

Shivaji College, University of Delhi

Extension Activities for 2020-2021

1. NSS organized a Donation Drive for Earth Saviour Foundation held on July 3, 2020

During the session 2020-21 many donation drives took place. The Earth Savior Foundation was the beneficiary of a “Donation Drive” organized by NSS Shivaji (Let No One Sleep Hungry). It aimed to solicit a small donation from the public to assist the less fortunate. Sanitizers, masks, gloves, raw food products, and other items were mostly donated. It was during this time that the Coronavirus had just been uncovered, and masks and other precautions had been made mandatory.

Let no one sleep hungry.

While many of us are fortunate enough to have adequate resources for our own lives, it's our duty not to forget those who are dependent on society for their needs. The following items were required at The Earth Saviours Foundation-

1. Sanitizers
2. Masks
3. Gloves
4. Raw food items
5. Foam sheets

In these times of e-commerce and online interactions, people spared few minutes to order rice/dals/atta and other basic necessities mentioned below on Amazon, which they delivered at the address provided to them. Your contribution was valuable to us



Shivaji College
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University of Delhi

National Service Scheme
is organising
A DONATION DRIVE
(Under the aegis of IQAC)
for

The Earth Saviours Foundation
'Let No One Sleep Hungry'

Kindly spare few minutes to donate any item of basic necessities from Amazon directly to the address of The Earth Saviours Foundation.

Address	Items Needed
The Earth Saviors Foundation Bandh wari Village, Gurugram, Faridabad Road, near Teri Golf Course, District - Gurugram, Haryana 122001, India	• Sanitizer • Mask • Gloves • Raw Food Items • Foam sheets

A Certificate of appreciation will be provided to the contributors. Please send your details (Name, contact No, Email) along with a screenshot of your contribution to the number mentioned below.

A small contribution from you can make a big difference.

For more information contact
Neelesh (Vice-President) : +91 93159 89288

Dr. Ruchira Dhingra
Programme Officer

Dr. Shiv Kumar Sahdev
Principal

List of Students Present:

NSS Donation Drive for Earth Saviour Foundation Attendance July 3, 2020					
S.No.	NAME	COURSE	YEAR	CONTACT	Attendance
1	Abhay Sharma	Math (H)	3	9522004457	A
2	Abhishek Pandey	Zoology hons	2	7065641619	A
3	Aditi sharma	Bsc life sci	3	9711296613	P
5	Adyasha Rout	Bsc(H)Zoology	2	8076590474	A
6	Akshita sharma	Bsc life sci	2	7289858930	A
7	Aman tiwari	Bsc life sci	2	9205705477	A
8	Anil	hindi(h)	3	9911337361	P
9	Ankush chhillar	mathematics hons	3	9050121952	A
10	Archita mazumdar	geo.hons.	3	8800689269	A
11	Arvind yadav	Bsc life sci	3	7982012315	P
12	Avani	Bsc hons Botany	3	9306551272	A
13	Avni Agarwal	Bsc life sci	2	9084360172	P
14	Bhagwat Awasthi	Geography	2	9304933080	A
15	Bharati Agarwal	Political sci hons	2	9911829600	A
16	Chandani jha	Bsc life sci	2	8571892877	P
17	Chander prakash singh	BA Prog	3	8826740027	A
19	Chiranjeev Singh	Ba hons Sanskrit	3	9718395757	P
20	Deepanshu	Bsc life sci	3	9205673387	A
21	Dev Kumar	Bsc hons Mathematics	3	8802295844	P
22	Dev Raj Verma	BSc life science	2	8851754037	P
23	Dharmender	physics	3	9896812933	A
24	Diptanshu Drall	BA Prog	2	9013712291	A
25	Divya Rajput	Bsc life science	3	8377891895	A
26	Divyanshi	Bsc life sci	2	9811519314	P
27	Gaurav dhir	BA Prog	3	9891376635	P
28	Gyan jaiswal	Bcom P	3	9546069365	P
29	Hemant	BA Sanskrit	3	8449898847	A
30	Himani narang	Bcom prog	3	8168587044	A
31	Himanshu Pandey	BA Prog	3	8130745408	A
32	Hritick bandyopadhyay	Geo. Hons.	3	8761995067	P
33	Isha	Ba prog	3	9667099586	A
34	Ishana dingra	Bsc hons Mathematics	2	8178420823	A

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35	Ishika jain	Bcom P	3	8130800754	P
36	Ishika Panchal	Bsc zoology hons	2	9211355435	A
37	Jhanavi Gupta	BA Prog	3	8442066771	P
38	Juhi pandey	Bsc hons Mathematics	2	9971513101	A
39	Jyoti singh	Bsc hons Mathematics	2	6394943451	A
40	Kajal Kumari	Geography hons	2	7678136916	P
41	Kartar singh	BA pol science	3		A
42	Komal	BA Prog	3	8920822327	A
43	Khyati khatri	Bsc life sci	2	7838343949	P
44	Kunal	Bsc life science	3	9896349494	A
45	Lavanya	Bsc(H)Zoology	2	9990596210	P
46	Man singh	BA Prog	2	9571085997	A
47	Manish	phy.sci.with che.	3	8383820346	A
48	Manisha mehra	BA pol science	3		A
49	Manshi sharma	Bsc hons Mathematics	2	8586847049	A
50	Mohini	BA hindi (H)	2	8076001745	A
51	Muskaan Dimri	Bsc life sci	2	9667048544	P
52	Namra ansari	Bsc life science	3	9654198450	A
53	Nancy garg	Bsc life science	3	9810805115	A
54	Neha bhardwaj	Bsc life sci	2	7037149755	P
55	Neha pal	Bsc life sci	2	9625294541	P
56	Nishant jawla	mathematics hons	2	8745835899	A
57	Nishita Rathi	Bsc life science	3	7703853842	A
58	Nitesh tiwari	BA Prog	3	9354789784	P
59	Nooba	BA pol science	3	8795984820	A
60	Ojaswani verma	Bsc botany (H)	2	7007149365	A
61	Piyush dahiya	Bsc hons Mathematics	2	8178202436	A
62	Pooja	B.Sc. Botany(hons)	3	7503042167	P
63	Pragati	Bcom prog	3		A
64	Pratyush sahu	B.A. programme	2	9696799273	A
65	Purna chauhan	Histor hons	2	9711283782	P
66	Prince sharma	Bsc aps	2	8473975406	A
67	Prinka	BA pol science	2	6005155474	A
68	Priya	mathematics hons	2	8923756985	P
69	Priya	BA pol science	2	8700117325	A
70	Priya beniwal	Bsc hons	2	9354719323	A

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		Mathematics			
71	Priya pal	Bsc life science	3	8920754847	A
72	Priyanka	Bsc life science	2	8168506623	P
73	R Sankeerthana	Bsc life sci	2	8130263997	P
74	Rahul	hindi(h)	3	7291844265	P
75	Rahul yadav	BA Prog	3	8700829337	A
76	Ramsunder	Ba prog	3	9315087040	A
77	Risha	Bsc life sci	3	8447289629	P
78	Ritika yadav	BA English (H)	3	9654321467	P
79	Sarvesh pratap singh	BA Hons geography	2	8948944446	P
80	Saumya maurya	History Hons	2	9667225401	P
81	Sejal	Political sci hons	2	7987511929	A
82	Shahin Malik	Bsc life sci	2	8851121439	P
83	Shahnaj	BA Prog	3	9354135435	P
84	shaikh farinaz	Bsc life sci	2	9953575932	P
85	Shamashree samanta	Bsc(H)Zoology	2	7044285626	A
86	shine	BA Prog	2	9891614574	A
87	Shivam	Bsc life science	3	8529488137	A
88	Shivam kanojia	Bsc life sci	3	9650966082	P
89	Simran Vashishth	BA Prog	3	9971647426	A
90	Simran verma	Bsc(H)Zoology	2	7217824757	P
91	Sneha singhal	Math (H)	2	9079948412	P
92	Sparsh	Bcom P	3	8929153771	A
93	Srishti Chhokar	B.A. programme	3	9910010167	A
94	Srishti Rawat	B.Sc. Botany(hons)	3	7835980971	A
95	Sugam kr	Bsc life sci	3	9650714287	P
96	Suraj sharma	phy.sci.with che.	2	6396637767	A
97	Tanya Goyal	Bsc life sci	3	9711471914	A
98	Vaibhav kumar	Bsc life sci	2	8433124490	P
99	Vikas	Bsc life science	3	9810568510	P
100	Vinayak sharma	Bsc(H)Zoology	2	9588876430	A
101	Vishal	BA Prog	3	8010168170	P
102	Vishal singh	Bsc life sci	2	8527468470	P
103	Vishav pratap singh	BA Prog	3	9413888771	A
104	Yashika kataria	Bsc(H)Zoology	2	9311962600	P
105	Yuvraj	History hons	2	9110155348	A

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2. NSS organized a Mask Donation Drive – July 7, 2020

NSS Shivaji organised a mask donation drive to raise awareness about the importance of masks, particularly in the wake of the pandemic. Masks are important resources for preventing Covid 19 transmission in the community. By the summer, the number of covid cases had skyrocketed, and masks were the only way to prevent the virus from spreading. NSS Shivaji took it upon themselves to inform the public and provide masks to help monitor the situation.

