain because of risk factors in the financial market or due to massive demand shock.
4. Governments imposed restrictions on the opening of malls, gyms, clubs, salons, restaurants, hotels, educational institutions, nonessential products shops, should be lifted in phased manner. Also, particular incentives to those people who are employed in above sectors as well as to the private companies can be provided.

The current pandemic can be utilised as an ideal opportunity to reset many economic projects and activities in the country. Reconsideration, upgradation, and rebuilding new projects keeping in view the ecological aspects can help rejuvenate the Indian economy in a sustainable manner.

**Laksh Singh**

**B.Sc. (Hons.) Zoology Sem 6**



# The World of Webinars: Events Galore

Ever since COVID-19 defined our existence, we have been initiating a number of changes in our lifestyle at various levels. As teachers, one main challenge posited before us was to keep students engaged in extra curricular activities so as to ensure that their academic growth isn't stalled.

Given the fact that many of us were new to online platforms and digital modes of imparting knowledge, we still managed to groom these venues to our academic requirements. We present before you a gallery of all such activities organised throughout the pandemic year.



# Department of English

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of English**

**INTERNATIONAL WEBINAR**

Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**English**  
Hindi

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia

**Speaker**

**John Yates**  
Teacher and Researcher  
Co-author of *The Plot of Debt*  
by Robert Haines

**Book by speaker**

*English*  
Hindi

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of English**

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**Shivaji College**  
(Accredited with NAAC with grade "A")  
University of Delhi

**Department of English**

**LITOPIA 2021**  
organises  
**A WEBINAR**  
(Under the Aegis of IQAC)  
on

**Cilappatikaram and the South Indian Epic Form**

**SPEAKER**  
**PROF. H.S. SHIVAPRAKASH**  
POET, DRAMATIST AND AN ACADEMIC

**DATE- 9 FEBRUARY, - 11 A.M. ONWARDS**  
**PLATFORM- MS TEAMS**

PLEASE REGISTER FOR THE EVENT BY 7TH FEBRUARY VIA THIS LINK  
[https://docs.google.com/forms/d/e/1FAIPQLSDCN3PQA0EUM-20Q-LPBVNPKLGDHGX6HN-ESF3WZ16S5955QQ/VIEWFORM?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIPQLSDCN3PQA0EUM-20Q-LPBVNPKLGDHGX6HN-ESF3WZ16S5955QQ/VIEWFORM?usp=sf_link)

**Patron**  
Dr. Shiv Kumar Sehdev  
Principal

**Teacher-in-charge**  
Ms. Preeti Desodiyia

**Organising Committee**  
Department of English

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of English**

**INTERNATIONAL WEBINAR**

Under the aegis of IQAC  
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**Speakers**

**Dr. Shiv Kumar Sehdev**  
Principal

**Dr. Shiv Kumar Sehdev**  
Principal

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of English**

**INTERNATIONAL WEBINAR**

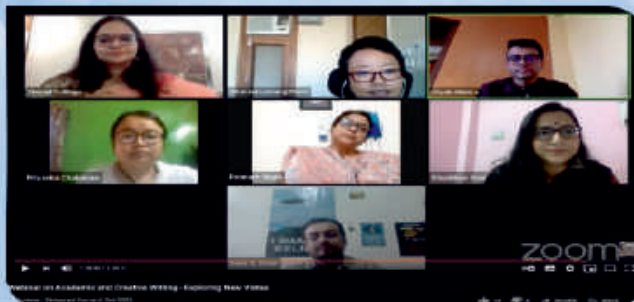
Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**English**  
Hindi

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia



# Department of Hindi

**शिवजी कॉलेज**  
(Accredited with NAAC Grade 'A')

**Department of Hindi**

**INTERNATIONAL WEBINAR**

Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**Hindi**

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia

**Speakers**

**Dr. Shiv Kumar Sehdev**  
Principal

**Dr. Shiv Kumar Sehdev**  
Principal

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of Hindi**

**INTERNATIONAL WEBINAR**

Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**Hindi**

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia

**शिवजी कॉलेज, दिल्ली विश्वविद्यालय**  
(Accredited with NAAC Grade 'A')

**Department of Hindi**

**INTERNATIONAL WEBINAR**

Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**Hindi**

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia

**Speakers**

**Dr. Shiv Kumar Sehdev**  
Principal

**Dr. Shiv Kumar Sehdev**  
Principal

**Shivaji College**  
(Accredited with NAAC Grade 'A')

**Department of Hindi**

**INTERNATIONAL WEBINAR**

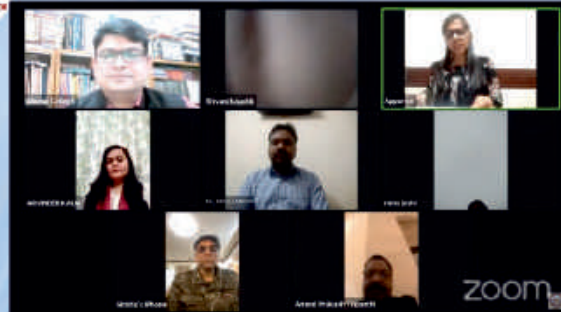
Under the aegis of IQAC  
15 October, 2020  
From 3:00 PM onwards

**Retained Credit and Research: Foundation the Fourth Shift Story**

**Hindi**

Patron: Dr. Shiv Kumar Sehdev, Principal

Teacher-in-charge: Ms. Preeti Desodiyia





# Department of Sanskrit

**शिवजी कॉलेज**  
दिल्ली विश्वविद्यालय  
NAAC 'A' ग्रेड संस्थान

विश्वविद्यालय  
सांस्कृतिक विभाग  
वर्तमान विभाग

द्वारा सांस्कृतिक विभाग के माध्यम से आयोजित वर्चुअल विभाग बैठक में आप सभी का स्वागत है।

Topic - "Concept of health and disease in Ayurveda"

आयोजन तिथि : 09.04.2021 (शुक्रवार)  
समय : सायं 3.00 बजे (3.00 p.m.)

मुख्य वक्ता : प्रो. मुरलीधर पालीवाल  
(विश्वविद्यालय, पालीवाल विभाग, दिल्ली विश्वविद्यालय, सांस्कृतिक विभाग, वर्तमान विभाग)

अध्यक्षता : प्रो. महेश प्रसाद सिलोडी  
(विश्वविद्यालय, पालीवाल विभाग, दिल्ली विश्वविद्यालय, सांस्कृतिक विभाग, वर्तमान विभाग)

संयोजक  
डॉ. राजनीश गौड़, मुख्यालय

विभाग-प्रमुख  
डॉ. मेघराज भीषा

सहपाठी  
डॉ. शिव कुमार साहदेव

Department of Sanskrit  
Shivaji College  
University of Delhi

Cordially Invites  
You to

**VIRTUAL ALUMNI MEET 2021**

DATE: 22 APRIL 2021 (THURSDAY)  
TIME: 10.00 AM TO 12.00 PM  
PROGRAMME PLATFORM - MICROSOFT TEAMS

For Registration: <https://forms.gle/eeuMMmy5518SaF4M8>

CONVENER  
DEPARTMENT OF SANSKRIT

PATRON  
DR. SHIV KUMAR SAHDEV

# Department of Political Science

**DEMOCRATS**  
DEPARTMENT OF POLITICAL SCIENCE  
Shivaji College  
University of Delhi

Constitution Day  
On 26th November, 2021 at 11:00 am  
We are lucky to have with us

Prof. Shyam Sunder Singh  
Department of Political Science  
University of Delhi

Constitutionalism, State and Democratic Transition in India

CONVENOR-Dr.S.S.Rana (T.I.C.)

PATRON : Dr. Shiv Kumar Sahdev (Principal)

**DEMOCRATS**  
DEPARTMENT OF POLITICAL SCIENCE  
Shivaji College  
University of Delhi

Republic Day  
On 26th January 2021 at 11:00 am  
The Department is Fortunate to have

Prof. Shyam Sunder Singh  
Department of Political Science  
University of Delhi

India's Federal Constitution : Issues and Challenges through Zoom  
using Meeting ID: 87636440137 / Password: 999251

CONVENOR-Dr.S.S.Rana

PATRON : Dr. Shiv Kumar Sahdev

# Department of History

**Shivaji College**  
(Accredited by NAAC with 'A' grade)

Department of History  
presents

**Virtual but Almost There Tours**  
(Under the aegis of IQAC)

Friday, 5th March, 2021  
2:00 PM

Dr. Amarjiva Lochan  
Department of History  
Shivaji College

Patna Museum, Ellora Temple Complex,  
Ancient Monuments of Egypt, Pompeii,  
Petra, Wadi Rum Desert-Jordan

Organising Committee  
Dr. Shama Mitra Chatterjee (Convener)  
Dr. Khurshid Khan, Dr. Amarjiva Lochan,  
Mr. Mahesh Kumar Singh, Ms. Nishtha Srivastava,  
Dr. Kundan Kumar, Mr. Sandeep Prasad,  
Mr. Sanjay Yadav, Dr. Sonali,  
Mr. Dinesh Kataria, Dr. Ajay Kumar Sharma  
Student Office Bearers  
Sania Akhtar, Priya Chaudhary, Ravi R. Vijay Kumar, Himanshu Yadav,  
Class Representatives, Cultural Councilors

Patron  
Dr. Shiv Kumar Sahdev  
Principal (Officiating)

**Shivaji College**  
(Accredited by NAAC with 'A' grade)

Department of History  
presents

**Webinar**  
(Under the aegis of IQAC)

Friday, 26th February 2021  
2:30 PM

In Memory of Professor D.N. Jha

Prof. Amar Farooqui  
Department of History  
University of Delhi

'Sources and the Historian: Some Early Writings on  
the Revolt, c.1857-1880s'

Organising Committee  
Dr. Khurshid Khan, Dr. Amarjiva Lochan,  
Mr. Mahesh Kumar Singh, Ms. Nishtha Srivastava,  
Dr. Kundan Kumar, Mr. Sandeep Prasad,  
Mr. Sanjay Yadav, Dr. Sonali,  
Mr. Dinesh Kataria, Dr. Ajay Kumar Sharma

Patron  
Dr. Shiv Kumar Sahdev  
Principal (Officiating)

**SHIVAJI COLLEGE**  
(Accredited by NAAC with 'A' Grade)  
University of Delhi

Department of History  
Presents

**WEBINAR**  
on

Heritage: A Source of Pride and Inspiration  
in Times of Crisis

DATE: OCTOBER 16, 2020

TIME: 13:00 HRS

Speaker: Lipika Sud  
Leading Interior Designer, President- The Guild of Designers and Artist

8-Certificates will be provided to the participants

Registration Link: [forms.gle/5bK1Qsermfw2zsv49](https://forms.gle/5bK1Qsermfw2zsv49)

Organizers:  
Dr. Khurshid Khan (Prog. Coordinator),  
Dr. Shama M. Chatterjee,  
Dr. Khurshid Khan,  
Dr. Nishtha Srivastava,  
Dr. Kundan Kumar,  
Dr. Sandeep Prasad,  
Dr. Sanjay Yadav,  
Dr. Sonali,  
Dr. Dinesh Kataria

Student organizers:  
Sania Akhtar,  
Priya Chaudhary,  
Ravi R. Vijay Kumar,  
Himanshu Yadav,  
Class Representatives,  
Cultural Councilors

Patron:  
Dr. Shiv Kumar Sahdev  
Principal (Officiating)

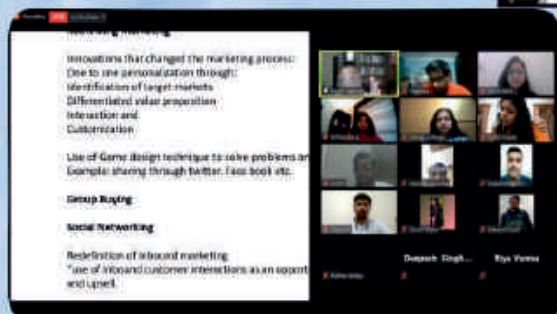
Convener:  
Dr. Amarjiva Lochan



# Department of Geography



# Department of BBE





# Department of Commerce

Department of Commerce  
SHIVAJI COLLEGE  
University of Delhi

**WEBINAR**  
(Under the aegis of IQAC)

ON

**CHANGING PARADIGM OF RESEARCH  
IN COVID ERA**

BY



**Dr. H.K. Dangl**  
Associate Professor  
Department of Commerce  
Delhi School of Economics  
University of Delhi

Date : 12th May, 2020 : Time : 11:00 A.M.

Registration Link :  
<https://forms.gle/XUAGL5YEAdmZP1996>

E-Certificates will be provided to participants.  
(Limited seats only)

Coventor: Dr. Rajendra Singh, Head, Department of Commerce  
Patron: Dr. Shri Kumar Sahdev, Principal

KAIZEN  
30th Anniversary Celebrations  
SHIVAJI COLLEGE  
UNIVERSITY OF DELHI

**SPEAKERS**



MS. VEENA KUMARI  
MANAGER, SBI



MR. MAHINDER  
SINGH, OBI



MR. AMIT KUMAR  
MANAGER, CBI, DELHI

**National Level Webinar**

ON

**INVESTOR AWARENESS AND  
THE ROLE OF REGULATORS**

CDSE | BSE

**Event Details**  
FRIDAY, FEB 5, 2021 | 12 NOON  
PLATFORM: CISCO WEBEX

NOTE: THIS SESSION WILL BE HELD IN HINDI LANGUAGE

Invest right to  
future bright

**Register Now!**

ORGANISED BY: DR. SHRI KUMAR SAHDEV, PRINCIPAL  
PATRON: DR. SHRI KUMAR SAHDEV, PRINCIPAL

SHIVAJI COLLEGE  
UNIVERSITY OF DELHI

DEPARTMENT OF COMMERCE  
(Under the aegis of IQAC)

**WEBINAR**

**'Strategies for India's Economic  
Growth in VUCA World'**

**SPEAKER**



**Prof. Alok Pandey**  
Director, IIM (Chennai)

DATE: SEPTEMBER 25, 2020 | TIME: 9:00 AM | PLATFORM: Cisco Webex

REGISTRATION LINK:  
<https://forms.gle/3WAP12bUdRqg2Y96>

E-certificates will be provided to all participants  
(limited seats only)

Coventor: Dr. Rajendra Singh, Head, Department of Commerce  
Patron: Dr. Shri Kumar Sahdev, Principal

SHIVAJI COLLEGE  
UNIVERSITY OF DELHI

Department of Commerce  
(Under the aegis of IQAC)

**WEBINAR**

**"Building Self Reliant India in  
Post COVID-19 Regime"**

**SPEAKER**



**Prof. Tejinder Sharma**  
Department of Commerce  
Banasthali University, Banasthali

DATE: 19th May 2020 | TIME: 02:00 PM

Registration link:  
<https://forms.gle/3WAP12bUdRqg2Y96>

E-certificates will be provided to all the participants  
(limited seats only)

Coventor: Dr. Rajendra Singh, Head, Department of Commerce  
Patron: Dr. Shri Kumar Sahdev, Principal

# Department of Economics


EPITOME  
The Economics Society Of  
SHIVAJI COLLEGE  
(Under the aegis of IQAC)

**WEBINAR**

ON

**UNION BUDGET 2021:  
MACROECONOMIC IMPACT  
AND EMPLOYMENT ISSUE**

BY



**PROF. SUNIL ASHRA**  
MANAGEMENT DEVELOPMENT INSTITUTE, GURGAON

DATE: 25th February, 2021 | TIME: 02:30 P.M.

