

SHIVAJI COLLEGE, UNIVERSITY OF DELHI
DEPARTMENT OF Physical Education
INTERNAL ASSIGNMENT/PROJECTS/PRESENTATIONS
(Academic Year 2023-24)

Name of the Course: GE

Semester : 1

Name of the Paper: Fitness&Wellness

Maximum Marks: 12

Faculty Name: Amita Handa

Last Date of Submission: 30.10.2023

ASSIGNMENT

Prepare a project on the game assigned to you against your name (Wherever applicable), covering the following topic related to the game.

1. Rules and regulations. (ANY 10)
2. Fouls and violations(Any 5)
3. Duration of the game.(WHEREVER APPLICABLE)
4. Terminology associated with the game. (Any 5)
5. Diagram of playing surface with dimensions
6. Result Analysis of the game in Asian games 2023 (Medal tally)
7. Winners in Asian games 2023 in the game assigned to you.

The above assignment is to be done neatly in a thin notebook. The notebook should be covered with brown paper. This assignment carries marks. **Last date for submission of the assignment is 30th Oct. 2023 AT 1 PM**

S.NO	Name of the Student	College Roll No.	ASSIGNMENT
1	Shubham Kumar xess	23/06022	ATHLETICS: 5000 METRES
2	Vishesh kushwaha	23/06037	HOCKEY
3	Akshit Saini	23/06041	CRICKET
4	Birendra Kumar Nayak	23/09007	ATHLETICS: SHOT PUT
5	Varun	23/10035	HOCKEY
6	Yash	23/10036	CRICKET
7	Dhruv	23/10038	KABADDI
8	Abhishek kumar	23/17002	ARCHERY
9	Saksham	23/17061	BADMINTON
10	Shivam kanaujia	23/17066	ATHLETICS: DECATHLON
11	Bhav Aggarwal	23/17135	TENNIS
12	Madhav Poptani	23/17139	BOXING

S.NO	Name of the Student	College Roll No.	ASSIGNMENT
13	Aagam Jain	23/2001	CHESS
14	Harsh	23/2021	SHOOTING
15	Harshi Goyal	23/2022	TABLE TENNIS
16	Krish Choudhary	23/2030	INDIA AT ASIAN GAMES 2023
17	Piyush bhutani	23/2042	ATHLETICS: STEEPLECHASE
18	Sandeep Chouhan	23/2052	ATHLETICS: RELAY
19	Rohit dhir	23/2086	SOCCER/FOOTBALL
20	Bishal raj	23/23012	ATHLETICS: HEPTATHLON
21	Keshav	23/23022	ATHLETICS: STEEPLECHASE
22	Shipal	23/23127	ATHLETICS: 10000 METRES
23	Hriday Singh	23/29015	CRICKET
24	Hrithik Chugh	23/29016	SOCCER/FOOTBALL
25	Manuj Gahlot	23/29023	ATHLETICS: 400 METRES
26	Nikhil Kumar Gami	23/29029	BADMINTON
27	prerna	23/29034	ATHLETICS: HEPTATHLON
28	Rishu dhika	23/29040	TENNIS
29	Tapish kumar	23/29050	ATHLETICS: SHOT PUT
30	Vansh	23/29054	CHESS
31	Jhilmil	23/29060	ATHLETICS: DISCUS THROW
32	Naveen	23/29065	TABLE TENNIS
33	Dhairya Malhotra	23/29074	INDIA AT ASIAN GAMES 2023
34	Harsh Chand	23/31017	ATHLETICS: HEPTATHLON
35	Robin Raj Kujur	23/31040	HOCKEY
36	Satyam Bharti	23/31043	INDIA IN 2020 OLYMPIC GAMES: A REPORT
37	garvita Khosla	23/2020	INDIA AT ASIAN GAMES 2023
38	Ritik	23/43035	SOCCER/FOOTBALL
39	Harsh Sejwal	23/43041	CRICKET
40	Devan Rathi	23/50129	ATHLETICS :JAVELIN THROW
41	Ankur	23/51020	ATHLETICS: SHOT PUT
42	Gattamaneni Venkata	23/51046	ATHLETICS :DECATHLON
43	Sunny	23/51105	TABLE TENNIS
44	Tannu	23/51108	INDIA IN 2020 OLYMPIC GAMES: A REPORT
45	Yash Khatri	23/62028	ATHLETICS: 800 METRES
46	Aditya mandar	23/62036	ATHLETICS :RELAY RACES
47	Punit Kumar	23/62038	ATHLETICS :JAVELIN THROW

48	Abhishek	23/62041	ATHLETICS: TRIPLE JUMP
49	Himanshu Gauniyal	23/63018	ATHLETICS: LONG JUMP
50	Sahil Gupta	23/63042	ATHLETICS: HURDLES
51	Vedant kumar	23/63048	TABLE TENNIS
52	Aman Bhatt	23/63050	ATHLETICS: 1500 METRES
53	Ankit	23/63051	ATHLETICS: HEPTATHLON
54	Rohit Verma	23/63074	ATHLETICS: TRIPLE JUMP
55	Rajeev Kumar	23/51129	INDIA IN 2020 OLYMPIC GAMES: A REPORT



Faculty Signature