Many International Organizations, including WHO, stated how important the role of mask is in this pandemic period. A series of studies had reinforced the case for wearing masks as a preventive. Face masks could play a role in preventing the entry of virus. The dominant scientific opinion said- masks are very useful, and even relatively simple home-made masks could offer a great degree of protection against the novel coronavirus.

The NSS unit of Shivaji College has taken the initiative to donate masks to people in order to save them from this virus. The unit have organised MASK DONATION DRIVE, to stop the community transmission of Corona virus. We are initiating Mission Sankalp, a mask donation drive.

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PRESENTS

मिशन संकल्प
under the aegis of IQAC

1 Mask = 1 Life

Mask Donation Drive

Let's stop the community transmission of Corona

Donate now or it's too late !

Send your pictures while donating masks, to the given number.
For more queries, contact :
Nisha (President) - +919306131328

Dr. Ruchira Dhingra
Programme Officer

Dr. Shiv Kumar Sahdev
Principal

List of Students Present:

NSS Mask Donation Drive Attendance July 7, 2020				
S.No.	NAME	COURSE	YEAR	Attendance
1	Abhay Sharma	Math (H)	3	A
2	Abhishek Pandey	Zoology hons	2	P
3	Aditi sharma	Bsc life sci	3	P
5	Adyasha Rout	Bsc(H)Zoology	2	A
6	Akshita sharma	Bsc life sci	2	P
7	Aman tiwari	Bsc life sci	2	A
8	Anil	hindi(h)	3	A
9	Ankush chhillar	mathematics hons	3	P
10	Archita mazumdar	geo.hons.	3	A
11	Arvind yadav	Bsc life sci	3	P
12	Avani	Bsc hons Botany	3	A
13	Avni Agarwal	Bsc life sci	2	A
14	Bhagwat Awasthi	Geograpy	2	A
15	Bharati Agarwal	Political sci hons	2	A
16	Chandani jha	Bsc life sci	2	A
17	Chander prakash singh	BA Prog	3	P
19	Chiranjeev Singh	Ba hons Sanskrit	3	P
20	Deepanshu	Bsc life sci	3	P
21	Dev Kumar	Bsc hons Mathematics	3	A
22	Dev Raj Verma	BSc life science	2	A
23	Dharmender	physics	3	A
24	Diptanshu Drall	BA Prog	2	P
25	Divya Rajput	Bsc life sciience	3	P
26	Divyanshi	Bsc life sci	2	P
27	Gaurav dhir	BA Prog	3	A
28	Gyan jaiswal	Bcom P	3	A
29	Hemant	BA Sanskrit	3	A
30	Himani narang	Bcom prog	3	P
31	Himanshu Pandey	BA Prog	3	P
32	Hritick bandyopadhyay	Geo. Hons.	3	A
33	Isha	Ba prog	3	P
34	Ishana dhingra	Bsc hons Mathematics	2	A
35	Ishika jain	Bcom P	3	A
36	Ishika Panchal	Bsc zoology hons	2	A
37	Jhanavi Gupta	BA Prog	3	P

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38	Juhi pandey	Bsc hons Mathematics	2	P
39	Jyoti singh	Bsc hons Mathematics	2	P
40	Kajal Kumari	Geography hons	2	P
41	Kartar singh	BA pol science	3	P
42	Komal	BA Prog	3	A
43	Khyati khatri	Bsc life sci	2	A
44	Kunal	Bsc life science	3	A
45	Lavanya	Bsc(H)Zoology	2	A
46	Man singh	BA Prog	2	P
47	Manish	phy.sci.with che.	3	A
48	Manisha mehra	BA pol science	3	A
49	Manshi sharma	Bsc hons Mathematics	2	P
50	Mohini	BA hindi (H)	2	P
51	Muskaan Dimri	Bsc life sci	2	P
52	Namra ansari	Bsc life science	3	P
53	Nancy garg	Bsc life science	3	A
54	Neha bhardwaj	Bsc life sci	2	A
55	Neha pal	Bsc life sci	2	P
56	Nishant jawla	mathematics hons	2	A
57	Nishita Rathi	Bsc life science	3	A
58	Nitesh tiwari	BA Prog	3	P
59	Nooba	BA pol science	3	A
60	Ojaswani verma	Bsc botany (H)	2	P
61	Piyush dahiya	Bsc hons Mathematics	2	P
62	Pooja	B.Sc. Botany(hons)	3	P
63	Pragati	Bcom prog	3	A
64	Pratyush sahu	B.A. programme	2	A
65	Prerna chauhan	Histor hons	2	A
66	Prince sharma	Bsc aps	2	A
67	Prinka	BA pol science	2	A
68	Priya	mathematics hons	2	P
69	Priya	BA pol science	2	A
70	Priya beniwal	Bsc hons Mathematics	2	P
71	Priya pal	Bsc life science	3	A
72	Priyanka	Bsc life science	2	A
73	R Sankeerthana	Bsc life sci	2	P
74	Rahul	hindi(h)	3	A
75	Rahul yadav	BA Prog	3	P
76	Ramsunder	Ba prog	3	P

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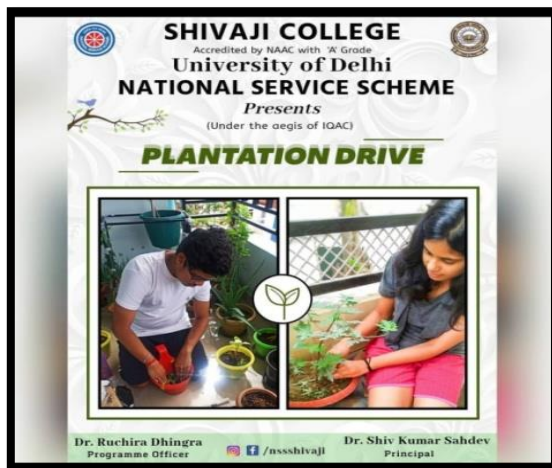
77	Risha	Bsc life sci	3	A
78	Ritika yadav	BA English (H)	3	A
79	Sarvesh pratap singh	BA Hons geography	2	P
80	Saumya maurya	History Hons	2	P
81	Sejal	Political sci hons	2	A
82	Shahin Malik	Bsc life sci	2	A
83	Shahnaj	BA Prog	3	P
84	shaikh farinaz	Bsc life sci	2	A
85	Shamashree samanta	Bsc(H)Zoology	2	P
86	shine	BA Prog	2	P
87	Shivam	Bsc life science	3	A
88	Shivam kanojia	Bsc life sci	3	A
89	Simran Vashishth	BA Prog	3	P
90	Simran verma	Bsc(H)Zoology	2	A
91	Sneha singhal	Math (H)	2	A
92	Sparsh	Bcom P	3	P
93	Srishti Chhokar	B.A. programme	3	P
94	Srishti Rawat	B.Sc. Botany(hons)	3	A
95	Sugam kr	Bsc life sci	3	A
96	Suraj sharma	phy.sci.with che.	2	A
97	Tanya Goyal	Bsc life sci	3	P
98	Vaibhav kumar	Bsc life sci	2	A
99	Vikas	Bsc life science	3	P
100	Vinayak sharma	Bsc(H)Zoology	2	P
101	Vishal	BA Prog	3	A
102	Vishal singh	Bsc life sci	2	P
103	Vishav pratap singh	BA Prog	3	A
104	Yashika kataria	Bsc(H)Zoology	2	P
105	Yuvraj	History hons	2	A

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3. NSS organized a Plantation Drive – August 16-17, 2020

The team of NSS Shivaji College organized a “Plantation Drive”. Due to the pandemic, we nearly forgot about planting trees in our nearby parks and society and so we took the initiative to make our environment clean and green.

NSS unit of Shivaji organised “PLANTATION DRIVE” on the occasion of Independence Day. We all know the value of plants in our lives. Plantation should be done without any second thought, it is necessary at this hour. The plantation is very important for the environment and to prevent further degradation of it.