PLATFORM: Zoom | REGISTER AT: <https://forms.gle/3WAP12bUdRqg2Y96>

E-Certificates will be given to all registered participants.

ORGANISED BY: Faculty & Students  
PATRON: Dr. Shri Kumar Sahdev, PRINCIPAL

EPITOME  
The Economics Society Of  
SHIVAJI COLLEGE  
(Under the aegis of IQAC)

**WEBINAR**

ON

**UNION BUDGET 2021:  
MACROECONOMIC IMPACT  
AND EMPLOYMENT ISSUE**

BY



**PROF. SUNIL ASHRA**  
MANAGEMENT DEVELOPMENT INSTITUTE, GURGAON

DATE: 25th February, 2021 | TIME: 02:30 P.M.

PLATFORM: Zoom | REGISTER AT: <https://forms.gle/3WAP12bUdRqg2Y96>

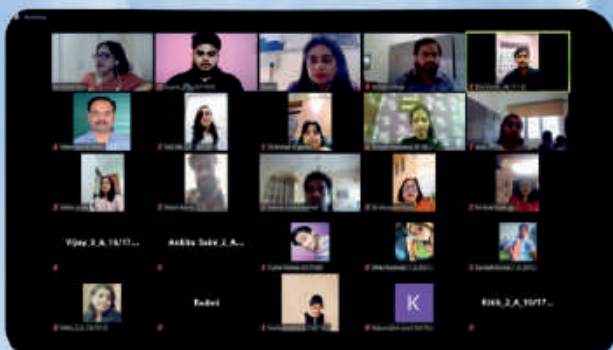
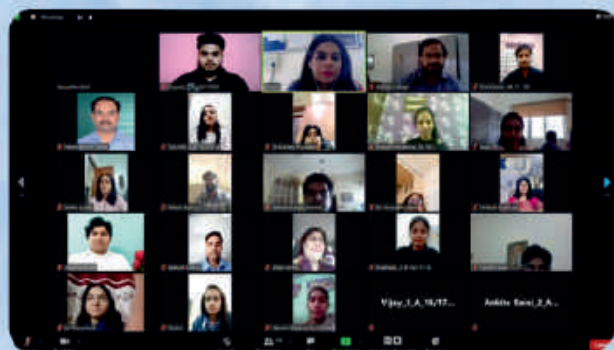
E-Certificates will be given to all registered participants.

ORGANISED BY: Faculty & Students  
PATRON: Dr. Shri Kumar Sahdev, PRINCIPAL





# Department of Mathematics



**TESSERACT**  
THE MATHEMATICS SOCIETY  
**SHIVAJI COLLEGE**  
NAAC accredited Grade 'A'  
*presents*

**∞INFINITY 2021∞**

**SPEAKER**

**Prof. Anuradha Devi**  
Dean, Roy H School of Applied & Pure Sciences, Assam  
Royal Global University

**TOPIC : MATHEMATICS IS EVERYWHERE**

Date : March 1, 2021 Time : 11:00 AM  
Platform : ZOOM

**ORGANISING COMMITTEE**  
Department of Mathematics  
Shivaji College

**FOR MORE DETAILS**  
@maths\_shivaji

**PATRON**  
Dr. Shiv Kumar Sahdev  
Principal

**TESSERACT**  
THE MATHEMATICS SOCIETY  
**SHIVAJI COLLEGE**  
NAAC accredited Grade 'A'  
*presents*

**PAPER PRESENTATION**

**UNDER INFINITY 2021**

Date : March 1, 2021 Time : 12:00 Noon  
Platform : ZOOM

**For Registrations**

**Registration Link -**  
Lly/Evrb

**ORGANISING COMMITTEE**  
Department of Mathematics  
Shivaji College

**CONTACT**  
Prathasti : 7520862275  
Suryesh : 9630099025

**PATRON**  
Dr. Shiv Kumar Sahdev  
Principal

# Department of Computer Science

**WEBSTERS**  
THE COMPUTER SCIENCE SOCIETY

**SHIVAJI COLLEGE**  
ACCREDITED BY NAAC WITH GRADE 'A'  
UNIVERSITY OF DELHI

**PRESENTS**

**Quizophila**  
ENJOYING KNOWLEDGE AT THE SPEED OF LIGHT

**Picturesque**  
PICTURE BEATS A THOUSAND WORDS

**TECHHELONS'21**

**Data Divination**  
DO THE DATA AND LET IT TALK

**Code Hunter**  
HUNT FOR A BANG-BOOM  
CONQUER POWER TO AHEAD

**Googler**  
HUNT FOR THE BEST OF THE BEST TO BE THE CHAMPION OF SILICON ENGINEER

**Prizes Worth:-** Rs. 16,000

**Dates:-** 2nd and 3rd March

**CONVENER:** DR. PREETI SHARMA  
DEPT. OF COMP. SC.

**CONTACTS:** SAHIL PANDIT - 9958040295  
SAHIL CHAKRABORTY - 9958040295

**Media Partners:**

**Patron:** DR. SHIV KUMAR SAHDEV  
PRINCIPAL

**Links:-** @websters\_shivaji



# Department of Biochemistry

**Shivaji College**  
NAAC Accredited Grade 'A'  
University of Delhi

**Department of Biochemistry**  
(Under the aegis of UGC's Sponsored Study Scheme)

**"The Malleable Brain"**

Date: October 18, 2020  
Time: 6:00 PM

Last date of registration:  
October 9, 2020

Link for the registration form:  
<https://bit.ly/3gkbfv0>

Dr. Siddhik B. Shrivastava  
Neurobiologist and Sleep specialist  
Center for Sleep and Wakefulness  
Columbia University, New York, USA

How to be better students??

Can you make connections between sciences?

Dr. Ravinder Malik  
Coordinator, UGC Sponsored Study Scheme

Dr. Manoj Kumar  
Coordinator

Dr. Anshu Chandra  
Co-ordinator

Dr. Sanjiv Kumar  
Chairman, UGC Sponsored Study Scheme



**Shivaji College**  
NAAC Accredited Grade 'A'  
University of Delhi

**Department of Biochemistry**  
(Under the aegis of UGC's Sponsored Study Scheme)

**Online workshop**

***Drosophila melanogaster***  
A beginner's guide to culturing and maintenance

Resonance Person

Date: November 12, 2020  
Time: 11:00 AM

Last date of registration:  
November 05, 2020

Link for the registration form:  
<https://bit.ly/3Cw0H0K>

Dr. Jayna Thakur  
Assistant Professor  
Department of Biochemistry  
University of Delhi

Dr. Ravinder Malik  
Coordinator, UGC Sponsored Study Scheme

Dr. Manoj Kumar  
Coordinator

Dr. Anshu Chandra  
Co-ordinator

Dr. Sanjiv Kumar  
Chairman, UGC Sponsored Study Scheme

# Department of Botany

**DEPARTMENT OF BOTANY**  
**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A'  
UNIVERSITY OF DELHI

under the aegis of  
DBT Star College Scheme

**"Tools and Techniques in Plant Sciences:  
Morphology to Metabolome"**

**Online Summer Training Internship**  
(July 6 - July 31, 2020)  
(For Undergraduate/Postgraduate Students)

For registration:  
Scan the QR code

Link:  
<https://forms.gle/2W0FwX7PgcLbA8H8>

Last date to register:  
June 19, 2020 by 23:59 hours

Virtual training will be held on:  
Google Meet/Zoom

Coordinator:  
Dr. Ravinder Malik  
DBT Star College Scheme

Department Secretary:  
Dr. Anandhika Mishra

Program Coordinator:  
Dr. Pratima Kanti Sanyal

Patron:  
Dr. Shikha Karmar Kalekar  
DBT Star College Scheme

**Fragrance**

**DEPARTMENT OF BOTANY**  
NAAC ACCREDITED GRADE 'A'  
UNIVERSITY OF DELHI

**Presents**

**JUNIPER 2020**  
THE ANNUAL BOTANICAL FEST  
APRIL 24, 2020

**ONLINE BOTANICAL  
MEME/CARICATURE  
MAKING COMPETITION**

DATE: April 23-24, 2020  
TIME: 1 Day

LINK & QR CODE FOR REGISTRATION:  
<https://forms.gle/sUpK0eEDAMRGLv7>

STUDENT COORDINATORS: Naveen - +91 98262 80289, Gauravjish - +91 9898 76892, Madhu - +91 98255 89233, Sakshi - +91 93876 83227

CONVENER:  
DR. KIRAN KUMAR  
EX. DEPARTMENT OF BOTANY

PATRON:  
DR. SHIV KUMAR SARDHEV  
ACTING DEPARTMENT

FOR MORE INFORMATION CONTACT:  
+91 9898 76892 (Naveen) / +91 98262 80289 (Gauravjish) / +91 98255 89233 (Madhu) / +91 93876 83227 (Sakshi)

Instagram: @fragrance\_juniper2020

**Fragrance**

**DEPARTMENT OF BOTANY**  
NAAC ACCREDITED GRADE 'A'  
UNIVERSITY OF DELHI

**Presents**

**JUNIPER 2020**  
THE ANNUAL BOTANICAL FEST  
APRIL 24, 2020

**ONLINE  
BOTANICAL CROSSWORD**

DATE: April 24, 2020  
TIME: 12:00 - 12:30 pm (30 Minutes)

LINK & QR CODE FOR REGISTRATION:  
<https://forms.gle/sUpK0eEDAMRGLv7>

STUDENT COORDINATORS: Naveen - +91 98262 80289, Gauravjish - +91 9898 76892, Madhu - +91 98255 89233, Sakshi - +91 93876 83227

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Instagram: @fragrance\_juniper2020



# Department of Physics

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF PHYSICS**  
(Under the aegis of IQAC)

*co-hosts*  
**INTERNATIONAL WEBINAR**  
on

**"Era of Optical Atomic Clock"**

**SPEAKERS**

Dr. David Jeffrey, University of Cambridge, UK  
Dr. David Jeffrey is a Professor of Physics at the Cavendish Laboratory, University of Cambridge, UK. He is a member of the Royal Society and the European Academy of Science and Engineering. He is also a member of the International Union of Pure and Applied Physics (IUPAP) and the International Union of Pure and Applied Chemistry (IUPAC). He is a past President of the Indian Physical Society and the Indian Association of Physics Teachers (IAPT). He is also a past President of the Indian Academy of Sciences and the Indian Academy of Engineering.

**DATE: 04/12/2020 TIME: 09:30 (IST)**  
**Platform: YouTube**

**President:** Mohit Kumar (Physics Society)  
**Conveners:** Ms. Bharti (Teacher in Charge)  
**Patron:** Dr. Shiv Kumar Sahdev (Principal)

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF PHYSICS**  
PRESENTS

**INVENIO 2K20**

A WEBINAR ON  
**MECHANICAL PROPERTIES OF THIN FILMS**

*By Dr. Alireza Farhadizadeh*  
Academic Researcher at New Technologies Research Centre of the University of West Bohemia

**VENUE: ZOOM**  
**APRIL 23, 2020**  
**2:30 PM ONWARDS**

**TEACHER IN-CHARGE:** Dr. S. K. Yadav  
**CONVENOR:** Ms. Bharti  
**PATRON:** Dr. Shiv Kumar Sahdev

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF PHYSICS**  
(Under the aegis of IQAC)

*Presents*  
**INTERNATIONAL WEBINAR**  
on

**"Recent Trends in Material Science"**

**SPEAKERS**

Dr. Seungbum Hong, KAIST, South Korea  
Dr. Sian E. Dutton, University of Cambridge, UK

**DATE: 9/10/2020 TIME: 12PM**  
**PLATFORM: GOOGLE MEET**

**REGISTRATION LINK:**  
<https://forms.gle/BRE12Vd8C4ZEPBA>

*Dr. Sahdev will be provided to all participants*

**President:** Mohit Kumar (Physics Society)  
**Conveners:** Ms. Bharti (Teacher in Charge)  
**Patron:** Dr. Shiv Kumar Sahdev (Principal)

# Department of Zoology

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF ZOOLOGY**  
(UNDER THE AEGIS OF DIST. STAR COLLEGE SCHEME)

Welcomes you to a webinar on

**"Plastics & Endocrine Disruption: A 21st Century Update"**

**DATE: 24th September 2020**  
**TIME: 5:00 p.m.-6:00 p.m.**  
**Platform: Google Meet**

**Dr. (Prof.) Deep Dutta**  
D.M. Endocrinology  
FRCP, FRCR

**Conveners:** Dr. Deepika Yadav (Co-Convenor), Dr. Darshan Malik (Co-Convenor)  
**Patron:** Dr. Shiv Kumar Sahdev (Principal)

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF ZOOLOGY**  
(UNDER THE AEGIS OF IQAC)

ORGANIZES A WEBINAR

**COMBATING THE MILLENNIUM PANDEMIC: DIAGNOSTICS AND INFECTION PREVENTION**

**DATE: 18th September 2020**  
**TIME: 5:30 p.m.-6:30 p.m.**  
**Platform: Google Meet**

**Dr. Deepika Yadav**  
(Teacher in Charge)  
Department of Zoology

**Dr. Darshan Malik**  
Head Microbiology (Dist. Medical)  
Dr. Darshan Malik (LAP)  
Member Examination Committee UPM

**Patron:** Dr. Shiv Kumar Sahdev (Principal)

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A' (UNIVERSITY OF DELHI)

**DEPARTMENT OF ZOOLOGY**  
(UNDER THE AEGIS OF IQAC)

Organizes

**Online Guidance Program Regarding Entrance Examinations For Higher Studies & Scholarships in Biological Sciences**  
(16th June, 2020)  
(For Undergraduate Students)

**Time: 3:00 pm - 5:00 pm**

**Dr. Deepika Yadav**  
(Teacher in Charge)

**Patron:** Dr. Shiv Kumar Sahdev (Principal) (Acting)



# Department of Chemistry



**SHIVAJI COLLEGE**  
NAAC ACCREDITED 'A' GRADE  
UNIVERSITY OF DELHI

**DEPARTMENT OF CHEMISTRY**  
Organizes a Webinar on

**Environmental Challenges in Front of Society  
In Current Scenario and Future Strategies**

Last Date for Registration : 8<sup>th</sup> October  
2020, 5:00 PM  
Date: 08<sup>th</sup> October 2020, Time: 4:00 PM  
Webinar Platform: Zoom  
Link: <https://zoom.us/j/947018702368>

No Registration Fee  
For Any Query, Please Contact:  
[chemistry@shivajiuniversitydelhi.ac.in](mailto:chemistry@shivajiuniversitydelhi.ac.in)  
E-certificates will be provided to  
all participants.

