

DEPARTMENT OF PHYSICAL EDUCATION

TEACHING PLAN

EVEN Semester IV: VAC: 6967000009

FIT INDIA

(Session 2023-24)

NAME OF FACULTY	MONTH	NO. OF CLASS TAKEN	SYLLABUS COVERED	EXECUTION PLAN
AMITA HANDA	FEB	16	UNIT 1	28-02-2024
	MARCH.	10	Unit 2	27-03-2024
	APRIL	16	Unit 3	30-04-2024

Amrita

TEACHING PLAN

STRESS MANAGEMENT: DEPARTMENT OF PHYSICAL EDUCATION

GENERIC ELECTIVE: EVEN Semester II

Paper Code: 2554001202

(Session 2023-24)

NAME OF FACULTY	MONTH	NO. OF CLASS TAKEN	SYLLABUS COVERED	EXECUTION PLAN
AMITA HANDA	FEB	12	UNIT 1 Unit 2	28-02-2024
	MARCH.	8 (Assignment)	Unit :2 (Continued)	27-03-2024
	APRIL	13 (Internal Assessment)	Unit 3 Unit 4	30-04-2024

Amrita

TEACHING PLAN**Even Semester: VAC: SPORTS FOR LIFE****SEMESTER II: Paper Code: 6967000017)****(Session 2023-24)****DEPARTMENT OF PHYSICAL EDUCATION**

NAME OF FACULTY	MONTH	NO. OF CLASS TAKEN	SYLLABUS COVERED	EXECUTION PLAN
AMITA HANDA	FEB	16	UNIT 1	28-02-2024
	MARCH.	10	Unit 2	27-03-2024
	APRIL	16	Unit 3	30-04-2024