List of Students Present:

NSS Plantation Drive Attendance August 16-17, 2020					
S.No.	NAME	COURSE	YEAR	CONTACT	Attendance
1	Abhay Sharma	Math (H)	3	9522004457	A
2	Abhishek Pandey	Zoology hons	2	7065641619	P
3	Aditi sharma	Bsc life sci	3	9711296613	A
4	Aditya kataria	BA Prog	3		A
5	Adyasha Rout	Bsc(H)Zoology	2	8076590474	P
6	Akshita sharma	Bsc life sci	2	7289858930	P
7	Anil	hindi(h)	3	9911337361	A
8	Ankush chhillar	mathematics hons	3	9050121952	A
9	Archita mazumdar	geo.hons.	3	8800689269	A
10	Arvind yadav	Bsc life sci	3	7982012315	P
11	Avani	Bsc hons Botany	3	9306551272	P
12	Avni Agarwal	Bsc life sci	2	9084360172	A
13	Bhagwat Awasthi	Geograpy	2	9304933080	A
14	Bharati Agarwal	Political sci hons	2	9911829600	P
15	Chandani jha	Bsc life sci	2	8571892877	A
16	Chander prakash singh	BA Prog	3	8826740027	P
17	cheshta gupta				A
18	Chiranjeev Singh	Ba hons Sanskrit	3	9718395757	A
19	Deepanshu	Bsc life sci	3	9205673387	A
20	Dev Kumar	Bsc hons Mathematics	3	8802295844	P
21	Dev Raj Verma	BSc life science	2	8851754037	P
22	Dharmender	physics	3	9896812933	A
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24	Divya Rajput	Bsc life science	3	8377891895	P
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29	Himani narang	Bcom prog	3	8168587044	A
30	Himanshu Pandey	BA Prog	3	8130745408	A
31	Hritick bandyopadhyay	Geo. Hons.	3	8761995067	A
32	Isha	Ba prog	3	9667099586	A
33	Ishana dhingra	Bsc hons	2	8178420823	A

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		Mathematics			
34	Ishika jain	Bcom P	3	8130800754	P
35	Ishika Panchal	Bsc zoology hons	2	9211355435	P
36	Jhanavi Gupta	BA Prog	3	8442066771	P
37	Juhi pandey	Bsc hons Mathematics	2	9971513101	P
38	Jyoti singh	Bsc hons Mathematics	2	6394943451	A
39	Kajal Kumari	Geography hons	2	7678136916	A
40	Kartar singh	BA pol science	3		A
41	Komal	BA Prog	3	8920822327	P
42	Khyati khatri	Bsc life sci	2	7838343949	P
43	Kunal	Bsc lifescience	3	9896349494	A
44	Lavanya	Bsc(H)Zoology	2	9990596210	P
45	Man singh	BA Prog	2	9571085997	A
46	Manish	phy.sci.with che.	3	8383820346	A
47	Manisha mehra	BA pol science	3		A
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54	Neha pal	Bsc life sci	2	9625294541	A
55	Nishant jawla	mathematics hons	2	8745835899	P
56	Nishita Rathi	Bsc life science	3	7703853842	A
57	Nitesh tiwari	BA Prog	3	9354789784	A
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68	Priya	BA pol science	2	8700117325	P

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69	Priya beniwal	Bsc hons Mathematics	2	9354719323	A
70	Priya pal	Bsc life science	3	8920754847	P
71	Priyanka	Bsc life science	2	8168506623	P
72	R Sankeerthana	Bsc life sci	2	8130263997	A
73	Rahul	hindi(h)	3	7291844265	A
74	Rahul yadav	BA Prog	3	8700829337	P
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76	Risha	Bsc life sci	3	8447289629	P
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78	Sarvesh pratap singh	BA Hons geography	2	8948944446	P
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84	shine	BA Prog	2	9891614574	P
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96	Vaibhav kumar	Bsc life sci	2	8433124490	A
97	Vikas	Bsc life science	3	9810568510	A
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99	Vishal	BA Prog	3	8010168170	A
100	Vishal singh	Bsc life sci	2	8527468470	P
101	Vishav pratap singh	BA Prog	3	9413888771	P
102	Yashika kataria	Bsc(H)Zoology	2	9311962600	P
103	Yuvraj	History hons	2	9110155348	P
104	Mayank	BBE	2	8171934801	A
105	Badal thakur	BA sanskrit(H)	3	8826886437	A
106	Muskan sanchety	Bcom prog	2	8209329064	A

Ruchita
(convener N.S.S.)
2020-21

107	Kiran sharma	Geography hons	3	7027168350	A
108	Neha sharma	BA Prog	3	9315992454	A
109	Suyesh pathak	bsc maths (H)	2	9630059625	A
110	Shiwangi gangwar	bsc maths (H)	2	7668263854	P
111	Himanshi shadeja	bsc maths (H)	2	9305900094	P
112	Pearl				A
113	Samrittee sharma	Bsc hons Mathematics	2	9797468255	A
114	Megha sharma	BA Prog	2	8882128432	A

*Ruchita
(convener N.S.S.)
2020-21*

4. NSS organized a Food Donation Drive- October 16, 2020

Under the aegis of IQAC, the NSS unit of Shivaji College organised a Donation Drive for 'The Earth Savior Foundation' with the motive: 'Let No One Sleep Hungry!' in which one could donate in-kind; Atta, rice, pulses, Sugar, non-perishable items or any item of their choice at The Staff Room, Shivaji College. Everyone's support facilitated the organisation to continue assisting all the needy people.

Under the aegis of IQAC, the NSS unit of Shivaji College organised a Donation Drive for 'The Earth Savior Foundation' with the motive: 'Let No One Sleep Hungry!' in which one could donate in-kind; Atta, rice, pulses, Sugar, non-perishable items or any item of their choice at The Staff Room, Shivaji College. Everyone's support facilitated the organisation to continue assisting all the needy people.



List of Students Present:

NSS Food Donation Drive Attendance October 16, 2020					
S.No.	NAME	COURSE	YEAR	CONTACT	Attendance
1	Abhay Sharma	Math (H)	3	9522004457	P
2	Abhishek Pandey	Zoology hons	2	7065641619	A
3	Adyasha Rout	Bsc(H)Zoology	2	8076590474	P
4	Akshita sharma	Bsc life sci	2	7289858930	A
5	Ankush chhillar	mathematics hons	3	9050121952	A
6	Archita mazumdar	geo.hons.	3	8800689269	P
7	Arushi	BAprog	2	9318316314	A
8	Anshika singh	BSc life science	2	7827353005	P
9	Anil	hindi(h)	3	9911337361	A
10	Avani	Bsc hons Botany	3	9306551272	P
11	Bhagwat Awasthi	Geograpy	2	9304933080	A
12	Bharati Agarwal	Political sci hons	2	9911829600	A
13	Bhavna phukan	BA Hons geography	3	7002422681	P
14	Chandani jha	Bsc life sci	2	8571892877	P
15	Chander prakash singh	BA Prog	3	8826740027	A
16	Deepanshu	Bsc life sci	3	9205673387	A
17	Dev Kumar	Bsc hons Mathematics	3	8802295844	P
18	Diptanshu Drall	BA Prog	2	9013712291	P
19	Divya Rajput	Bsc life science	3	8377891895	A
20	Divyanshi	Bsc life sci	2	9811519314	A
21	Gyan jaiswal	Bcom P	3	9546069365	A
22	Himani narang	Bcom prog	3	8168587044	A
23	Himanshi shadeja	bsc maths (H)	2	9305900094	P
24	Hritick bandyopadhyay	Geo. Hons.	3	8761995067	A
25	Isha	Ba prog	3	9667099586	A
26	Ishika jain	Bcom P	3	8130800754	P
27	Ishika Panchal	Bsc zoology hons	2	9211355435	A
28	Jhanavi Gupta	BA Prog	3	8442066771	A
29	Juhi pandey	Bsc hons Mathematics	2	9971513101	A
30	Jyoti singh	Bsc hons Mathematics	2	6394943451	P
31	Kajal Kumari	Geography hons	2	7678136916	A
32	Khyati khatri	Bsc life sci	2	7838343949	A
33	Kiran sharma	Geography hons	3	7027168350	A
34	Lavanya	Bsc(H)Zoology	2	9990596210	P
35	Manshi sharma	Bsc hons Mathematics	2	8586847049	A