**Dr. Sandeep Kumar Lal**  
Principal Scientist  
(Indian Agricultural Research Institute)

**Dr. Rajat Kumbha**  
Teacher In-Charge

**Dr. Neena Khanna**  
Convener

**Dr. Priyanka Kumar**  
Co-Convener

**Dr. Shiv Kumar Sahdev**  
Principal

Live on YouTube & Zoom

**SHIVAJI COLLEGE**  
NAAC ACCREDITED GRADE 'A'  
UNIVERSITY OF DELHI

**DEPARTMENT OF CHEMISTRY**  
Organizes a Webinar on

**Alzheimer's Disease -  
Facts, Challenges & Opportunities**

17<sup>th</sup> OCTOBER 2020, 4:00 P.M. onwards  
FREE REGISTRATION LINK  
<https://zoom.us/j/947018702368>  
LAST DATE TO APPLY  
18<sup>th</sup> OCTOBER 2020 BY 5:00 P.M.  
E - CERTIFICATES FOR FULL TIME PARTICIPANTS

Speaker: **Dr. Ram Singh**  
Associate Professor  
(Datta Technological University)

In-charge:  
**Dr. Rajat Kumbha**

Convener:  
**Dr. Bhaskar M. Kumbhal**

Co-Convener:  
**Dr. Pooja Naleja**

Patron (Principal):  
**Dr. Shiv Kumar Sahdev**





हिन्दी



# छात्र संपादकीय

शिवाजी महाविद्यालय दिल्ली विश्वविद्यालय के महत्वपूर्ण महाविद्यालयों में से एक बहुचर्चित महाविद्यालय है। उसकी एक अलग प्रतिष्ठा और पहचान है। इस अलग प्रतिष्ठा और पहचान का कहीं ना कहीं एक हिस्सा यहां की वार्षिक पत्रिका 'शिवराज' भी है जो बड़े हर्ष उल्लास के साथ विगत कई वर्षों से आपके समक्ष प्रस्तुत होती रही है। इसी श्रृंखला में इस वर्ष (2021 - 22) भी बड़े हर्षोल्लास के साथ आपके समक्ष प्रस्तुत है। पत्रिका में महाविद्यालय के कार्यकलापों, छात्र-छात्राओं एवं शिक्षकों की प्रतिभाओं, उनके बौद्धिक स्तर एवं आदर्शों के प्रतिबिंब झलकते हैं। पत्रिका ना सिर्फ छात्र-छात्राओं के लिए उपयोगी एवं ज्ञानवर्धक जानकारी उपलब्ध कराती है, अपितु विद्यार्थी समुदाय के मार्गदर्शन एवं मनोबल की वृद्धि में भी सहायक है हमें आशा ही नहीं पूर्ण विश्वास है कि पत्रिका महाविद्यालय की गतिविधियों के साथ-साथ उपयोगी साहित्य से भी अवगत कराएगी। पत्रिका में विद्यार्थी की भावनाओं, संवेदनाओं के लेखों को कविता, कहानी, निबंध, एकांकी व अन्य विधाओं में हिंदी, अंग्रेजी एवं संस्कृत भाषा में प्रस्तुत किया गया है अंत में महाविद्यालय के प्राचार्य सहित शिक्षकों को समस्त संपादकों एवं कला संपादकों को धन्यवाद करते हैं जिनका स्नेह सानिध्य एवं मार्गदर्शन हमें प्राप्त होता रहा है। संपादक मंडल एवं विद्यार्थियों की कर्तव्यनिष्ठा, समर्पण और निरंतर प्रयास द्वारा पत्रिका का प्रत्येक अंक प्रतिवर्ष रुचिकर होता जा रहा है। आने वाले अंकों में भी उत्कृष्टता प्राप्त करने के लिए हम कृतसंकल्प हैं।

धन्यवाद!



शुभम सिंह

कला स्नातक हिंदी विशेष तृतीय वर्ष



# अनुक्रम

क्र.सं.	विषय	लेखक	कक्षा
1	नाम है इसका कोरोना	राजेश कुमार अग्रहरि	हिन्दी विशेष, प्रथम वर्ष
2	ज्ञान ही प्रकाश है	ऋग्वेद पांडेय	हिन्दी विशेष, तृतीय वर्ष
3	यज्ञोपवीत(जनेऊ)	आशुतोष सिंह	हिन्दी विशेष, द्वितीय वर्ष
4	बचपन बचाने से बचेगा समाज	आकाश ठाकुर	हिन्दी विशेष, तृतीय वर्ष
5	प्रकृति पर प्रहार	अमृता	हिन्दी विशेष, द्वितीय वर्ष
6	किताब	आकांक्षा	हिन्दी विशेष, द्वितीय वर्ष
7	ऑफलाइन से ऑनलाइन तक का मेरा सफर	काजल	हिन्दी विशेष, द्वितीय वर्ष
8	किसान की स्थिति	अभिनव सिंह	पराम्नातक हिंदी साहित्य
9	महात्मा गौतम बुद्ध : एक दृष्टि	अभिनव सिंह	पराम्नातक हिंदी साहित्य
10	कहर कोरोना का	अभिनव सिंह	पराम्नातक हिंदी साहित्य
11	आर्टिकल - कोरोना का दौर	मेधा शर्मा	बी.ए. प्रोग्राम द्वितीय वर्ष
12	कोरोना काल	आकांक्ष	हिन्दी विशेष, द्वितीय वर्ष
13	करवटें ज़िंदगी की	मोहिनी	हिन्दी विशेष, तृतीय वर्ष
14	नारी	नेहा	हिन्दी विशेष, द्वितीय वर्ष
15	कोरोना वायरस कोविड – 19	आदित्य शरण	संस्कृत विशेष
16	लॉक डाउन का प्रभाव	सौरव	हिन्दी विशेष, प्रथम वर्ष
17	मेरा गांव बदल गया	आशुतोष सिंह	हिंदी विभाग
18	शिवाजी महाविद्यालय का प्राकृतिक सौंदर्य	शुभम सिंह	हिन्दी विशेष, तृतीय वर्ष
19	सर्वव्यापी महामारी और जीवन	सावेज अनवर	हिन्दी विशेष, प्रथम वर्ष



## नाम है इसका कोरोना

काम नहीं चलेगा ऐसे, हाथ पड़ेगा धोना,  
खाला का घर नहीं है नाम है इसका कोरोना

कोई सगा नहीं है इसका, हो बिरला या अंबानी,  
नहीं है यह रुकने वाला, अब आई है इसकी जवानी।  
हंसते हंसते चेहरों को भी सिखलाया है रोना,  
खाला का घर नहीं है, नाम है इसका कोरोना ।

बंटी हो या पिकी,  
अब नहीं चलेगी नौटंकी गौर करो  
उड़ने वालों घर पर ही है सोना,  
खाला का घर नहीं है, नाम है इसका कोरोना ।

राजेश कुमार अग्रहरि  
हिंदी विशेष प्रथम वर्ष

## ज्ञान ही प्रकाश है

ज्ञान ही प्रकाश है  
ज्ञान ही विश्वास है  
अज्ञानता के अंधकार को दूर करने वाला भी ज्ञान है

संघर्ष के मैदान में ना किसी को आराम है,  
कर्म का ही सब खेल है  
मोह माया एक जेल है  
जिंदगी के रहस्य में उलझना बेकार है  
संघर्ष के मैदान में ना किसी को आराम है,  
तू खुद में एक प्रमाण है  
ईश्वर का सबसे बड़ा आविष्कार है बस इंसानियत तू सीख ले  
हर गलत शख्स को बोलने का तुझे अधिकार है।

संघर्ष के मैदान में ना किसी को आराम है,  
सुबह से ही सांझ है  
बादल ही बरसात है  
सूरज के वजह से ही यहां विद्यमान हर किसी का चांद है

संघर्ष के मैदान में ना किसी को आराम है,  
रुकने वाला ही बदनाम है  
चलते रहने वाले का ही आज नाम है  
पर जहन में अब भी एक सवाल है क्या जिंदगी इसी संघर्ष  
का नाम है..?  
संघर्ष के मैदान में ना किसी को आराम है  
है.....

ऋग्वेद पांडेय ,  
हिंदी विशेष तृतीय वर्ष



# यज्ञोपवीत(जनेऊ)

"भए कुमार जबहिं सब भ्राता, दीन्ह जनेऊ गुरु पितृ माता "

## • जनेऊ क्या है?

आपने देखा होगा कि बहुत से लोग बाएँ कंधे से दाएँ बाजू की ओर एक कच्चा धागा लपेटे रहते हैं। इस धागे को जनेऊ कहते हैं। जनेऊ को संस्कृत में "यज्ञोपवीत " कहा जाता है। जनेऊ तीन धागों वाला एक सूत्र होता है। यह पवित्र धागा सूत से बना होता है। जिसे व्यक्ति कंधे के ऊपर तथा दाईं भुजा के नीचे पहनता है। यानी इसे गले में डाला जाता है जिससे कि वह बाएँ कंधे के ऊपर रहे।

## • तीन सूत्र क्यों?

यह तीन सूत्र देव ऋण ,पितृ ऋण और ऋषि ऋण के प्रतीक होते हैं और यह सब, रज और तम का प्रतीक है। यह गायत्री मंत्र के तीन चरणों का प्रतीक है। यह तीन आश्रमों का प्रतीक है। सन्यास आश्रम में यज्ञोपवीत को उतार दिया जाता है।

## • नौ तार :-

यज्ञोपवीत के एक-एक तार में तीन-तीन तार होते हैं। इस तरह कुल तारों की संख्या नौ होती है। एक मुख, दो नासिका, दो आँख, दो कान, दो मल और दो मूत्र के मिलाकर कुल नौ होती है।

## • पाँच गाँठ:-

यज्ञोपवीत में पाँच गाँठ लगाई जाती है। जो ब्रह्म, धर्म, अर्थ ,काम और मोक्ष का प्रतीक है। यह पाँच यज्ञों, पाँच ज्ञानेन्द्रियों व पाँच कर्मों का भी प्रतीक है। वैदिक धर्म में प्रत्येक आर्य का कर्तव्य है, कि वह जनेऊ पहने और उसके नियमों का पालन करें। प्रत्येक आर्य जनेऊ पहन सकता है, बशर्ते कि वह उसके नियमों का पालन करें। जनेऊ की लम्बाई 96 अंगुल होती है। इसका अभिप्राय यह है कि जनेऊ करने वाले को 64 कलाओं और विद्याओं को सीखने का प्रयास करना चाहिए। चार वेद ,चार उपवेद, छह : अंग, छह: दर्शन, तीन सूत्रग्रंथ, नौ अरण्यक मिलाकर कुल 32 विद्याएँ होती हैं। 64 कलाओं में जैसे वस्तु निर्माण ,व्यंजन कला, चित्रकारी, साहित्य कला, दस्तकारी भाषा, यंत्र निर्माण, सिलाई, कढ़ाई, बुनाई, आभूषण निर्माण व कृषि ज्ञान आदि।

## • जनेऊ के नियम :-

यज्ञोपवीत को मल- मूत्र विसर्जन के पूर्व दाहिने कान पर चढ़ा लेना चाहिए और हाथ स्वच्छ करके ही उतारना चाहिए। इसका स्थूल भाव यह है कि यज्ञोपवीत कमर से ऊँचा और अपवित्र न हो। अपने व्रतशीलता के संकल्प का ध्यान इसी वहाने बार-बार किया जाए। यज्ञोपवीत का कोई तार टूट जाए या 6 माह से अधिक समय हो जाए तो उसे बदल देना चाहिए। खंडित यज्ञोपवीत शरीर पर नहीं रखते हैं, धागे कच्चे और गंदे होने लगे तो पहले ही बदल देना उचित है। यज्ञोपवीत शरीर से बाहर नहीं निकाला जाता है, साफ करने के लिए उसे कण्ड में पहने रखकर ही, उसे घुमाकर धोना चाहिए। भूल से उतर जाए तो पश्चाताप करें। यज्ञोपवीत की मर्यादा बनाए रखें, उसमें चाबी के गुच्छे, पैसे की पोटली आदि न बांधें। इन कार्यों के लिए भिन्न व्यवस्था करें।

## • जनेऊ पहनने के गुण:-

कान में जनेऊ लपेटने से मनुष्य में सूर्य नाडी का जागरण होता है। बालक जब इन नियमों के पालन करने योग्य हो जाए, तभी बालक का यज्ञोपवीत करना चाहिए। वैज्ञानिकों के अनुसार बार- बार बुरे स्वप्न आने की स्थिति में जनेऊ धारण करने से इस समस्या से मुक्ति मिल जाती है। चिकित्सा विज्ञान के अनुसार दाएँ कान की नस अंडकोष और गुल्मन्द्रियों से जुड़ी होती है। मूत्र विसर्जन के समय दाएँ कान पर जनेऊ लपेटने से शुक्रानुओं की रक्षा होती है। कान पर जनेऊ लपेटने से पेट संबंधी रोग एवं रक्तचाप की समस्या से भी बचाव होता है। माना जाता है कि शरीर के पृष्ठभाग में पीठ पर जाने वाली एक प्राकृतिक रेखा है, जो स्थित प्रवाह नियंत्रित रखता है। यज्ञोपवीत से काम,क्रोध पर नियंत्रण रखने में आसानी होती है। जनेऊ से पवित्रता का अहसास होता है यह मन को बुरे ख्यालों व कार्यों से बचाती है। कंधे पर जनेऊ है इसका मात्र अहसास होने से ही मनुष्य भ्रष्टाचार से दूर होने लगता है।

आशुतोष सिंह

हिन्दी विशेष द्वितीय वर्ष



## बचपन बचाने से बचेगा समाज

बच्चे किसी भी समाज का भविष्य होते हैं। भारत वर्ष में भी बच्चों की स्थिति किसी से छिपी नहीं है। हमारे देश का दुर्भाग्य यही है कि यहां बचपन बचाने की चिंता मात्र खोखले आदर्शवाद के दायरे में ही सिमट कर रह गई है। यह विडंबना ही है कि आज बच्चों के बचपन पर छाई धुंध और गहराती जा रही है। आज एक ओर विभिन्न चैनलों द्वारा टीवी पर परोसी जा रही अश्लीलता से बच्चों का बचपन निसर्गदैन असुरक्षित होता जा रहा है तो वहीं दूसरी ओर हिंसापूर्ण फिल्मों बाल भावनाओं को विकृत कर रही हैं। कच्ची उम्र में निम्न-विविध वाले खेल खेलना इत्यादि। आज बचपन से संबंधित अनेक प्रश्नों पर गंभीरता के साथ विचार की जरूरत है। आज बच्चों का एक वर्ग पहले की अपेक्षा अधिक जागरूक है, लेकिन खोखले संस्कार से परिपूर्ण बच्चों के इस वर्ग को कोई नैतिक दिशा नहीं मिल पा रही। इनके इस स्थिति के लिए कुछ हद तक वर्तमान पारिवारिक ढांचा जिम्मेदार है। आज तेजी के साथ संयुक्त परिवार टूटते जा रहे हैं और एकल परिवारों का जन्म हो रहा। पहले संयुक्त परिवार में दादा-दादी बच्चों को अनेक पौराणिक एवं शिक्षाप्रद कहानियां सुनाया करते थे जिससे बच्चों के सामने कुछ आदर्श रहते थे। ऐसे में बच्चों में संस्कार का पनपना स्वाभाविक था लेकिन आज स्थिति पूर्णरूप से बदल चुकी है ऐसे में बच्चों को टीवी ही अपना साथी दिखाई देता है। अनेक माता पिता स्वयं सोशल मीडिया में भौतिक मनोरंजन के लिए अनेक तरह की वीडियो इमेज से बच्चों को कठपुतली बनाकर नचा रहे हैं जिससे स्वाभाविक है कि बच्चों पर इसका प्रभाव पड़ेगा ही। मातापिता गैरजिम्मेदार रवैया अपना रहे हैं। अश्लीलता का नंगा नाच बच्चों को उम्र से पहले ही जवान बना देता है। फलस्वरूप परियों की कहानियां सुनने के बजाय छिप-छिपकर अश्लीलता की ओर झुकावों पर रुचि लगाते हैं। विचारणीय प्रश्न यह है कि क्या आज हम गंभीरता के साथ बच्चों को एक स्वच्छ और सुदृढ़ साँचे में डालने की कोशिश कर रहे हैं? आज बच्चे एक ऐसे वातावरण में जी रहे हैं जिसमें चारों ओर राग-द्वेष, छल और कपट का बोलबाला है। यह दुर्भाग्यपूर्ण है कि आज हम एक ओर बचपन बचाने की चिंता जता रहे हैं तो दूसरे ओर बच्चे के लिए कोई आदर्श भी प्रस्तुत नहीं कर पा रहे हैं। ऐसे में बच्चों से नैतिकता के मार्ग पर चलने की आशा रखना खोखला आदर्शवाद नहीं तो और क्या है? आज बच्चे अच्छे साहित्य से वंचित हैं, क्योंकि बच्चों को साहित्य से जोड़ने की कोशिश ही नहीं जा रही है। इतिहास साक्षी है कि बाल कविताओं एवं कहानियों ने बच्चों को एक नई दिशा दी है। आजादी से पहले बड़े साहित्यकारों ने बच्चों के लिए लिखा। देशभक्ति एवं राष्ट्रप्रेम की रचनाओं ने उस पीढ़ी को सच्चे अर्थों में देशभक्त बनाया। इसके विपरीत दिशाहीनता के इस माहौल में आज बच्चे किंकर्तव्यविमूढ़ हैं कि वे किसे अपना आदर्श मानें? हालांकि बचपन पर इन विसंगतियों का तात्कालिक प्रभाव हमें नहीं देता है। इसमें कोई शक नहीं है कि भारतीय संस्कृति ही बच्चों को सच्चे अर्थों में प्रेम और त्याग की सिख दे सकती है। दुर्भाग्यपूर्ण यह है कि देश में बच्चों का यौनशोषण हो रहा है लेकिन बच्चों के नाम पर अपनी रोजीरोटी चलाने वाले लोग सिर्फ भाषण बाजी कर रहे हैं। अब समय आ गया है कि सरकार देश के सभी पालिका गृहों की गंभीरता से जांच कराए। यदि आज बच्चों के बचपन को सही दिशा नहीं मिल पाई तो आने वाले कल के भारत को सही दिशा कैसे मिल पाएगी? आज हमें परंपरा के बंधनों से मुक्त होकर सच्चे अर्थों में बच्चों की उन्मुक्त हँसी, उनके उत्साह, उमंग और सपनों को बचाने के लिए प्रयास करना होगा। हमें कोशिश करनी होगी कि बचपन से जुड़ी हुई सुखद अनुभूतियां ता-उम्र जिन्दा रह सकें।

आकाश ठाकुर

हिन्दी विशेष, तृतीय वर्ष



## प्रकृति पर प्रहार

प्रकृति पर तकनीक ने क्या प्रहार किया ।  
मशीनें वच गई और पेड़-पौधों को पृथ्वी से दिया उखाड़  
अपनी अभिलाषाओं की पूर्ति के लिए  
मनुष्य तूने ऐसा काम किया ।  
प्रकृति को नुकसान पहुँचाकर जग में अपना नाम किया  
मनुष्य तूने प्रकृति पर प्रहार कर वन्यजीवों को संकट में  
डाल दिया ।  
प्रकृति ने तेरा पालन पोषण कर तुझे सींचा और तूने  
उस सींचने वाले पेड़ को ही जड़ से उखाड़ दिया  
ना तुझसे कुछ माँगा, ना तेरा कुछ लिया ।  
किया बस यह गुनाह  
तुझे अपना समझकर  
अपना सब कुछ दिया ।  
मेरे सब कुछ देने का तूने अच्छा परिणाम दिया ।  
तूने मेरा जीवन बचाने की जगह  
मेरा जीवन संकट में डाल दिया ।  
मनुष्य तूने क्यों प्रकृति को मार दिया ।  
तकनीक की होड़ में आगे बढ़ने के लिए  
पृथ्वी को संकट में डाल दिया और  
तकनीक में आगे बढ़ प्रकृति का संतुलन बिगाड़ दिया ।  
मनुष्य तूने प्रकृति को क्यों मार दिया।

अमृता

हिंदी विशेष द्वितीय वर्ष

## किताब

खुले पन्नों की जिंदगी एक किताब है  
फिर भी दफन इसमें हजार राज है  
हल होंगी सारी परेशानियां  
मगर रास्ता हर एक का हमराज है  
सामने मिलेंगे कई दरवाजे हर मोड़ पर  
चाबी हर एक की तेरे ही पास है  
तेरे हर सवाल का जवाब तेरे ही पास है  
बनाने मिटाने की कला सीख ले  
इसकी जरूरत तेरे ही साथ है  
कोशिश रहे सिर्फ बनाने की  
मगर मिटा दो उसे जो बर्बादी के साथ है  
जिंदगी के खेल से डरना नहीं  
जमाने का हाल इससे भी बेकार है  
मोहबत के पर्दे के पीछे नफरत का कारोबार है  
मेलजोल बढ़ाओ सबसे  
मगर अपना समझने की गलती मत करना  
परायो की ईमानदारी रह गई  
अपनों का धोखा देने का काम है  
मोहबत नफरत हश्क उल्फत गलत सही  
ईमान बेवफाई बेईमानी धोखेबाजी  
इन सवालों का जिंदगी एक जाल है  
ज्यादा उलझना मत इनसे आगे बढ़ते जाना  
क्योंकि जीना इसी का नाम है।

आकांक्षा

हिंदी विशेष द्वितीय वर्ष



## ऑफलाइन से ऑनलाइन तक का मेरा सफर

जिंदगी का एक नया अध्याय शुरू हुआ या यूँ कहें कि एक नया जीवन ही आरंभ हुआ; जब मैंने दिल्ली विश्वविद्यालय के शिवाजी महाविद्यालय में हिंदी विभाग में दाखिला लिया। मेरे लिए एक बिल्कुल अलग अनुभव रहा, जो फिल्मी और ख्यालों में बनाई धारणा से भिन्न था। असल में ये मेरे लिए केवल स्कूल से कॉलेज तक का सफर नहीं था बल्कि विद्यालय से महाविद्यालय और विश्वविद्यालय तक का सफर ही नहीं अनुभव भी था। अब जब विद्यालय के साथ 'महा और विश्व' जैसे उपसर्ग जुड़ गए हैं तो जाहिर है कि जिम्मेदारी, परिश्रम और समझदारी भी बढ़ेंगी। मैं जिस एक खास बात से विशेष तौर पर हैरान हुई कि कॉलेज में विद्यालय की तरह कोई एक निश्चित कक्षा नहीं होती; खैर ये तो मेरा अपना निजी विचार रहा। जब मैंने अपनी विद्यालय की अध्यापिकाओं को बताया है मैंने शिवाजी कॉलेज में दाखिला लिया है तो उन्होंने सिर्फ एक बात कही कि "शिवाजी महाविद्यालय के अध्यापक बहुत अच्छे होते हैं और पढ़ाई भी" मगर जब मैं खुद रू-ब-रू हुई, उनके प्यार, स्नेह, सम्मान और विवेक-ज्ञान को देखकर पता चला कि उस दिन विद्यालय की अध्यापिकाओं ने बहुत कम भी नहीं बल्कि बिल्कुल न के बराबर ही तारीफ की थी; जबकि मेरी दृष्टि में तो तारीफ शब्द भी छोटा है। अनुभव तो सहपाठियों के साथ भी बहुत ही शानदार रहा। एक बात जो मुझे सबसे अच्छी लगी हमारी कक्षा की कि सभी अलग-अलग क्षेत्र से थे मगर सब का सम्मान करना, सब को साथ लेकर चलने की भावना और हमारी एकता; निःसंदेह यह हमारे गुरुजनों के व्यक्तित्व के प्रभाव की भी देन थी। जिससे मैं बहुत प्रभावित हुई।

हमारे विभाग की सांस्कृतिक संस्था "साहित्य संगम" के साथ भी अमूल्य अनुभव रहा। समय-समय पर न केवल हिन्दी बल्कि संस्कृत, मातृभाषा और अन्य सामाजिक-मौलिक विषयों पर राष्ट्रीय और अंतर्राष्ट्रीय स्तर पर कार्यक्रमों का आयोजन करना वो भी इतने सुसंगठित, सुचारू तरीके से करना अति-प्रशंसनीय है। ये मेरा सौभाग्य है कि चाहे एक प्रतिभागी या संयोजन में सहायक के रूप में साहित्य संगम का हिस्सा बनने का मौका मिला। मुझे एक बात जो और अच्छी लगी कि 3-4 घंटे के माननीय गुरुजनों और वक्ताओं के वक्तव्य के बाद स्वादिष्ट और पोष्टिक भोजन की व्यवस्था। साथ ही महाविद्यालय द्वारा वार्षिक उत्सवों का आयोजन करना और कॉलेज की विभिन्न संस्थाओं द्वारा सांस्कृतिक, सामाजिक कार्यक्रमों का आयोजन भी मेरे लिए आकर्षण का केंद्र रहा।

यदि बात इस 2 साल के ऑफलाइन अनुभव की है तो इसमें कॉलेज के विद्यार्थी चुनाव को नज़र अंदाज़ करना, मेरे लिए मुश्किल है; चुनाव वेशक विद्यार्थी स्तर पर हो मगर माहौल और चुनावी जुमले तो राष्ट्रीय राजनीति स्तर के ही होते हैं। खैर सत्ता का लोभ तो अपनी जगह है और एक विद्यार्थी जीवन में पूरी कक्षा के साथ टूर(भ्रमण) पर जाने का अपना ही मजा है। हमारा पूरा हिंदी परिवार 8 मार्च 2020 में आगरा गया; हां! मगर दिल में कहीं न कहीं उस जानलेवा महामारी (कोविड-19) का डर भी ज़हन में ज़रूर था; जिसका खतरनाक रूप चीन में बखूबी देख रहे थे और जो भारत में अभी न के बराबर ही था। मगर तब भी हमारे उत्साह, उमंग में कमी न आई और हम "सूर कुटी और अटल बिहारी वाजपेई अंतर्राष्ट्रीय सभागार (हिंदी केंद्रीय संस्थान") घूम कर आए।

परंतु हमें ये ज़रा भी अंदाज़ा न था कि ये हमारा आखिरी कॉलेज टूर साबित होगा!

अब तो ये सारी बातें सिर्फ ख़ुबसूरत यादें ही बनकर रह गई हैं; क्योंकि अब तो सब ऑनलाइन हो गया है। जो बिमारी अब तक चीन में थी उसने अपना प्रकोप विश्व स्तर पर दिखाना शुरू कर दिया और जिससे बड़े से बड़ा और छोटे से छोटा राष्ट्र भी अछूता न रह सका और इस महामारी ने वैश्विक महामारी का रूप ले लिया और लाखों लोगों को काल का ग्रास बना दिया।

चूंकि यह बहुत तेज़ी से संक्रमित होने वाला रोग था तो बचाव का तरीका एक दूसरे से दूरी, साफ-सफाई और मुंह को हमेशा मास्क से ढककर रखना।

करोड़ों लोगों की जान बचाने के लिए लॉकडाउन एक मात्र विकल्प था। ऐसे में सारे कंपनी, फैक्ट्री, स्कूल-कॉलेज सब बंद हो गए; सड़कें सूनी पड़ गई। सब कुछ जैसे धम सा गया और लाखों-करोड़ों जिंदगियां पटरी से उतरने लगीं। जिसकी कल्पना किसी ने सपने में भी न की होगी।

मगर एक लंबे समय तक रुकें रहने के बाद सबने ये महसूस किया कि अब और रुके रहे तो विकास की राह में पीछे न रह जाएं इसलिए सब ने सावधानी बरतते हुए इस महामारी के साथ ही जीने और फिर से चलने का साहसिक फैसला लिया। इसकी परिणति सब कुछ तकनीक और ऑनलाइन के रूप में हुई। जो सब काम लॉकडाउन से पहले ऑफलाइन ढंग से होता था अब वो सब तकनीक, मोबाइल के माध्यम से ऑनलाइन होने लगा; ऑफिस के काम से लेकर स्कूल-कॉलेज की पढ़ाई, सब ऑनलाइन होने लगा।

अब हमारी कक्षाएं और साहित्य संगम की संगोष्ठियां सब ऑनलाइन होती हैं। हां! ये बात और है कि इस ऑनलाइन में ऑफलाइन जैसा मजा नहीं, न कक्षा में गुरुजनों के साथ सीधा और प्रत्यक्ष संवाद नहीं हो पाता, और मुझे प्रारंभ में निजी तौर पर भी कई समस्याओं का सामना करना पड़ा चाहे वो स्मार्ट फोन का अभाव हो या तकनीक का ज्ञान न होना और इस बिल्कुल नए तौर-तरीके में ढलना। अब तकनीक है तो तकनीक की कमियां आना भी आम बात है।

मगर फिर भी कुल मिलाकर ये ऑफलाइन से ऑनलाइन तक का सफर चुनौतियों के साथ उसका सामना करने का, समस्या से समाधान तक की सीख भी दिया, जिस तकनीक में अब तक मैं नील बटे सन्नाटा थी उसका छिटपुट ही सही ज्ञान तो हुआ और साथ ही मुझे जो एक सबसे बड़ी सीख देकर गया वो है महत्त्व; अपनी और आज़ादी का