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36	Megha sharma	BA Prog	2	8882128432	A
37	Megha sangwan	BA english (H)	2	9205641584	A
38	Muskaan Dimri	Bsc life sci	2	9667048544	A
39	Namra ansari	Bsc life science	3	9654198450	P
40	Nancy garg	Bsc life science	3	9810805115	P
41	Neha pal	Bsc life sci	2	9625294541	P
42	Neha sharma	BA Prog	3	9315992454	P
43	Nishant jawla	mathematics hons	2	8745835899	A
44	Nishita Rathi	Bsc life science	3	7703853842	A
45	Nitesh tiwari	BA Prog	3	9354789784	P
46	Nooba	BA pol science	3	8795984820	A
47	Ojaswani verma	Bsc botany (H)	2	7007149365	A
48	pearl jain	BA prog	2	9034205412	P
49	Prerna chauhan	Histor hons	2	9711283782	P
50	Prinka	BA pol science	2	6005155474	P
51	Priya beniwal	Bsc hons Mathematics	2	9354719323	A
52	Priyanka	Bsc life science	2	8168506623	P
53	R Sankeerthana	Bsc life sci	2	8130263997	P
54	Rahul	hindi(h)	3	7291844265	A
55	Rahul yadav	BA Prog	3	8700829337	A
56	Ramsunder	Ba prog	3	9315087040	P
57	Risha	Bsc life sci	3	8447289629	P
58	Samrittee sharma	Bsc hons Mathematics	2	9797468255	A
59	Sarvesh pratap singh	BA Hons geography	2	8948944446	P
60	Saumya maurya	History Hons	2	9667225401	P
61	Sejal	Political sci hons	2	7987511929	P
62	Shahnaj	BA Prog	3	9354135435	A
63	shaikh farinaz	Bsc life sci	2	9953575932	A
64	Shamashree samanta	Bsc(H)Zoology	2	7044285626	A
65	shine	BA Prog	2	9891614574	A
66	Shivam	Bsc life science	3	8529488137	A
67	Shivam kanojia	Bsc life sci	3	9650966082	P
68	Shiwangi gangwar	bsc maths (H)	2	7668263854	P
69	Simran Vashishth	BA Prog	3	9971647426	P
70	Simran verma	Bsc(H)Zoology	2	7217824757	A
71	Sneha singhal	Math (H)	2	9079948412	A
72	Sparsh	Bcom P	3	8929153771	P
73	Srishti Chhokar	B.A. programme	3	9910010167	A
74	Srishti Rawat	B.Sc. Botany(hons)	3	7835980971	A

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75	Sugam kr	Bsc life sci	3	9650714287	P
76	Suyesh pathak	bsc maths (H)	2	9630059625	P
77	Tanya Goyal	Bsc life sci	3	9711471914	A
78	Vibha	BA prog	3	9667533354	P
79	Vikas	Bsc life science	3	9810568510	P
80	Vinayak sharma	Bsc(H)Zoology	2	9588876430	P
81	Vishal	BA Prog	3	8010168170	A
82	Vishal singh	Bsc life sci	2	8527468470	A
83	Vishav pratap singh	BA Prog	3	9413888771	P
84	Yashika kataria	Bsc(H)Zoology	2	9311962600	A
85	man singh			8529488137	A
86	mayank			9650966082	A
89	Simran Vashishth	BA Prog	3	9971647426	P
90	Simran verma	Bsc(H)Zoology	2	7217824757	A
91	Sneha singhal	Math (H)	2	9079948412	A
92	Sparsh	Bcom P	3	8929153771	P
93	Srishti Chhokar	B.A. programme	3	9910010167	A
94	Srishti Rawat	B.Sc. Botany(hons)	3	7835980971	A
95	Sugam kr	Bsc life sci	3	9650714287	A
96	Suraj sharma	phy.sci.with che.	2	6396637767	P
97	Tanya Goyal	Bsc life sci	3	9711471914	P
98	Vaibhav kumar	Bsc life sci	2	8433124490	P
99	Vikas	Bsc life science	3	9810568510	P
100	Vinayak sharma	Bsc(H)Zoology	2	9588876430	A
101	Vishal	BA Prog	3	8010168170	A
102	Vishal singh	Bsc life sci	2	8527468470	P
103	Vishav pratap singh	BA Prog	3	9413888771	P
104	Yashika kataria	Bsc(H)Zoology	2	9311962600	A
105	Yuvraj	History hons	2	9110155348	P

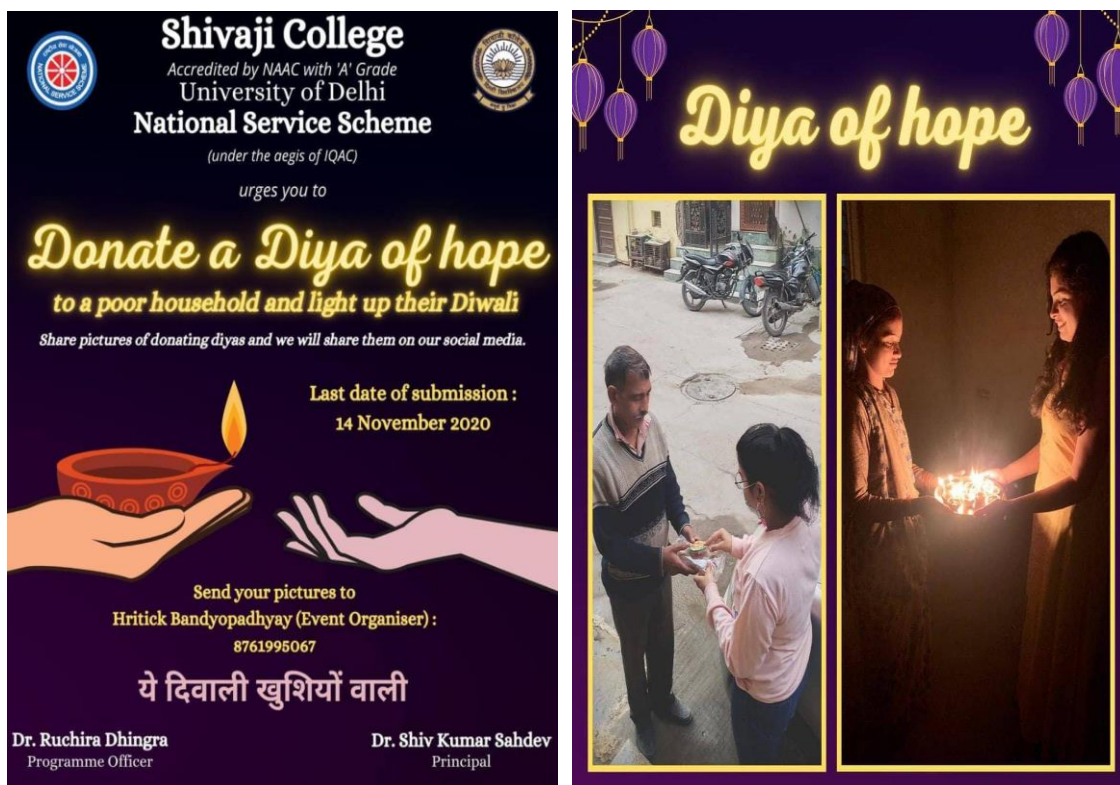
Ruchir
(convenor N.S.S.)
2020-21

5. NSS organized a Diya Donation Drive – November 14, 2020

The NSS team donated Diya to the poor household workers to brighten up their Diwali festivities.

No one has ever become poor by giving. - Anne Frank.

With this thought in mind NSS unit of Shivaji College, Delhi university has taken an initiative to light up the diyas of hope in every house. Let's come together to celebrate this Diwali by donating diyas and bringing happiness to the dull life of the people who seem to be deprived of these moments of joy. Buy diyas worth rupees 10 and donate it among poor people and send in your photographs to the number mentioned below. This Diwali bring happiness to someone's life and be their reason to believe there is good in the world. ✨



Shivaji College
Accredited by NAAC with 'A' Grade
University of Delhi
National Service Scheme
(under the aegis of IQAC)
urges you to

Donate a Diya of hope
to a poor household and light up their Diwali

Share pictures of donating diyas and we will share them on our social media.

Last date of submission :
14 November 2020

Send your pictures to
Hritick Bandyopadhyay (Event Organiser) :
8761995067

ये दिवाली खुशियों वाली

Dr. Ruchira Dhingra
Programme Officer

Dr. Shiv Kumar Sahdev
Principal

Diya of hope

The poster includes an illustration of a hand holding a lit diya and another hand reaching out. The photographs show students in a residential area, one handing a diya to a man, and another group of students holding a cluster of lit diyas.