काजल

हिंदी विशेष द्वितीय वर्ष



## "किसान की स्थिति"

जो उठाए आवाज अपने हक की उसे ही आज आंदोलनकारी बताया जा रहा है ।

कड़कती धूप में खून पसीना बहा कर उगाता है अनाज ,  
जिसके बदन पर नसीब नहीं होते फटे पुराने कपड़े।

उसे ही आज अपनी मेहनत के मेहनताना के लिए खुदकुशी करने के लिए मजबूर बनाया जा रहा है।।

जो उठाए आवाज अपनी हक की उसे ही आज आंदोलनकारी बताया जा रहा है ।

जिसके अनाज से भरता है पेट भारत का  
उसी अन्नदाता किसान को आज परजीवी बताया जा रहा है ।

सरकार से जो लड़े अपने अधिकार के लिए उसे ही आज क्रांतिकारी बताया जा रहा है।

कभी जाति, वर्ग, समुदाय, के नाम पर तो कभी मंदिर ,मस्जिद, गिरजा , चर्च के नाम पर फूट डाला जा रहा है ।

देश में बैठे सत्ताधारी ही कराते हैं दंगा और फसाद ।

जिसमें आम जनता को ही अपने बंदूक की नोक का निशाना बनाया जा रहा है।

जिनके चेहरे पर पड़ी है झुर्रियां, और हाथों में पड़े हैं कुदाली के निशान ।  
उन्हें ही आज सलाखों के पीछे डाला जा रहा है ।

जो उठाए आवाज अपने हक की उसे ही आज आंदोलनकारी बताया जा रहा है ।

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## "महात्मा गौतम बुद्ध : एक दृष्टि"

धन ,वैभव, ऐश्वर्य सब छोड़ चले ।  
सिद्धार्थ से गौतम बुद्ध बनने की ओर चले।

माया ,ममता ,सब त्याग कर, अपने अस्तित्व की पहचान कर।  
विघ्नों को गले लगाकर, ना जाने किस ओर चले ।

यशोधरा का हृदय संकुचाया , राहुल को देखकर नेत्र भर आया ।  
प्राणनाथ अर्ध रात्रि में छोड़ चले , ना जाने किस ओर चले ।

सोचा ना था ऐसा दृश्य सामने आएगा ।  
मेरा हृदय ही मुझे छोड़कर चला जाएगा ।

वनों में अपने तनों को सुखाकर , शून्य में अपना मन लगाकर ।  
गए वे कुछ और निखर , मिला जब उन्हें शुद्ध ज्ञान का शिखर।

निराशा को आशा में , हिंसा को अहिंसा में बदल कर ,  
मानव को ही सीखा रहे मानव का धर्म ।  
जगह - जगह उपदेश देकर कर निभा रहे हैं अपना कर्म ।  
बसे वे जन जन के हृदय में देकर सारनाथ में पहला उपदेश ।  
जिनके उपदेशों से जागृत हो रहा देश और विदेश ।

हो जाएगा सफल जीवन सम्यक दृष्टि अपनाने पर ।  
सत्य ,दुःख, समुदय ,निरोध मार्ग ,ये चार सत्य अपनाने पर ।

भूत ,भविष्य ,की चिंता ना कर वर्तमान में जो खो जाएगा ।  
वहीं मनुष्य अपने जीवन का सुख प्राप्त कर पाएगा ।

ना करके ऊंच- नीच ,जात -पात का भेदभाव , उनमें खुद को तब समर्पित कर पाओगे।

जब निर्मल होकर सम्यक दृष्टि अपनाओगे ।

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## “कहर कोरोना का”

कहर कोरोना का”

विश्व जहान में विस्तृत हो चला ,यह कहर कोरोना का ।  
घनघोर प्रलय से जूझ रहा संसार ,अब रूप ले लिया  
वैश्विक महामारी का ।

मंदिर ,मस्जिद, गिरजा ,चर्च ,सब नतमस्तक हो गए इन  
विषैली हवाओं के आगे ।

हृदय कर रहा मंद स्पंदन, कैसे बच पाएंगे कोरोना के  
आगे ।

था विश्वास दृढ़ मनुष्य का, हो गया अब वह जर्जर सा ।  
था जो होसला डगर पर चलने का ,अब वह जल प्लावन  
में वह चला ।

टेक दिए घुटने सवने अब ईश्वर के चरणों में ।  
कोरोना को तिरोहित करने के लिए बैठे गए हैं सब घर में  
।

था वैभव, बल ,आशा ,प्रतिभा, जो उनकी।  
बदल गया उद्देलित लहरों की , निराशा में उनका ।

जीत सकते हैं अब भी जंग कोरोना की।  
यूं ही दीप प्रज्वलन करके मात देनी है कोरोना का।

पल-पल उस भीषण रव से, डरते मनुष्य विशेष।  
बढ़ता चली आ रही , विश्व विशेष में कोरोना अशेष ।

हो गया दूर मनुष्य , मनुष्य से ,कोरोना के कहरो में।  
कितने कुल के दीपक बुझा कर, प्रवाहित कर दिया  
जलप्लावन की विस्तृत लहरों में ।

आशा कर रहा है समाज अपने अतीत के सुख की।  
उतनी ही गहरी होती जा रही रेखाएं दुख की।

मौन सी हो गयी सृष्टि ! बढ़ गया देश में अभाव ।  
यही सत्य है अब इस प्रलय में कहीं नहीं है ठाँव।

हो गया जीवन व्यथित ,अब इन मुश्किल घटाओं में ।  
बच्चे भूखे अकुला रहे , इस विषैली हवाओं में ।

ले लिया रूप इसने भीषण, विध्वंस , प्रलय का ।  
प्रारम्भ हो गया रण , जीवन जय या मरण का।  
अभिनव सिंह

पराम्नातक हिंदी साहित्य

( दिल्ली विश्वविद्यालय)

## आर्टिकल - कोरोना का दौर

कोरोना कोविड-19 शब्द जिसे सुनते ही एक भयानक दृश्य  
आंखों के सामने आ खड़ा होता है। लोगों की पीड़ा पलायन  
दुख दर्द याद आ जाता है। कोरोनावायरस के दौरान मजदूरों  
और कई लोगों का शहर छोड़ कर अपने गांव की ओर पैदल  
यात्रा करना बिना खाए पिए काफी हिम्मत की बात है।  
कोरोनावायरस का तीव्रता से बढ़ना और सरकार का संपूर्ण  
लॉकडाउन लगाना घोषित करना दोनों बहुत दुखदायक स्थिति  
थी। एक तरफ कोरोनावायरस और दूसरी तरफ लॉकडाउन  
लोगों को दो वक्त का खाना ना मिल पाना उनकी नोकरी छूट  
जाना जिस कारण उनका पलायन करना। यातायात के साधन  
बंद होने के बावजूद पैदल यात्रा करना गर्भवती महिलाओं का  
बीच रास्ते में अपने बच्चे को जन्म देना। आप ही सोच सकते हैं  
कि कैसी स्थिति रही होगी। हर एक दिन में हजारों लाखों लोगों  
की मृत्यु की खबर आना बहुत ही दुख दायक था। लॉकडाउन  
में छात्रों की शिक्षा पर काफी असर पड़ा विद्यालय  
विश्वविद्यालय सब बंद करवा दिए गए। ऑनलाइन कक्षा को  
शुरू किया गया ऑनलाइन कक्षा लेना और ओ बी डे द्वारा  
परीक्षा देना एक परिश्रम रहा। इसी तरह सरकार द्वारा  
कोरोनावायरस के लिए कई नियमों को लागू किया गया जैसे  
कि आप फोन लगाने पर रिंगटोन सुनते हैं 2 गज दूरी मास्क है  
जरूरी यह नारा अभी भी जारी है ध्यान से सुने और पालन  
करें इस तरह के नारे को अनसुना ना करें। सरकार द्वारा  
नियुक्त गए किए गए नियमों का पालन करना बहुत जरूरी है  
आप सभी से निवेदन है कि सरकार के हर नियम का पालन  
करें और इस कोरोना की जंग को खत्म करें ताकि करोड़ों  
लोगों की तथा आपकी खुद की जिंदगी सुरक्षित रहे। धन्यवाद  
मेघा शर्मा

हिंदी विशेष द्वितीय वर्ष



# कोरोना काल

सफर हर नए या पुराने साल का आम नहीं होता  
हर कांच के गिलास में नशे का जाम नहीं होता  
काया और माया शब्दों में ताल है जरूर  
मगर जिंदगी में इनका तालमेल बरकरार नहीं होता  
हर इंसान के तराने अलग हैं  
हर हालात के फसाने अलग हैं  
मगर जब किस्मत और समय का चलता है जादू  
उसे रोकने का जोर मनुष्यता के हाथों में नहीं होता  
कुछ ऐसी ही कहानी है साल 2020 की  
हाल बताने की शुरुआत करेगी ऋतु शीत की  
उड़ते उड़ते पड़ी बात कानों में बड़े दूर देश की  
हमने कहा यह हाल है उनका बात नहीं कोई फ़िक्र की  
धीरे-धीरे बातों का शोर बढ़ने लगा  
ना चाहते हुए भी मन मचलने लगा  
निजी तौर पर कुछ इंसान सचेत हुआ  
थोड़ा थोड़ा डर भी लगने लगा  
यह हाल था फरवरी मास का  
होली के त्योहार ने असर थोड़ा हल्का किया  
फिर से देश विदेशों की खबरों ने डराना शुरू किया  
चंद दिनों में ही नाउम्मीदी का काल आ गया  
मोदी जी ने ऐलान किया  
समाधान में 1 दिन का संपूर्ण लॉकडाउन दिया  
फिर इसका सिलसिला बढ़ता ही गया  
देशबंदी का पारा चढ़ता ही गया  
चारों ओर हाहाकार सा मच गया  
देश दुनिया का हर तबका डर गया  
हर तरह का आवागमन ठहर गया  
ना जाने कितना इंसान अनजान देश में फंस गया  
राज्यों की सीमा राज्यों से डर गई  
कितने इंसानों की गांव गली पहुंचने की चाह मन में रह  
गई  
जैसे तैसे पहुंच रहे थे अपने अपने घर  
हजारों लाखों की जान सड़कों पर चली गई  
भूख प्यास दर्द बेहाली ने बेहाल किया  
कई मांओं ने अपने बच्चों को किनारों पर जन्म दिया  
गरीबी अपना कहर ढा रही थी  
पैसा अपना कमाल दिखा रही थी

विद्यार्थियों की हालत और खराब थी  
मां बाप से मिलने की उन्हें कोई ना आस थी  
सखियों सामान के दाम ने आसमान छुआ  
राहत मिली जब इनका आगमन फिर धरती पर हुआ  
फंसे लोग बिलख बिलख रो रहे थे  
अपनी मातृभूमि को याद कर रहे थे  
कुछ की किस्मत चमकी आने का जरिया मिला  
बाकियों का हाल कुछ और भी बेकार हुआ  
कुछ सेनिटाइजर से कुछ तो संपत्ति से हाथ धो रहे थे  
कुछ मास्क को तो कुछ मौत को गले लगा रहे थे  
ज्यादातर रिश्ते चारदीवारी में कैद थे  
कुछ टूटे कुछ मजबूत हो रहे थे  
मगर उसके साथ कैसे भूल जाऊं उन सबको  
जिन्होंने अपनी सामर्थ्य से ज्यादा किया  
ऐसा लगा पढ़ाई थम जाएगी  
बच्चों के 1 साल की बर्बादी हो जाएगी  
मगर शुक्र हो जाओ आज की टेक्नोलॉजी का  
ऑनलाइन क्लासेज से चीजे आसान हुईं  
लॉकडाउन का सिलसिला लंबे समय तक जारी रहा  
यही वजह बेरोजगारी बढ़ाता गया  
कितनों का व्यवसाय बंद हुआ  
कितनों का नौकरी छिन गया  
बहुतों ने खुद को आशा की किरण बनाया  
कईयों ने खुद की रोशनी को खुद ही बुझाया  
फीस को लेकर माता-पिता परेशान हुए  
कितने काम काजों में व्यवधान खड़े हुए  
शादी ब्याह में 50 को पहुंचने की मंजूरी मिली  
बहुतों की साल 2 साल के लिए आगे टली  
बहुतों को सैलरी नहीं मिली  
कईयों की आधी आधी कट गई  
मगर फिर धीरे से काम का सिलसिला शुरू हुआ  
कुछ सरकारी कर्मचारियों को वापस आने का आर्डर  
मिला  
काफी वक्त बाद निजी व्यवसाय शुरू होने का परमिशन  
दिया  
मगर इन सब से अर्थव्यवस्था को भारी नुकसान हुआ



# करवटें ज़िंदगी की

अरे एक बात बताना भूल गई  
लॉकडाउन के बीच देश की नैया को बचाने  
शराब की बिक्री फिर से शुरू हुई  
कितने पियूझों ने घर का पैसा बर्बाद किया  
खाने की ना था पैसा जमापूजी इसमें आबाद किया  
कई लोगों ने इसका स्टॉक किया  
पी-पीकर इस घर में तमाशा किया  
सोचो समझो गौर करो  
इस हालत में कितना कुछ समझा दिया  
मर्दों को वेबस औरत का हाल बताया  
घर के हर काम का मतलब सिखाया  
हर रिश्ते की अहमियत बताई  
वेफिजुली और बचत की कीमत जताई  
हर किसी के होने का अर्थ बताया  
ज्यादा चिंता को व्यर्थ बताया  
अभी लोग काम पर जा रहे हैं  
कुछ विद्यार्थी स्कूल आ रहे हैं  
मगर कोरोना काल अभी भी भारी है  
वैक्सीन आई है मगर सतर्क रहना जारी है  
हाल और हालात अभी कुछ है ठीक  
मगर 'दो गज दूरी मास्क है जरूरी' नारा जरूरी है।

आकांक्षा

बी ए प्रोग्राम द्वितीय वर्ष

कभी-कभी ज़िंदगी में

कुछ ऐसे मोड़ आते हैं

जहां सब तरफ

अंधेरे के काले बादल दिखते हैं

लेकिन फिर भी

उम्मीद का दामन हम थाम कर रखते हैं.....!!

अपने जीवन के अनुभव हर किसी से साझा कर पाना  
अंतर्मुखी व्यक्ति के लिए थोड़ी असहजता महसूस होती है।  
ऐसे चरित्रिक विशेष व्यक्ति बहुत अधिक शर्मीले होते हैं, लेकिन  
यहां पर द्विष्ट है हममें शर्म और आदर भाव है लेकिन अपने  
अनुभव किसी व्यक्ति से साझा करने में नहीं हिचकिचाते नहीं  
हैं। हमें अपनी संस्कृति, परंपराओं और संस्कारों से अवगत  
कराने में हमारे हिंदी विभाग के सभी अध्यापक गणों का  
सराहनीय व अमूल्य योगदान रहा है।

लॉकडाउन से पूर्व हम सभी इतने प्रसन्न रहा करते थे, प्रत्येक  
दिन अपनी मित्र मंडली से मिलते थे, साथ बैठकर स्वादिष्ट  
भोजन का आनंद लेते थे, ये कहना गलत नहीं होगा की अलग  
अलग जगहों से होने के बावजूद भी हम एक परिवार की तरह  
हो गए थे।

वर्ष 2020 काफी लोगों के लिए कष्टदायक रहा, परंतु इस वर्ष  
ने हमसे हमारे बहुत सारे साथियों को हमेशा के लिए हमसे दूर  
कर दिया। यह बहुत दुःखद है जिसकी शायद कोई भरपाई  
नहीं है।

कोरोना काल के कारण तथा साथ ही साथ सबकी सुरक्षा को  
ध्यान में रखते हुए WHO तथा भारतीय सरकार ने संपूर्ण  
भारत में लॉकडाउन लगाने का निर्णय लिया गया। लॉकडाउन  
की स्थिति भले ही भयावह थी, परंतु भारत के प्रत्येक व्यक्ति के  
लिए अत्यंत आवश्यक थी। मार्च 2020 में प्रत्येक सड़कें,  
चौराहे, हाईवे, एक्सप्रेस-वे कुल मिलाकर सभी रास्तों पर  
सन्नाटा पसर गया था। लॉकडाउन की वजह से या कहें तो  
गंगा मैया की निर्मलता तथा स्वच्छता वापस लाने में ईश्वर का  
वरदान सिद्ध हुआ है। न जाने कितनी सरकारें आईं,

न जाने कितनी ही योजनाएं बनाई गई थी तथा लागू भी की  
गई थी और तो और लाखों-करोड़ों रूपयों का पैकेज भी  
लॉकडाउन में धरा-का-धरा का रह गया। एक सर्वे के दौरान  
यह साबित हुआ है की इतने वर्षों में गंगा साफ नहीं हो पाई,  
परंतु थोड़े-से महीनों के गंगा घाट की आवाजाही रुक जाने  
पर गंगा मैया स्वयं ही स्वच्छ होती चली गई। यदि देखा जाए तो  
प्रकृति की वास्तविकता इसी तरह जाहिर होती है की मनुष्यों ने  
अपने पापों को धोने के लिए किस कदर गंगा के पावन जल  
को दूषित और मैला किया है।



महामारी कोरोना के सहारे से प्रत्येक व्यक्ति घर में तो रह गया परंतु मृष्टी भर आय ने और बढ़ती महगाई ने आम-आदमी को और भी अधिक परेशानियों के भंवर में धकेल दिया। भारतीय सरकार ने जनता के हित में परिस्थिति को समझते हुए संज्ञान लिया की प्रत्येक घर में मुफ्त राशन का वितरण किया ताकि तिनके भर ही सही परेशानियों को कुछ कम किया जा सके।

कोरोना काल के कारण सभी विद्यालयों व विश्वविद्यालयों में मूक वातावरण का आलम छा गया। जहां दिन भर बच्चों से कैंपस भरा रहता था, वहां पर किसी को आने जाने की इजाजत भी नहीं है, केवल कबूतर आना-जाना करते हैं।

इस मुश्किल घड़ी से शिक्षा का नुकसान न हों तथा बच्चों का भविष्य भी खतरों में ना आए इसके लिए केंद्रीय सरकार और यूजीसी द्वारा छात्रों की शिक्षा के लिए महत्वपूर्ण कदम उठाए गए। विद्यालयों और विश्वविद्यालयों तथा शिक्षकों को निर्देश मिले की वे ऑनलाइन कक्षाओं के माध्यम से छात्रों के पाठन कार्यक्रम को पुनः आरंभ करें ताकि छात्र किसी प्रकार के अकेलेपन तथा अवसाद से घिर पाएं।

मेरा ऑनलाइन कक्षाओं को लेकर अनुभव काफ़ी हद तक सकारात्मक रहा है। कहते हैं की " जब सिर पर आती है तब ही पता चलता है दाल-आटे का भाव"।लॉकडाउन में घर की स्थिति बहुत प्रभावित हुई। जिस कारण जिम्मेदारियों का हजूम से मुलाकात हुई ,जहां पहुंचकर मेरी बेफिक्री हवा में उड़ गई। स्थिति को संभालने के लिए या कहूं तो हाथ बटाने के लिए मुझे नौकरी करनी पड़ी।उन्होंने। इस समय ने मुझे घर की हर उस स्थिति से अवगत करवाया है जिससे मैं बिल्कुल अंजान और बेखबर थी। इतने मुश्किल वक्त में मैंने अपने साथ साथ घर को भी संभाला है और साथ ही देश की सेवा भी मैं हाथ बटाया है।

नौकरी के साथ ही मैंने अपने स्नातक की अंतिम वर्ष की सभी ऑनलाइन कक्षाओं में भी भाग लिया तथा एक नई मोहिनी का रूप भी संवारा है।

कहते हैं व्यक्ति जब अकेला होता है तो सभी परिस्थितियों उसके विपरीत होती है , तभी वह सर्वाधिक मजबूत हैं।मानसिक तौर पर अपने फ़ैसलों लेने में सक्षम बन जाता है। मेरे इस कथन को मैरीकॉम फ़िल्म का यह गीत सिद्ध करता है-

"जो चाहता है वो किया

अपनी ही शर्तों पर ये है जिया

जिदी है ,जिदी है

दिल ये जिदी है...!!"

मोहिनी

हिंदी विशेष, तृतीय वर्ष

# नारी

21वीं सदी के भारत में बहुत कुछ आवाद है

अगर गौर से देखा जाए तो नारी की दशा बहुत खराब है जो नारी कभी मां बनकर दुलार नहीं करती है

जो कभी बहन बनकर शुभचिंतक बनती है

और जो कभी पत्नी बन कर देती है साथ तुम्हारा

उस नारी की हालत आज कितनी बेकार है

अपने घर को छोड़कर जाती है वह दूसरे के घर को सजाने पर वहां भी समुराल वाले देते हैं

उसे ना जाने कितने ताने

चढ़ जाती है वह दहेज की बलि

क्योंकि नहीं लाई थी वह मायके से खजाने

नारी मां बनकर करती है बच्चों का पालन पोषण

पर आज के भारत में नहीं देते हैं

वही बच्चे उसको दो वक्त का भोजन है

मनुष्य तू भूल रहा है दुनिया में जो तुझको लाई है

इसे दुख पहुंचाने से क्या दुनिया खुश रह पाई है

यही है जगत माता यही भविष्य विधाता है

इसी ने तो सृष्टि बनाई है

नारी की यह महाशक्ति

नारी ही तो इस जगत की रचना कृति

लोगों तुम यह जान लो नारी को सम्मान दो

मत समझो इसको कमजोर

कमजोर तो है नजर तुम्हारी

सशक्त है आज की नारी

नारी तो है खुला आकाश जान चुकी है अपना वजूद

अब ना हो अब ना होगी यह कहानी

बदलो मानव अपनी जुबानी

नेहा

संस्कृत विशेष, द्वितीय वर्ष



## कोरोना वायरस कोविड - 19

कोरोना वायरस जिसे डब्ल्यू एच द्वारा कोविड-19 कहा गया था एक अत्यधिक सोच परंतु बहुत ही भयंकर जानलेवा वायरस है सर्वप्रथम इस वायरस का प्रकोप चीन के वुहान शहर में मध्य दिसंबर 2019 में देखने को मिला। इसके पश्चात पूरी दुनिया में इस वायरस के घातक परिणाम देखने को मिले। इसके पश्चात पूरी दुनिया में इस वायरस के घातक परिणाम देखने को मिले। यह विषाणु ( वायरस संक्रमण) फैलने वाला होता है। यह मनुष्य की रोग प्रतिरोधक क्षमता को कमजोर कमजोर कर स्वास से संबंधित रोगों जैसे गले में खराश , नाक बहना जुकाम खांसी सांस लेने में समस्या व बुखार आदि को जन्म देता है यह वायरस मनुष्य द्वारा मनुष्य में आसानी से चला जाता है तथा बड़ी मात्रा में लोगों को संक्रमित करता है यह वायरस संक्रमित व्यक्ति द्वारा छींकने , संक्रमित हाथों द्वारा किसी सतह या वस्तुओं को छूने , खांसते वक्त निकली सूक्ष्म बूंदों द्वारा फैलता है अनेक देश पूर्ण प्रयासों द्वारा कोरोना वायरस की वैक्सीन खोजने में लगे हैं। वर्तमान में इस वायरस से ही बचाव ही इसका इलाज है इस वायरस के संक्रमण से बचने के लिए अच्छे किस्म का मास्क, हाथ के दस्ताने , हैंड सेनीटाइजर साबुन से 1-2 मिनट तक बार-बार हाथ धोना, बाहर किसी भी वस्तु को छूने से बचना अत्यधिक महत्वपूर्ण है। इस वायरस के संक्रमण से बचने के लिए एक अधिक महत्वपूर्ण उपाय है। कि हमें प्रतिदिन रोग प्रतिरोधक क्षमता बढ़ाने वाले पेय पदार्थों जैसे हल्दी , गिलोय , तुलसी व नीम आदि के काढ़े का इस्तेमाल करना चाहिए। इस वायरस से बचाव के लिए हमें खांसी, जुखाम व छींकने वाले व्यक्तियों से उचित दूरी बनानी चाहिए बार-बार पर्याप्त मात्रा में अल्कोहल युक्त हैंड सेनेटाइजर का इस्तेमाल करना चाहिए इस वायरस से भयभीत ना हो। उचित सावधानियों व स्वास्थ्य मंत्रालय द्वारा जारी किए गए दिशा निर्देशों का पालन कर हम सुरक्षित रह सकते हैं अतः पूरा विश्व आज कोविड-19 जैसी भयंकर वैश्विक महामारी से जूझ रहा है परंतु हमें लोगों को जागरूक करना चाहिए तथा इससे ना डरते हुए उचित सावधानियां बरतनी चाहिए व सोशल डिस्टेंसिंग का पालन करना चाहिए ऐसा करने से हम सुरक्षित रहेंगे तथा इस भयंकर महामारी पर विजय प्राप्त करने में सफल रहेंगे।

आदित्य शरण

कला स्नातक संस्कृत विशेष



# लॉक डाउन का प्रभाव

जब से हुई लॉकडाउन की शुरुआत  
याद आने लगी सारी पुरानी बात  
खलने लगी जबरदस्ती की आरामदायक जिंदगी  
तडपाने लगी है यह रुकी हुई जिंदगी  
फिर लोट आई वच्चों के चेहरे पर मनमोहक हंसी  
जब देखा उनका खेल दूर होती थी सारी कमी  
पढ़ने और पढ़ाने का भी नया दौर शुरू हुआ  
पर पहले से ज्यादा कहां है इसमें मजा  
याद आती है उन पलों की कीमत  
दोस्तों के व्यंग्य और साथ रहने की अहमियत  
अब तो नीरस लगने लगा है जीवन अपना  
यह बीमारी खत्म हो हर किसी का है यही सपना  
स्वच्छंदता जागरूकता से ही होगी यह दूर  
लौटेगी रौनक और खिलेंगे चेहरे पर नूर

सौरव

संस्कृत विशेष प्रथम वर्ष





# मेरा गांव बदल गया

बदल गया है गांव मेरा  
अब गांव रहा नहीं गांव मेरा.....

वो कच्ची सड़के मिट्टी की,  
वो कच्चे घर थे मिट्टी के,

वो प्यार रहे नहीं मिट्टी के  
वो सड़क रही नहीं मिट्टी की।

वो घर रहे नहीं घास के  
वो खाट रही नहीं बांस की।

बदल गया है गांव मेरा  
कितना बदल गया है गांव मेरा।

मिट्टी के थे चूल्हे  
मिट्टी के थे बर्तन  
मिट्टी के थे आंगन  
मिट्टी की थी चौखट

अब रहे नहीं मिट्टी के चूल्हे  
अब रहे नहीं मिट्टी के बर्तन  
नहीं रही मिट्टी की चौखट  
अब रहे नहीं,  
वो मिट्टी के सुंदर आंगन।

बदल रहा है गांव मेरा।  
अब बदल रहा है गांव मेरा।।

मेरे गांव में सुंदर थे उपवन।  
मेरे गांव में लहराती थी हरियाली  
मेरे गांव में थे बाग बगीचे।  
मेरे मन की भाती थी।

अब वो बाग रहे नहीं फूलों के  
अब रही नहीं हरियाली खेतों की।

ना जाने कहाँ गए वो उपवन  
ना जाने कहाँ गए वो मधुवन  
गेहूँ की लहलहाती बाली।।

इन बदलावों को देख,  
मेरे मुख से निकले एक ही स्वर लगता है  
जैसे कण-कण में बैठ गए हैं महेश्वर।।

कितना बदल गया गांव मेरा  
यह गांव नहीं है गांव मेरा

अब बदल गया है गांव मेरा।  
यह गांव नहीं है गांव मेरा।।

आशुतोष सिंह

हिंदी विभाग





## शिवाजी महाविद्यालय का प्राकृतिक सौंदर्य

आपको ले चलते हैं शिवाजी महाविद्यालय, जो अपने नाम को सही मायनों में चरितार्थ करता, उत्तर में अटल, अजय हिमालय से, पूर्व, पश्चिम और दक्षिण में समुद्रों और महासागरों से घिरा भारत देश की राजधानी नई दिल्ली के पश्चिमी भाग में स्थित दिल्ली विश्वविद्यालय के प्रसिद्ध महाविद्यालयों में से एक है। महाविद्यालय के मुख्य द्वार में एक विशाल पीपल का वृक्ष है जो भारतीय संस्कृति के प्राचीनता का परिचायक है साथ ही भारतीय संस्कृति की नश्वरता का और अमरता का भी संदेश देता है हिंदू सनातन धर्म में ऐसा माना जाता है कि इसमें देवताओं का वास होता है जिससे लोग इसकी पूजा करते हैं।

जैसे ही मैंने मुख्य द्वार से अंदर प्रवेश किया।  
मेरा मन वहां की प्राकृतिक सौंदर्य को देखकर खिलखिला उठा  
और मैं यह सोचने पर मजबूर हो गया।

"आसमान से उतर आई है वह वृक्ष रूपी परियां  
देखकर सौंदर्य उनका हो गया आह्लादित  
विचरण करने लगा मन उनके रसास्वादन में।"

सजी थी अशोक रूपी परियों की महफिल  
पर जाम न था एक बूद भी  
उनके हुस्न का असर इस कदर  
फेला हुआ था  
कि हर कोई देखकर बस उनमें ही खो रहा था।

दूसरा दृश्य था बाल परियों का  
जिनमें आती चहचहाती चिड़िया गिलहरियों की शरारत से  
था माहौल वहां का भिन्न सा  
सुगंध अपनी बिखेरकर  
पुष्पों ने किया मनमोहित।

तितलियां भी कुछ कम नहीं थी  
अपने हुस्न का दीदार  
कुछ इस कदर कर रही थी  
कि परियां भी उनमें मदमस्त हो रही थी।

पहाड़ों की झलक देने वाले  
पत्थर भी अपनी कांत की आभा बिखेर रहे थे  
मुगलों को घुटने टेकने पर  
मजबूर करने वाले सम्राट भी  
सिंहासन पर बैठे हुए महफिल का आनंद चख रहे थे ।

दृश्य यह सब देखकर  
कुछ याद आया गांव का  
कुछ याद आया बचपना  
कुछ याद आई भारतीय संस्कृति  
कुछ याद आई.....