List of Students Present:

NSS Diya Donation Drive Attendance November 14, 2020				
S.No.	NAME	COURSE	YEAR	Attendance
1	Abhay Sharma	Math (H)	3	A
2	Abhishek Pandey	Zoology hons	2	P
3	Adyasha Rout	Bsc(H)Zoology	2	A
4	Akshita sharma	Bsc life sci	2	P
5	Ankush chhillar	mathematics hons	3	A
6	Archita mazumdar	geo.hons.	3	P
7	Arushi	BAprog	2	A
8	Anshika singh	BSc life science	2	A
9	Anil	hindi(h)	3	A
10	Avani	Bsc hons Botany	3	A
11	Bhagwat Awasthi	Geograpy	2	A
12	Bharati Agarwal	Political sci hons	2	P
13	Bhavna phukan	BA Hons geography	3	P
14	Chandani jha	Bsc life sci	2	A
15	Chander prakash singh	BA Prog	3	A
16	Deepanshu	Bsc life sci	3	P
17	Dev Kumar	Bsc hons Mathematics	3	A
18	Diptanshu Drall	BA Prog	2	A
19	Divya Rajput	Bsc life sciience	3	P
20	Divyanshi	Bsc life sci	2	P
21	Gyan jaiswal	Bcom P	3	P
22	Himani narang	Bcom prog	3	P
23	Himanshi shadeja	bsc maths (H)	2	A
24	Hritick bandyopadhyay	Geo. Hons.	3	P
25	Isha	Ba prog	3	A
26	Ishika jain	Bcom P	3	P
27	Ishika Panchal	Bsc zoology hons	2	A
28	Jhanavi Gupta	BA Prog	3	A
29	Juhi pandey	Bsc hons Mathematics	2	P
30	Jyoti singh	Bsc hons Mathematics	2	A
31	Kajal Kumari	Geography hons	2	A
32	Khyati khatri	Bsc life sci	2	A
33	Kiran sharma	Geography hons	3	A
34	Lavanya	Bsc(H)Zoology	2	A
35	Manshi sharma	Bsc hons Mathematics	2	P

Ruchika
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2020-21

36	Megha sharma	BA Prog	2	P
37	Megha sangwan	BA english (H)	2	A
38	Muskaan Dimri	Bsc life sci	2	A
39	Namra ansari	Bsc life science	3	P
40	Nancy garg	Bsc life science	3	P
41	Neha pal	Bsc life sci	2	P
42	Neha sharma	BA Prog	3	P
43	Nishant jawla	mathematics hons	2	P
44	Nishita Rathi	Bsc life science	3	P
45	Nitesh tiwari	BA Prog	3	A
46	Nooba	BA pol science	3	A
47	Ojaswani verma	Bsc botany (H)	2	P
48	pearl jain	BA prog	2	A
49	Prerna chauhan	Histor hons	2	P
50	Prinka	BA pol science	2	A
51	Priya beniwal	Bsc hons Mathematics	2	P
52	Priyanka	Bsc life science	2	P
53	R Sankeerthana	Bsc life sci	2	P
54	Rahul	hindi(h)	3	A
55	Rahul yadav	BA Prog	3	P
56	Ramsunder	Ba prog	3	P
57	Risha	Bsc life sci	3	A
58	Samrittee sharma	Bsc hons Mathematics	2	A
59	Sarvesh pratap singh	BA Hons geography	2	A
60	Saumya maurya	History Hons	2	A
61	Sejal	Political sci hons	2	P
62	Shahnaj	BA Prog	3	P
63	shaikh farinaz	Bsc life sci	2	A
64	Shamashree samanta	Bsc(H)Zoology	2	P
65	shine	BA Prog	2	P
66	Shivam	Bsc life science	3	A
67	Shivam kanojia	Bsc life sci	3	A
68	Shiwangi gangwar	bsc maths (H)	2	A
69	Simran Vashishth	BA Prog	3	P
70	Simran verma	Bsc(H)Zoology	2	A
71	Sneha singhal	Math (H)	2	A
72	Sparsh	Bcom P	3	A
73	Srishti Chhokar	B.A. programme	3	P
74	Srishti Rawat	B.Sc. Botany(hons)	3	A

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75	Sugam kr	Bsc life sci	3	A
76	Suyesh pathak	bsc maths (H)	2	A
77	Tanya Goyal	Bsc life sci	3	A
78	Vibha	BA prog	3	P
79	Vikas	Bsc life science	3	A
80	Vinayak sharma	Bsc(H)Zoology	2	P
81	Vishal	BA Prog	3	A
82	Vishal singh	Bsc life sci	2	P
83	Abhay Sharma	Math (H)	3	P
84	Abhishek Pandey	Zoology hons	2	P
85	Adyasha Rout	Bsc(H)Zoology	2	A
86	Akshita sharma	Bsc life sci	2	A

Ruchi
(convener N.S.S.)
2020-21

6. NCC organised Blood Donation camp in November, 2020 (30 students participated)



7. NCC organised Swachh Bharat Abhiyaan in December, 2020 (134 students participated)



8. NCC organised Polio Awareness campaign in December, 2020 (111 students participated)



9. NSS organized a Sanitary Pad Donation Drive- March 8, 2021

Donation Drive Under the Aegis of IQAC, the NSS unit of Shivaji College organized a sanitary pad Donation drive under the initiative SAPNA where we all put a step forward for the noble cause to donate a packet of Sanitary pads.

A sanitary pad distribution drive-SAPNA was conducted on the occasion of International women's day in the areas of Raghbir Nagar, Delhi by IQAC, the NSS unit of Shivaji College along with Amoli foundation to increase the awareness about the importance of sanitary hygiene.

On this important day when we all are reminded of the important roles that women play around us, NSS Shivaji College has shown that taking an action in the right direction is the need of the hour. Along with constant demand for respecting women, it is important that we realize and provide for their special yet natural needs. 100+ Sanitary pads were distributed along with soaps, the teachers spoke about the importance of sanitary napkins and the diseases associated with using a cloth during menstruation.

Realizing the grave situation of hygiene in the country, the NSS volunteers and dedicated teachers took an important step towards fighting the problem of proper sanitation, lack of sanitary pads and its awareness in the country.

Altogether it was a successful drive under the guidance of NSS convener Dr. Ruchira Dhingra, Dr Mridula Budhraj, Dr Sarita, Ms. Shilpa, Ms. Pooja, Ms. Supriya, Mr. Bharat and Ms. Poorva Sankla the municipality counselor, Ms. Jyoti gupta Aangwadi supervisor along with the team members of AMOLI society Ms. Anjana, Ms. Neena and Ms. Nupur . The student volunteers actively participated for the same. Around 25 students participated in this drive to help spreading the awareness.

We got a very good response from the women all around. They talked to us about the situation they deal with during menstruation. SAPNA Drive is sure to have brought some dreams true for the women of these regions who have finally been introduced to safer sanitation practices and sanitary pads made by 'Amoli Foundation for Women'. This initiative rightly promotes what it is named '**Sanitary Pads are Necessary not Accessory**'!



Shivaji College

Accredited by NAAC with 'A' Grade

University of Delhi National Service Scheme



In collaboration with



Organises

SAPNA- "A Menstrual Pad Drive"

(Under the aegis of IQAC)

SAnitary
Pads are
Necessary, not
Accessory



8 March 2021

11:00 A.M

Raghubir Nagar

CONTACT-

Nisha- President (9306131328) | Priya Beniwal- Organiser (9354719323)

Dr. Ruchira Dhingra
Programme Officer



Dr. Shiv Kumar Sahdev
Principal



List of Students Present:

NSS Sanitary Pad Donation Drive Attendance March 8, 2021				
S.No	NAME	COURSE	YE R	Attenda nce
1	Abhay Sharma	Math (H)	3	A
2	Abhinav shukla	B.A programme	1	P
3	Abhishek Pandey	Zoology hons	2	A
4	Adyasha Rout	Bsc(H)Zoology	2	P
5	Akshita sharma	Bsc life sci	2	A
6	Anil	hindi(h)	3	P
7	Anjali Duhan	BA program	1	A
8	Anjali Mishra	BA PROGRAMME	1	A
9	Anjali Rajawat	Ba programme	1	A
10	Ankush chhillar	mathematics hons	3	P
11	Anmol rathore	History honours	1	P
12	Anshika Chaudhary	Ba programme	1	P
13	Anshika pandey	Ba program	1	A
14	Anshika singh	BSc life science	2	A
15	Anshu yadav	BBE	1	P
16	Anuj Sharma	BA History hons.	1	P
17	Apama Kumari	Ba Programme	1	A
18	Apporva chaudhary	B.A Hindi hons.	1	A
19	Archita mazumdar	geo.hons.	3	A
20	Arushi	BAprog	2	P
21	Aryaman Ahlawat	B.Sc Physical Science	1	P
22	Avani	Bsc hons Botany	3	A
23	Bhagwat Awasthi	Geograpy	2	A
24	Bharati Agarwal	Political sci hons	2	P
25	Bhargavi	BBE	1	A
26	Bhavishya Panghal	BSc Mathematics Hons.	1	A
27	Bhavna phukan	BA Hons geography	3	P
28	Bhavya Saini	Business economics (BBE)	1	A
29	Chandani jha	Bsc life sci	2	P
30	Chander prakash singh	BA Prog	3	A
31	Chetna	Bsc. Mathematics (Hons)	1	P