शुभम सिंह

हिंदी विज्ञेप, तृतीय वर्ष



# सर्वव्यापी महामारी और जीवन

सर्वव्यापी महामारी कोविड-19 से कई देश सामाजिक और आर्थिक रूप से प्रभावित हुए। एक बड़ी संख्या में लोगों को इस महामारी के कारण अपने कामकाज को अलविदा कहना पड़ा, लेकिन कुछ लोगों ने इसे एक सुअवसर की तरह इस्तेमाल किया। इस महामारी के दौरान कई ऐसे लोगों को भी अपने दफ्तर से चाहा अनचाहा अवकाश मिला जो शायद ही कभी सुकून से खाना भी खाते रहे होंगे। उत्तर आधुनिक काल में अनेक लोग अपने गांव और कस्बों से शहर में रोजगार की तलाश में भी आए थे। जिनमें ज्यादातर लोग आर्थिक रूप और सामाजिक रूप से पिछड़े थे। यह मजदूरी करके खाते और कमाते थे, इनमें से कुछ लोगों के पास तो शायद जमा पूंजी भी नहीं थी। कुछ लोग तो आपातकालीन स्थिति के लिए भी सज्ज नहीं होंगे और इस तरह की सर्वव्यापी महामारी के बारे में तो शायद किसी ने ख्वाबों में भी नहीं सोचा होगा।

## कोविड-19 एक मौका

यह महामारी कुछ लोगों के लिए सुनहरे मौके से कम साबित नहीं हुई। इस महामारी के दौरान जहां विश्व भर में कई देशों ने नागरिकों को मुंह पर सुरक्षा की दृष्टि से मास्क लगाना अनिवार्य कर दिया। भारत सरकार ने भी सुरक्षा के दृष्टि से मास्क लगाकर निकलना ही अनिवार्य किया और साथ ही बीच में कुछ समय तो मास्क के बिना निकलने वाले पर जुर्माना भी लगाया गया इस महामारी के दौरान सिर्फ भारत में ही नहीं विदेशों से भी मास्क की मांग आने लगी। विदेशों की मांग को पूरा करने के लिए भारी मात्रा में मास्क निर्यात किए गए ज्यादा से ज्यादा निर्यात होने के कारण भारतीय बाजार में मास्क ना के बराबर ही रह गए। इस मौके का फायदा उठाते हुए साधारण रूप से मास्क बनाने शुरू किए गए। एक व्यक्ति जिसने कुछ पैसों से उस कपड़े का इंतजाम किया जिससे मास्क बनाया जा सके और एक कारखाने के मालिक जिसका काम महामारी के चलते ठप पड़ गया था। शुरू में उसकी मशीन का इस्तेमाल करते हुए खुद ही मास्क बनाने का काम शुरू किया और मास्क बनाकर दुकानों पर बेचकर पैसे हासिल कर लेता है और दोबारा काम शुरू करता है इस बार अपने साथ दो-तीन कारीगर भी रख लेता है कुछ वक्त बाद मशीनों का मालिक आ कर देखता है कि उसकी मशीनों से वह व्यक्ति कैसे अपना काम चला रहा है।

मशीनों का मालिक उससे कहता है कि अब तुम अपना काम वहीं और ले जाओ तब मास्क बनाने वाला व्यक्ति कहता है कि तुम मुझसे इनका किराया ले लेना और मुझे यह काम करने दो लेकिन वह इंकार कर देता है फिर मास्क बनाने वाला व्यक्ति अपनी मशीनें खरीद लेता है और जगह किराए पर लेकर काम करना फिर से शुरू कर देता है इस तरह कुछ लोगों ने इस मौके का सुनहरा सदुपयोग किया।

## पर्यावरण को राहत

लॉकडाउन लगने से अनेक तरह की गतिविधियों पर पाबंदी लगी जिसके कारण अनेक तरह के अनावश्यक गतिविधियों पर पाबंदी लगी और कुछ ही अति आवश्यक लोग जैसे पुलिस अधिकारी, डॉक्टर आदि को ही घर से बाहर निकलने की इजाजत थी इनके अलावा अन्य लोग अपने घर से बाहर आ जा नहीं सकते थे। इसके चलते परिवहन भी इस्तेमाल में नहीं आ रहे थे और लगभग सभी की फैक्ट्रियां बंद हो गई थी। जिसके कारण हमारे देश भारत में हवा की गुणवत्ता बढ़ी। नदी के पानी में स्वच्छता आई। जीव जंतुओं खुले पन का एहसास हुआ और साथ ही परिंदों को भी पूरी तरह से उनकी उड़ान भरने का मौका मिला है सिर्फ इंसान ने अपने स्वार्थ जिसे कि वह विकास कहता है के खातिर पूरे पर्यावरण को बुरी तरह प्रभावित कर रहा है इस महामारी के कारण पर्यावरण को कुछ वक्त के लिए मनुष्य से काफी हद तक राहत मिली अगर मनुष्य अपने स्वार्थ की खातिर ना करके, सिर्फ जरूरत की खातिर करें तो पर्यावरण में संतुलन बना रहेगा। इस तरह से जूझना नहीं पड़ेगा।

सावेज अनवर

इतिहास (विशेष)

प्रथम वर्ष



# 2020: An Ode to Humanity

*As COVID surged, we shrank. The ensuing lockdown shattered lives, and uprooted families. The world fell into a spell of pain, silence, and struggle. However, humanity won. At last.*



## Faceless and dispossessed: India's circular migrants in the times of COVID-19

The 2011 Census said India has 46.8 million migrants, 54 million of whom are interstate workers, but the data accounts for a fraction of workers in a circularity.



**mint**

**Covid-19: Crisis of migrant workers brewing in India's factories**

Migrants carried supplies and supplies from their homes to their homes in the city.

Updated: October 17, 2020 10:27 PM IST

10/17

1. Maharashtra said the migrant workers who had been working in the state were not allowed to return to their homes.

2. The economy is expected to grow at 1.1% in 2020, and

3. The economy is expected to grow at 1.1% in 2020, and

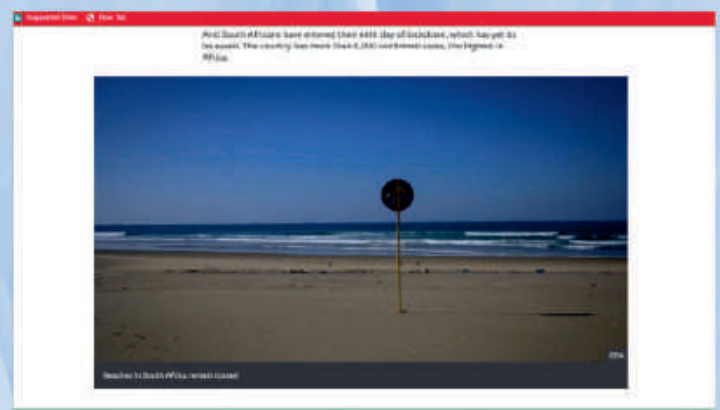


# 2020: An Ode to Humanity





# 2020: An Ode to Humanity





## Shivajians & 2020: Manthan





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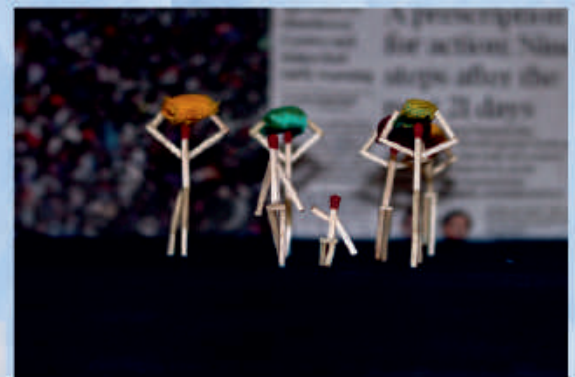
The shutters were closed in all the city malls, and so were the shutters behind the little lens. Not for too long, because all a photographer needs is light to make pictures. There were new constraints, hence new challenges. All in all a bumpy ride, but we did find the other end.

Due to the public advisory of social distancing and avoiding large gatherings, photowalks became a hassle to organise. As opposed to previous years, looking forward to exploring new places, chasing to reach there before sunrise (along with getting up early!), this year threw us a curve ball since a lot of places were closed to the public, or had restricted access, along with increased security. Commutes had become a major nuisance, public transport services became limited.

*"While all of us had a peculiar experience regarding the lockdown, what most of us have experienced in common must be drastic changes in our general behaviour. Since being a photographer involves my major half of the day wandering around in search of subjects, sitting inside has been disturbing. But it is a necessity to isolate from society for the greater good. So, I have started learning video editing and worked up a few small videos. I am also trying to give time to writing, since it was stalled due to college and other various reasons."* - Vishnu V, 2nd year.

With our events shifted to online platforms, we felt the excitement that we felt during our previous years during the prep work drain from us. With the fun of making decorations on college grounds, and empty classrooms gone, it became harder for us to motivate ourselves. While the pandemic took from us, it also forced us to be more creative. We had to introduce two new events to match the enthusiasm of an otherwise offline event.

*"Each year brings its own challenges, trials, and opportunities. However, I think it's safe to say that none of us could've predicted what this year brought us. Having been a part of this society for three years now, I was looking forward to being a part of the organizing team for events, competitions, and photowalks, but this year had something different in store for us."* - says Chinmay Vasdev, 3rd year.





# Shivajians & 2020: Manthan

With no practical group element of our activities in our sights, we had to think of new styles of photography, such as Product Photography, Flat-Lay Photography, and Macro Photography.

*"Last year was both a boon and a bane for me. This pandemic gave me time to work on my photography skills like home project photography and video editing. I was quite excited for the new experience but at the same time I was scared thinking how to cope up with the situation as I'm more of a street photographer and lockdown created a creative block. Last but not the least, it was a new experience for me where I captured the 'new normal' life." - says Saksham Sinha, 2nd year.*

While the photography activities were greatly reduced, so were the Film-Making activities. Our annual production involving Scriptwriters and Cinematographers taught us team work along with the entire process that goes into producing a short film.

*"Last year could have been very different from what it was. I didn't really face any problem as such. Sure it was difficult to just stay in a room with virtual classes and virtual meetings with society members but I was fortunate enough as well to have good health all year round. As I had joined Shutterbugs during the lockdown, the members always told how much fun it would have been to do everything in person. However, we had Cinedrome in virtual mode and it had its own challenges. But still working was fun. I learned that making the best out of every situation is good and it's just as good taking a break once in a while." - Ashish Kumar, 2nd year, shares his experience.*

*"I've been in Shutterbugs for two years, and didn't know that my last year would be like this. But, I think everything happens for a reason. Pandemic was not at all in anybody's plan but it came and it became a part of our normal life. It actually gave me a lesson that we should always be prepared for the worst. Nevertheless, it gave us time to know ourselves more and our potential that we can fight challenges of our daily life, doesn't matter whether it's a big one or small. Albeit, we didn't have that much fun in our annual fest because it was in virtual mode, but we're happy and satisfied that we did it." - Sania Abbas, 3rd year.*

Outdoor demographic being a requirement for photography in general, the future still stands unclear for us. The only way to cope is to find frames indoors and hope for the best.





# ***Diamond Jubilee Celebration @Shivaji***

Shivaji College was established in 1961 by the late Hon'ble Dr Panjabrao Deshmukh, Union Minister for Agriculture and a renowned social activist and farmer-leader. His vision was to provide higher education for boys and girls in the rural setup. The founder principal of Shivaji College was Dr. R. K. Bhan. The Government of Delhi took the trusteeship of the College into its possession and relocated it to Karampura in 1967. The campus was further shifted to the present location in Raja Garden in 1976.

Having been accredited with Grade "A" by NAAC and adjudged Rank 51 by the National Institute Ranking Framework (NIRF), MHRD, Govt. of India, Shivaji College continues to aspire for new heights and accomplishments. The college currently comprises of 18 Departments, offering 26 undergraduate and 3 postgraduate courses. Known throughout the country for its scientific acumen, the college has been awarded with financial grant under the illustrious Star College Scheme, an initiative of the Department of Biotechnology (DBT), Govt. of India. From humble origins on a village ground, today we boast of a state-of-the art institution that stands tall and proud in the heart of West Delhi.

Shivaji College is proud to celebrate its Diamond Jubilee Year in 2020-2021. This old and great institution has achieved many milestones over decades. This diamond jubilee year will witness a period of great celebration of this milestone and we will be organizing a number of conferences, events and invited lectures.

Major events already been conducted by the Shivaji College on its diamond jubilee year are as follows:

- The inaugural lecture for the Diamond Jubilee was organised on October 30, 2020, where the honourable Chief Guest, Prof. M. Jagadesh Kumar, Vice Chancellor, JNU, delivered a talk on 'Self Reliant India'. The Guest of Honour was Prof. P.C. Joshi, Pro Vice- Chancellor, Delhi University. In the same event, the college also launched SPACE (Shivaji Platform for Academic Connect and Empowerment), a state-of-the-art digital platform for efficient record- keeping, data management and stakeholder engagement.
- A webinar was organised on November 30, 2020 to commemorate the Diamond Jubilee year and a talk by Professor Rakesh Bhatnagar, Vice- Chancellor of Banaras Hindu University entitled 'Good Quality Early Education is the First Step Towards Transforming India'.
- In the above series a webinar was also organised on February 25, 2021. Dr.V. Ramgopal Rao, Director Indian Institute of Technology, Delhi delivered a lecture on title 'Education, research and innovation in the 21<sup>st</sup> century : The changing role of academic institutions'.