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32	Deepanshu	Bsc Maths Honors	1	P
33	Deepanshu	Bsc life sci	3	P
34	Deepika dass	Ba programme	1	A
35	Dev Kumar	Bsc hon's Mathematics	3	A
36	Dheeraj Kumar	BA Hons Geography	1	A
37	Dipanshu Lohani	Bsc Physical science with Computer science	1	P
38	Diptanshu Drall	BA Prog	2	P
39	Divya	Life science	1	A
40	Divya Rajput	Bsc life science	3	P
41	Divyanshi	Bsc life sci	2	A
42	Eeshika Agrawal	BA political science hon's.	1	A
43	Gaurav Pokhriyal	bbe	1	P
44	Gyan jaiswal	Bcom P	3	P
45	Harshita Kaushik	Bsc H maths	1	A
46	Himani narang	Bcom p	3	A
47	Himanshi Chamola	B.A political honours	1	A
48	Himanshi shadeja	bsc maths (H)	2	A
49	Hritick bandyopadhyay	Geo. Hon's.	3	A
50	Isha	Ba prog	3	A
51	Ishika jain	Bcom P	3	P
52	Ishika Panchal	Bsc zoology hon's	2	P
53	Jahanvi Bensla	Ba programme (eco+eng)	1	A
54	Jatin Kumar	BSC lifescience	1	P
55	Jhanavi Gupta	BA Prog	3	A
56	Juhi pandey	Bsc hon's Mathematics	2	P
57	Jyoti singh	Bsc hon's Mathematics	2	A
58	Kajal Kumari	Geography hon's	2	A
59	Kanishak	Bbe	1	P
60	Kanishka goyal	Bsc. Life science	1	P
61	Ketan	B.com (p)	1	P
62	Khushi	BA Geography honours	1	A
63	Khushi Johar	Ba programme(eco+ eng)	1	A
64	Khyati khatri	Bsc life sci	2	P
65	Kiran sharma	Geography hon's	3	A
66	Kritika Pandey	Ba programme	1	P
67	Kritika Sethi	Bsc Mathematics hon's	1	P
68	Lavanya	Bsc(H)Zoology	2	P
69	Love	Ba program (pol.+geo.)	1	A

Ruchita
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70	Madhu	BA PROGRAMME (ECONOMICS + POLITICAL SCIENCE)	1	A
71	man singh			P
72	Manshi sharma	Bsc hons Mathematics	2	P
73	mayank			A
74	Megha sangwan	BA english (H)	2	A
75	Megha sharma	BA Prog	2	A
76	Mohak Aneja	BA Hons. Political Science	1	P
77	Muskaan Dimri	Bsc life sci	2	A
78	Namra ansari	Bsc life science	3	P
79	Nancy garg	Bsc life science	3	A
80	Nandani Giri	BA Political Science Honors	1	P
81	Neha pal	Bsc life sci	2	P
82	Neha sharma	BA Prog	3	P
83	Nisha Jakhar	Geography Honours	1	A
84	Nishant jawla	mathematics hons	2	P
85	Nishita Rathi	Bsc life science	3	A
86	Nitesh tiwari	BA Prog	3	P
87	Nooba	BA pol science	3	A
88	Ojaswani verma	Bsc botany (H)	2	P
89	pearl jain	BA prog	2	A
90	Pratham Shokeen	Ba programme	1	A
91	Pratiksha	BA PROGRAMME(History +Political Science)	1	A
92	Preeti	BA hindi honours	1	P
93	Prerna Chauhan	B.A. history hons.	2	P
94	Prinka	BA pol science	2	A
95	Priya beniwal	Bsc hons Mathematics	2	A
96	Priyanka	Bsc life science	2	A
97	R Sankeerthana	Bsc life sci	2	P
98	Rahul	hindi(h)	3	A
99	Rahul yadav	BA Prog	3	P
100	Rajat saini	BA Geography Honours	1	P
101	Ramsunder	Ba prog	3	P
102	Risha	Bsc life sci	3	P
103	RISHI YADAV	Ba programme (eco+polscience)	1	A
104	Ritik Saini	BBE	1	P
105	Ritika	Chemistry honors	1	P
106	Riya	Ba program	1	A
107	Rohit Kumar	Boom Hons	1	A

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108	Sabhay Aggarwal	B.Com(h)	2	A
109	Samrittee sharma	Bsc honrs Mathematics	2	A
110	Sapna Verma	BBE	1	P
111	Sarthak sharma	Hindi honrs	1	A
112	Sarvesh pratap singh	BA Hons geography	2	A
113	Saumya maurya	History Hons	2	P
114	Saurabh Tripathi	B.A programme	1	P
115	Sejal	Political sci honrs	2	A
116	Shahnaj	BA Prog	3	P
117	shaikh farinaz	Bsc life sci	2	A
118	Shamashree samanta	Bsc(H)Zoology	2	P
119	shine	BA Prog	2	P
120	Shiv Ranjan yadav	BA Hons Hindi	1	A
121	Shivam	Bsc life science	3	A
122	Shivam kanojia	Bsc life sci	3	P
123	Shiwangi gangwar	bsc maths (H)	2	P
124	Shubhi agrawal	Ba programme (economics plus political science)	1	P
125	Simran Rathi	BA programme	1	A
126	Simran Vashishth	BA Prog	3	P
127	Simran verma	Bsc(H)Zoology	2	P
128	Sneha singhal	Math (H)	2	P
129	sonit thakur	Shivaji college (DU)	1	A
130	Sparsh	Bcom P	3	A
131	Srishti Chhokar	B.A. programme	3	P
132	Srishti Rawat	B.Sc. Botany(hons)	3	P
133	Sugam kr	Bsc life sci	3	P
134	Suhab Aktar Barbhuiya	BA Hons Geography	1	A
135	Suyesh pathak	bsc maths (H)	2	A
136	Tanisha Chauhan	B.A. English Honours	1	P
137	Tanmay singh	Ba program	1	P
138	Tanu	Bsc. Life science	1	P
139	Tanvi saxena	B.sc. honrs zoology	1	A
140	Tanya Goyal	Bsc life sci	3	A
141	Tanya Rana	BBE	1	A
142	Vanshika Garg	Bcom	1	P
143	Varsha	BSc mathematics (hons)	1	P
144	Varsha choudhary	B. Com honrs	1	P

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145	Vedanshi	BCom prog	1	A
146	Vibha	BA prog	3	A
147	Vikas	Bsc life science	3	P
148	Vinayak sharma	Bsc(H)Zoology	2	A
149	Vishakha Aggarwal	B.sc(hons) mathematics	1	A
150	Vishal	BA Prog	3	P
151	Vishal Prajapati	BA History honours	1	P
152	Vishal singh	Bsc life sci	2	A
153	vishav pratap singh	BA prog	3	A
154	Vivek kumar	BBE	1	A
155	yashika	Zoology hons	2	A
156	Yogesh Yadav	BA program (history+political science)	1	P
157	Yukta Sharma	Ba program	1	P
158	Yuvraj Singh	BA Program	1	P

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10. WDC held an outreach program on International Women's Day Celebration 2021 in collaboration with "Youth for Seva" NGO in Khyala, Subhash Nagar for the local community on March 9, 2021.

1) On the occasion of International Women's day 2021, the Women's Development Cell, Shivaji College organized an outreach program in collaboration with "Youth For Seva" on March 8, 2021.

2) The team WDC of Shivaji College interacted with the folks of the local community living in Khyala, Subhash Nagar, New Delhi.

3) #ChooseToChallenge & #EachForEqual were the axioms of our team.

The volunteers interacted with the children & women out there by engaging them in fun activities like poster making & face painting.

4) 'To bring the change, we have to be the change first.' With that said, the team WDC also did a menstrual hygiene session with women over there.

5) Within this outreach program, our team also talked to Women & the children about their education.

6) Thus, the Women's Development Cell, Shivaji College completed a needy social program on the occasion of International Women's day with flying colors.

WDC
Shivaji College

**WOMEN'S DEVELOPMENT CELL
SHIVAJI COLLEGE
UNIVERSITY OF DELHI**

**WDC OUTREACH ACTIVITY
2020-2021**

Outreach Program at Subhash Nagar, New Delhi
International Women's Day – March 08, 2021
In collaboration with Youth for Seva NGO

**INTERNATIONAL WOMEN'S DAY CELEBRATION
OUTREACH PROGRAM
MARCH 8, 2021**

NCC

युथ फॉर सेवा
youth for seva



11. NSS Shivaji's team has been working tirelessly to compile a list of checked and operational helplines and contacts for the urgent need for oxygen cylinders, ICU beds, plasma donors, injections, and medications. Every day, following a series of checks, the helplines are made public to assist those in need.

Under the AASHA CAMPAIGN, various awareness posts were posted early including:

- i. Vaccination awareness
- ii. Exercise videos to increase Oxygen Saturation
- iii. Healthcare Survey

The session 2020-21 was very successful which included over 70+ events. The guidance of Teachers along with student volunteers participation made it possible to achieve such great heights.

Various Activities held under AASHA CAMPAIGN

"In the middle of difficulties, lies opportunities"

During this pandemic, NSS unit of Shivaji College is always there for your help. We are here by introducing a campaign *"AASHA : Let's Spread Facts, not Fear"*, With the motto of being a helping hand for all who are in need. This series is where, you will be provided with a very kind and genuine information of all the necessities such as oxygen, beds, plasma etc.

▶ **It's time to unite,**

▶ **Let's fight to survive**

▶ Stay tuned!

Photograph's:

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NATIONAL SERVICE SCHEME
Presents

AASHA
Let's spread facts, not fear

Dr. Ruchira Dhingra (Programme officer) | Dr. Shiv Kumar Sahdev (Principal)

STAY HOME, STAY SAFE

AASHA

About AASHA !!

The NSS unit of Shivaji College is launching a campaign AASHA which brings to you a virtual guide through which you will be able to find verified contact details of medical needs (injections, medicine, oxygen cylinders, hospital beds), Myth busters, Covid helpline numbers, health & wellness videos and much more. Under such strenuous times of Covid-19 pandemic the NSS team of Shivaji College believes that being vigilant in today's pandemic environment should be a priority to us all and hence the campaign AASHA will help the students and people around to maintain a positive aura around themselves.

So, LET'S SPREAD FACTS, NOT FEAR

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NATIONAL SERVICE SCHEME
Under the campaign

AASHA
Is conducting

HEALTH CARE SURVEY

Scan QR Code to participate in survey

Dr. Ruchira Dhingra (Programme Officer) | Dr. Shiv Kumar Sahdev (Principal)

STAY HOME, STAY SAFE

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NATIONAL SERVICE SCHEME
Under the Campaign

AASHA
BOOST YOUR IMMUNE SYSTEM TO FIGHT CORONA

- Intake of foods rich in omega 3 & 6 fatty acids, like gooseberry and turmeric.
- Consumption of foods rich in beta carotene, Ascorbic acid and other essential vitamins, like mushroom,

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NATIONAL SERVICE SCHEME

"Donation shows kindness"

Before donating plasma, Here's what we need to do:

- Drink plenty of water to be fully hydrated.
- Notify the centre personnel if you have had a recent surgery.
- Notify centre personnel if you are taking any medication or are under doctor's care for any medical condition.
- Notify the centre personnel if you have obtained a tattoo or piercing in the last 12 months.

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Under the campaign
AASHA

Eligibility to donate plasma:

- Donor should be minimum 18 years of age with minimum weight of 110 pounds or 55kg.
- Low iron or haemoglobin levels often disqualify someone from being able to donate whole blood or platelets. But since plasma donation doesn't remove blood cells, you may still be able to donate plasma even with lower iron levels.
- Hypothyroid patients on replacement therapy can donate blood products if feeling well and euthyroid on thyroxine for 6 months.
- Donor must not have uncontrolled hypertension, chronic kidney, heart, lung, or liver disease.
- Donors who have been vaccinated against COVID-19 can still donate "source" plasma.
- Anyone who has ever been pregnant can't donate plasma.
- A person with no comorbidity can donate plasma after 14 days of recovery only if they are not older than 60-65 years

<https://www.healthline.com/health/how-often-can-you-donate-plasma#eligibility>

It's better to have the vaccine than to have the virus
STAY HOME STAY SAFE

Bharat's Biotech Covaxin	AstraZeneca Covishield Serum Institute Pune	SputnikV
Second dose- 4-6 weeks after the first dose.	Second dose- 6-8 weeks after first dose.	Second dose- After 21 days of first shot.
Covaxin- 70% efficiency, clinical data reports that it can get scaled upto 100%.	Covishield- efficiency rate of 70%, which could be further scaled upto 90% by administering needed dose.	SputnikV- 92% protection against covid.
Covaxin complications have not been recorded yet. However, early guidelines issues marked the vaccine to be relatively less safe for use by pregnant women (who can't get jabbed yet), ones with certain co-morbidities or using blood thinners.	Covishield usage has sparked off the most controversies of late with many countries pushing for a temporary halt over its use after some people developed blood clots post usage. In very rare cases, neurological complications have also been reported.	Some side effects to a vaccine are expected, but these are usually mild, including a soar arm, tiredness and a bit of a temperature. There are no deaths or serious illnesses in the vaccinated group linked to the job

For further queries : <https://ourworldindata.org/covid-vaccinations>

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NATIONAL SERVICE SCHEME
Under the Campaign AASHA

Bharat's Biotech Covaxin	AstraZeneca Covishield Serum Institute Pune	SputnikV
17 million doses administered in India till now.	122 million doses administered in India.	Vaccination has not started yet in India.
Covaxin has been developed by Hyderabad based Bharat Biotech International Ltd. in association with the ICMR and NIV.	Covishield has been developed by the Oxford - AstraZeneca and is being manufactured by the Serum Institute of India (SII).	SputnikV Russia's Gamalya National Centre of Epidemiology and Microbiology.
They contain inactivated viruses, which can't infect a person but still can teach the immune system to prepare a defence mechanism against the active virus	The viral vector vaccine that uses chimpanzee adenovirus-ChAdOx1 to deliver spike proteins and mount a tolerable immune response to a live virus	It uses a cold type virus, which need to be harmless, as a carrier to deliver a small fragment of the Coronavirus to the body.

Dr. Ruchira Dhingra (Programme Officer) | Dr. Shiv Kumar Sahdev (Principal)

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NATIONAL SERVICE SCHEME
Under the Campaign AASHA

STEPS FOR REGISTRATION

- Visit Co-WIN website and click on register/sign in yourself
- Fill all your details asked for registration and click register
- Enter your pincode and click on search. The vaccination centers in added pin will appear
- Add your mobile number and click on get OTP. Fill the OTP on the site and click on 'Verify'
- Go to schedule an appointment option. Click on 'Schedule' next to the name of applicant
- Select the date and time and click on 'Confirm'

DON'T WAIT, VACCINATE

Register through **Co-WIN PORTAL** or **AROGYA SETU APP**

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STAY HOME, STAY SAFE

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NATIONAL SERVICE SCHEME
Under the campaign

AASHA

Website you can checkout for covid resources

<https://delhihelpline.com/in/donateplasma/>
If anybody want to donate his /her plasma

<https://covidplasma.org/>
Basic information about plasma therapy with links

<https://so.cityofdelhi/article/8-ways-to-connecting-patients-eligible-donors-for-plasma-therapy>
Who needs it and who all can donate for it.

<https://indianhelpline.com/Plasma-Helpline/>
Plasma donation sites all over India

<https://linktr.ee/CovidResourcesDelhi>
Covid resources available (updated)

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- For consolidated information on hospital beds, oxygen cylinders, information on plasma, visit <https://blog.indianhelpline.com/2021/04/15/india-fights-covid/>
- Delhi government launched a website to keep a track of beds <https://delhihelpline.com/>
- To check where hospital beds are available:- For New Delhi - <https://coronabeds.jantansamvad.org/> - For Ranchi - <https://localsay.in/beds> For Bangalore - <https://covidhelplinebangalore.com/>
- <http://needplasma.in/>
<https://dhoondh.com/>
<https://readytofightcovid.in/>
<https://covidplasma.online/>
<https://plasmaline.in/>
<https://plasmadonor.in/>
- Covid resources**
<https://docs.google.com/document/d/e/2PACX-1vQLsU5I7fyxIOVY53QWkGwFKo542K6JpWkEq7oZRM79Y1H92YZNUZTGRFHWK2n3P6admduU8YH/pub>
- Covid Resources**
<https://docs.google.com/spreadsheets/d/1eD2JiG6n46betY5eBxraP2a81tL4Xgsk7uQmfc2Nk1htn1viev>
- For anyone with relatives in Delhi, Noida, Gurgaon. This is my cousin's venture, totally trustworthy. <https://fb.watch/55rMG54yX/>

- Certain seeds and nuts like sunflower seeds, flax seeds, pumpkin seeds and melon seeds are excellent source of protein and vitamin E
- Probiotics like yoghurt, yakult and fermented foods are also excellent source to rejuvenate the proportion of gut bacteria in our body.
- Vitamin C, Vitamin D, Zinc are to be supplemented in our food.
- Elderberry, turmeric and garlic are good source of potassium, iron, copper, multivitamins, and have antiviral, antibacterial and anti-inflammatory properties that can help us enhance body immunity.