# ***Eminent Guests for Diamond Jubilee @Shivaji***



**Prof. P.C. Joshi**  
Vice Chancellor (Acting)  
University of Delhi



**Prof. M. Jagadesh Kumar**  
Vice Chancellor  
Jawaharlal Nehru University



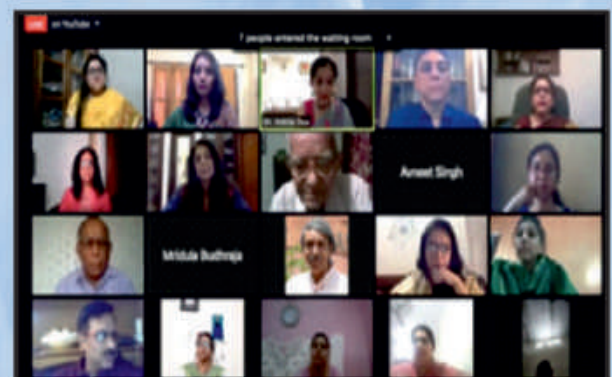
**Prof. Rakesh Bhatnagar**  
Vice Chancellor  
Banaras Hindu University



**Prof. V. Ramgopal Rao**  
Director  
Indian Institute of Technology Delhi



# *Diamond Jubilee Celebration@shivaji*





# Fighting COVID-19: Vaccination Drive @ Shivaji

Delhi University's mission to revive campus life was given a booster by Shivaji College's vaccination drive. With first of its kind vaccination camp being set up in the College campus, the collective battle against COVID was initiated. With due support by our honourable Principal Prof. Shiv Kumar Sahdev and collaboration by the University of Delhi and College Health Centre, the drive was conducted in a smooth manner. Till now, more than 1000 faculty members, non-teaching staff, and their family members have been vaccinated through this drive.





# Medicinal Plants in Shivaji College



*The Glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture the garden is to feed not just on the body, but the soul*

**-Alfred Austin**

No matter where we go on this planet, plants with diverse kind of flowers catch our attention and bless us with other beneficial characters. Plants impacting our day to day life can broadly be categorized as of:-

- Medicinal importance
- Ecological importance
- Aesthetic appeal

Charm of the college campus is aided its green parks, rock garden and ornamental plants. The college also maintains a herbal garden which grows a wide variety of plants of medicinal importance. Herbal garden also serves the purpose of conserving some rare medicinal plants. Some of these plants along with their medicinal values are summarized in this report.







**Botanical Name:** *Calotropis sp.*  
**Common Name:** Apple of Sodom

**Uses** The plant is beneficial in digestive disorders such as diarrhea, vomiting, nausea, constipation. It is also used in various aches like toothache, joint pain and cramps. Latex extracted from the plant has been applied against skin diseases, leprosy, intestinal worms, and for infectious diseases including elephantiasis. Additionally, it shows anti-tumor and antidotal activity.



**Botanical Name:** *Tropaeolum majus*  
**Common Name:** Indian Cress

**Uses** This plant is rich in vitamin C. Therefore, it shows immunity boosting property. It has strong antibiotic and antimicrobial properties, helps in promoting the formation of red blood cells. It is used for making antiseptic hand-wash and is also effective in the treatment of minor injuries, skin eruptions, baldness and remedy for urinary tract infections and has anti-tumor properties.



**Botanical Name:** *Bryophyllum pinnatum*  
**Common Name:** Pattharchaa

**Uses** The plant is eaten raw for diabetes, diuresis, boils, insect bites, kidney stones and infections of respiratory tract. Paste of leaf shows wounds healing property. It has been found beneficial against liver damage caused by alcohol and other toxicants. Besides, leaf possesses antioxidant property and its powdered form is used as an ingredient of herbal tea.



**Botanical Name:** *Aloe barbadensis*  
**Common name:** Aloevera

**Uses** Aloevera is considered as a natural healer. It is used for healing wounds and reduce sunburn. Its sap is also used in various cosmetic products because it shows anti-ageing and nourishing properties. Aloe vera juice lowers blood sugar and aloin, an active compound in aloe vera, may help treat constipation. It is easily available in the form of juice bottles.



**Botanical Name:** *Portulaca oleracea*  
**Common Name:** Purslane

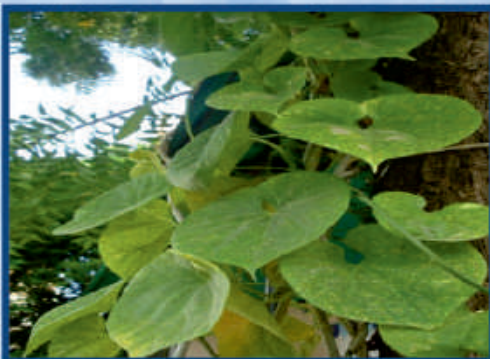
**Uses** Purslane is full of antioxidants, Vitamin-C and E, contains a high amount of the useful omega-3 fatty acids, which prevents heart diseases and improves immune system. The herb has been very effectively used to diuretic properties and can be used as an intoxicant and as a cooling and fever-lowering agent. It can also be helpful for ailments related to the urinary tract after proper formulation.



**Botanical Name:** *Sansevieria cylindrica*  
**Common name:** Snake Plant

**Uses** It has been effectively used against snake bites, dental problems, headache. *Sansevieria sp.* species are also known for possessing air purifying properties, removing indoor toxins like benzene, xylene and other harmful gases. It is a suitable indoor plant due to its carbon absorption and oxygen release rate which is very high during the nighttime.





**Botanical Name:** *Tinospora cordifolia*

**Common Name:** Guduchi (Giloe)

**Uses** Giloe is a natural immunity booster, bitter in taste but effective against several disorders like diabetes, arthritis, asthma and other respiratory problems. It is majorly known for the treatment of dengue and malarial fever. This plant is used to improve eye sight, loss of appetite, fevers, rheumatism and in other skin diseases.



**Botanical Name:** *Punica granatum*

**Common name:** Pomegranate

**Uses** Pomegranates have been used to thin the blood, increase blood flow to the heart and reduce blood pressure, reduce plaque in the arteries, and reduce bad cholesterol while increasing good cholesterol. Also used in medicines to treat digestive disorders, sore throats, coughs, urinary infections, skin disorders, arthritis, and to expel tapeworms.



**Botanical Name:** *Euphorbia milii*  
**Common name :** Crown of thorns

**About:** *Euphorbia milii* is an indoor ornamental foliage plant. It is a very poisonous plant. Its cell sap or latex causes skin irritation and even rashes in some cases.

It can grow in sunny beds, borders, containers or rock garden in winter. It can also grow as household plants. While the red flowers serve to attract, the stem consists of numerous spines protecting it from animals.



**Botanical Name:** *Elaeocarpus ganitrus*

**Common name:** Rudraksha

**Uses** Rudraksha is known for its religious and spiritual importance. However, it helps in the recovery of a patient's strength after a disease. It reduces headache and acts as a blood purifier, which reduces blood impurities and increases blood circulation. It helps in breathing disorders and chronic cough and abdominal diseases. Rudraksha powder with some other herbs is also used for skin beautification. When taken with milk, Rudraksha increases memory and brainpower.



**Botanical Name:** *Euphorbia tirucalli*

**Common Name:** Pencil Cactus

**Uses** It is used for the ailments of disorders such as leprosy, jaundice, spleen enlargement, asthma and bladder stones. Its sap contains a latex and is highly poisonous, causing severe injury to the eye, irritation and vesication to skin, emesis and purgation from ingestion. Eye contact with the sap can cause blindness lasting several days. The toxicity of the latex is considered seasonal or reduced in young plant parts.



**Botanical Name:** *Erythrina coralloides*

**Common Name:** Naked Coral Tree

**Uses** *Erythrina abyssinica* is a well-known medicinal plant. The bark is used to treat snakebites, malaria, stomach-ache, amoebiasis, cough, liver inflammation, and measles. Roasted and powdered bark is used to treat burns, ulcers and swellings and also against vomiting. Leaves are taken to treat peptic ulcers; they are also used for treatment of diarrhoea. A leaf decoction serves as an emetic. Fruit extracts are taken to treat asthma and meningitis.





**Botanical Name:** *Calendula sp.*

**Common name:** Marigold

**Uses:** Marigold seeds are rich in fats and is used in number of edible items from sunflower butter to yoghurt to cereal bread made from grounded seeds. The seeds when roasted can be served as substitute of coffee and drinking chocolate. The oil obtained from these seeds is semi-drying high quality edible oil and is low in cholesterol. It is used in salads and in cooking.



**Botanical Name:** *Dahlia pinnata*

**Common Name:** Garden Dahlia

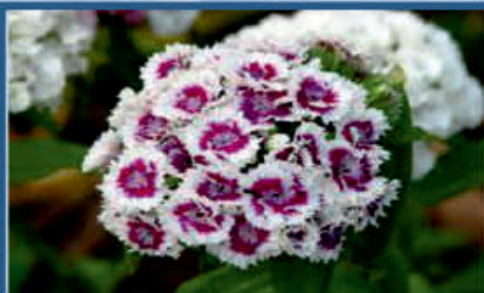
**Uses:** Dahlia, a spectacular flower is used in variety of preparations. On the one hand it is used in wide range of cosmetics such as scented soap, lip balm, perfumed water moisturizing bath milk and compact powder. On the other hand, its tuberous roots being sweet are used for drinking purposes and flavor enhance in tea and coffee. They are also used to make a special spice culinary art, known for its taste and flavor.



**Botanical Name:** *Rosa sp.*

**Common Name:** Rose

**Uses:** The Rose petals are used to prepare "gulkand" which is a remedy to many diseases such as constipation, leucorrhea, eyes diseases, heart ailments and certain type of inflammations. The gulkand is prepared by crushing sun dried rose petals with 1 kg of sugar for 20-25 minutes. Both children and adults can consume it. For children, 1 tsp (5-6 g) of drug is given 2-3 times per day for 2-3 days. For adults, 2-3 tsp of drug is given 2-3 times per day for 15-20 days.



**Botanical Name:** *Dianthus barbatus*

**Common Name:** Sweet William

**Uses:** Sweet Williams are edible flowers. Because of their mild sweet taste, they are used to garnish baked foods like cakes, deserts; fruit and vegetable salads, ice cream and drinks. They can grow in any type of garden – bed or border. They can grow well in the cities and towns because they are pollution tolerant and salt spray plants. They are easy to grow. Their compact size favor their cultivation in any container. Flowers produce nectar which attracts birds, bees and butterflies.

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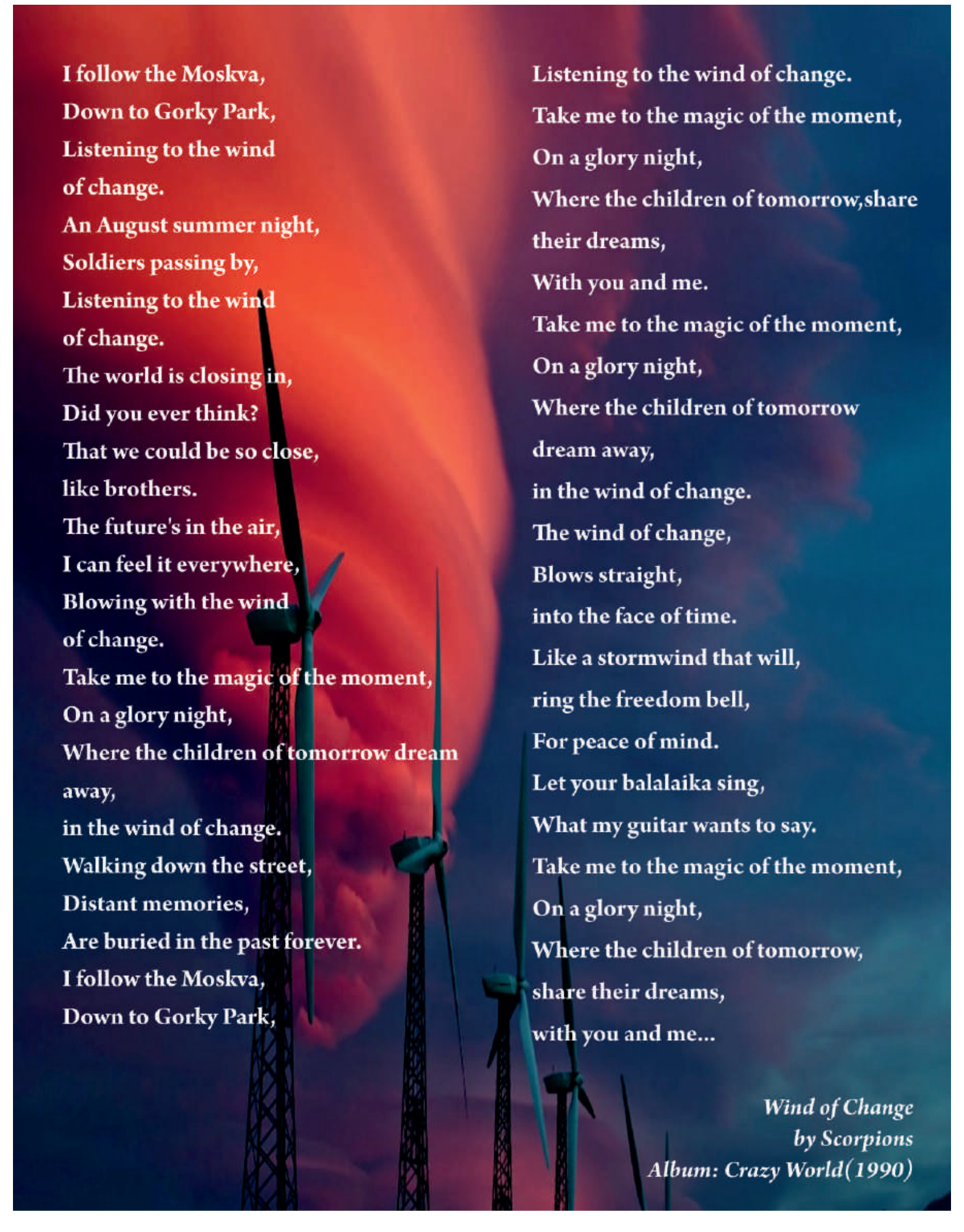


Ms. Priyanka



Dr. Divya Madaan  
(Convener)





I follow the Moskva,  
Down to Gorky Park,  
Listening to the wind  
of change.  
An August summer night,  
Soldiers passing by,  
Listening to the wind  
of change.  
The world is closing in,  
Did you ever think?  
That we could be so close,  
like brothers.  
The future's in the air,  
I can feel it everywhere,  
Blowing with the wind  
of change.  
Take me to the magic of the moment,  
On a glory night,  
Where the children of tomorrow dream  
away,  
in the wind of change.  
Walking down the street,  
Distant memories,  
Are buried in the past forever.  
I follow the Moskva,  
Down to Gorky Park,

Listening to the wind of change.  
Take me to the magic of the moment,  
On a glory night,  
Where the children of tomorrow, share  
their dreams,  
With you and me.  
Take me to the magic of the moment,  
On a glory night,  
Where the children of tomorrow  
dream away,  
in the wind of change.  
The wind of change,  
Blows straight,  
into the face of time.  
Like a stormwind that will,  
ring the freedom bell,  
For peace of mind.  
Let your balalaika sing,  
What my guitar wants to say.  
Take me to the magic of the moment,  
On a glory night,  
Where the children of tomorrow,  
share their dreams,  
with you and me...

*Wind of Change*  
by Scorpions  
Album: Crazy World (1990)





***Shivaji College  
(University of Delhi)***

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