<https://www.google.com/amp/s/www.narayanhealth.org/blog/boost-immune-system-against-coronavirus-covid-19-infection/>

PREVENTIVE MEASURES AGAINST COVID VIRUS ARE BY MAINTAINING HEALTHY LIFESTYLE AND TAKING IMMUNITY BOOSTING SUPPLEMENTS.

Student's in Covid TaskForce:

NUMBER OF VOLUNTEERS IN COVID TASKFORCE UNDER AASHA CAMPAIGN			
SR. NO	NAME	COURSE	YEAR
1	Abhay Sharma	Math (H)	3
2	Abhinav shukla	B.A programme	1
3	Abhishek Pandey	Zoology hons	2
4	Adyasha Rout	Bsc(H)Zoology	2
5	Akshita sharma	Bsc life sci	2
6	Anil	hindi(h)	3
7	Anjali Duhan	BA program	1
8	Anjali Mishra	BA PROGRAMME	1
9	Anjali Rajawat	Ba programme (history+political science)	1
10	Ankush chhillar	mathematics hons	3
11	Anmol rathore	History honours	1
12	Anshika Chaudhary	Ba programme	1
13	Anshika pandey	Ba program	1
14	Anshika singh	BSc life science	2
15	Anshu yadav	BBE	1
16	Anuj Sharma	BA History hons.	1
17	Aparna Kumari	Ba Programme	1
18	Apporva chaudhary	B.A Hindi hons.	1
19	Archita mazumdar	geo.hons.	3
20	Arushi	BAprog	2
21	Aryaman Ahlawat	B.Sc Physical Science With Chemistry	1
22	Avani	Bsc hons Botany	3
23	Bhagwat Awasthi	Geograpy	2
24	Bharati Agarwal	Political sci hons	2
25	Bhargavi	BBE	1
26	Bhavishya Panghal	BSc Mathematics Hons.	1
27	Bhavna phukan	BA Hons geography	3
28	Bhavya Saini	Business economics (BBE)	1
29	Chandani jha	Bsc life sci	2
30	Chander prakash singh	BA Prog	3
31	Chetna	Bsc. Mathematics (Hons)	1
32	Deepanshu	Bsc Maths Honors	1
33	Deepanshu	Bsc life sci	3
34	Deepika dass	Ba programme	1

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35	Dev Kumar	Bsc hons Mathematics	3
36	Dheeraj Kumar	BA Hons Geography	1
37	Dipanshu Lohani	Bsc Physical science with Computer science	1
38	Diptanshu Drall	BA Prog	2
39	Divya	Life science	1
40	Divya Rajput	Bsc life science	3
41	Divyanshi	Bsc life sci	2
42	Eeshika Agrawal	BA political science hons.	1
43	Gaurav Pokhriyal	bbe	1
44	Gyan jaiswal	Bcom P	3
45	Harshita Kaushik	Bsc H maths	1
46	Himani narang	Bcom p	3
47	Himanshi Chamola	B.A political honours	1
48	Himanshi shadeja	bsc maths (H)	2
49	Hritick bandyopadhyay	Geo. Hons.	3
50	Isha	Ba prog	3
51	Ishika jain	Bcom P	3
52	Ishika Panchal	Bsc zoology hons	2
53	Jahanvi Bensla	Ba programme (eco+eng)	1
54	Jatin Kumar	BSC lifescience	1
55	Jhanavi Gupta	BA Prog	3
56	Juhi pandey	Bsc hons Mathematics	2
57	Jyoti singh	Bsc hons Mathematics	2
58	Kajal Kumari	Geography hons	2
59	Kanishak	Bbe	1
60	Kanishka goyal	Bsc. Life science	1
61	Ketan	B.com (p)	1
62	Khushi	BA Geography honours	1
63	Khushi Johar	Ba programme(eco+ eng)	1
64	Khyati khatri	Bsc life sci	2
65	Kiran sharma	Geography hons	3
66	Kritika Pandey	Ba programme	1
67	Kritika Sethi	Bsc Mathematics hons	1
68	Lavanya	Bsc(H)Zoology	2
69	Love	Ba program (pol.+geo.)	1
70	Madhu	BA PROGRAMME (ECONOMICS + POLITICAL SCIENCE)	1
71	man singh		
72	Manshi sharma	Bsc hons Mathematics	2

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73	mayank		
74	Megha sangwan	BA english (H)	2
75	Megha sharma	BA Prog	2
76	Mohak Aneja	BA Hons. Political Science	1
77	Muskaan Dimri	Bsc life sci	2
78	Namra ansari	Bsc life science	3
79	Nancy garg	Bsc life science	3
80	Nandani Giri	BA Political Science Honors	1
81	Neha pal	Bsc life sci	2
82	Neha sharma	BA Prog	3
83	Nisha Jakhar	Geography Honours	1
84	Nishant jawla	mathematics hons	2
85	Nishita Rathi	Bsc life science	3
86	Nitesh tiwari	BA Prog	3
87	Nooba	BA pol science	3
88	Ojaswani verma	Bsc botany (H)	2
89	pearl jain	BA prog	2
90	Pratham Shokeen	Ba programme	1
91	Pratiksha	BA PROGRAMME(History +Political Science)	1
92	Preeti	BA hindi honours	1
93	Prema Chauhan	B.A. history hons.	2
94	Prinka	BA pol science	2
95	Priya beniwal	Bsc hons Mathematics	2
96	Priyanka	Bsc life science	2
97	R Sankeerthana	Bsc life sci	2
98	Rahul	hindi(h)	3
99	Rahul yadav	BA Prog	3
100	Rajat saini	BA Geography Honours	1
101	Ramsunder	Ba prog	3
102	Risha	Bsc life sci	3
103	RISHI YADAV	Ba programme (eco+polscience)	1
104	Ritik Saini	BBE	1
105	Ritika	Chemistry honors	1
106	Riya	Ba program	1
107	Rohit Kumar	Boom Hons	1
108	Sabhay Aggarwal	B.Com(h)	2
109	Samrittee sharma	Bsc hons Mathematics	2
110	Sapna Verma	BBE	1
111	Sarthak sharma	Hindi hons	1

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112	Sarvesh pratap singh	BA Hons geography	2
113	Saumya maurya	History Hons	2
114	Saurabh Tripathi	B.A programme	1
115	Sejal	Political sci hons	2
116	Shahnaj	BA Prog	3
117	shaikh farinaz	Bsc life sci	2
118	Shamashree samanta	Bsc(H)Zoology	2
119	shine	BA Prog	2
120	Shiv Ranjan yadav	BA Hons Hindi	1
121	Shivam	Bsc life science	3
122	Shivam kanojia	Bsc life sci	3
123	Shiwangi gangwar	bsc maths (H)	2
124	Shubhi agrawal	Ba programme (economics plus political science)	1
125	Simran Rathi	BA programme	1
126	Simran Vashishth	BA Prog	3
127	Simran verma	Bsc(H)Zoology	2
128	Sneha singhal	Math (H)	2
129	sonit thakur	Shivaji college (DU)	1
130	Sparsh	Bcom P	3
131	Srishti Chhokar	B.A. programme	3
132	Srishti Rawat	B.Sc. Botany(hons)	3
133	Sugam kr	Bsc life sci	3
134	Suhab Aktar Barbhuiya	BA Hons Geography	1
135	Suyesh pathak	bsc maths (H)	2
136	Tanisha Chauhan	B.A. English Honours	1
137	Tanmay singh	Ba program	1
138	Tanu	Bsc. Life science	1
139	Tanvi saxena	B.sc. hons zoology	1
140	Tanya Goyal	Bsc life sci	3
141	Tanya Rana	BBE	1
142	Vanshika Garg	Bcom	1
143	Varsha	BSc mathematics (hons)	1
144	Varsha choudhary	B. Com honrs	1
145	Vedanshi	BCom prog	1
146	Vibha	BA prog	3
147	Vikas	Bsc life science	3
148	Vinayak sharma	Bsc(H)Zoology	2
149	Vishakha Aggarwal	B.sc(hons) mathematics	1

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150	Vishal	BA Prog	3
151	Vishal Prajapati	BA History honours	1
152	Vishal singh	Bsc life sci	2
153	vishav pratap singh	BA prog	3
154	Vivek kumar	BBE	1
155	yashika	Zoology hons	2
156	Yogesh Yadav	BA program (history+political science)	1
157	Yukta Sharma	Ba program	1
158	Yuvraj Singh	BA Program	1

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